



# Weekend Resources

June 28, 2026

Week 1 - The Honor Game

Use these questions and resources during your study time or with your group.

**RECAP:** Relationship games are bad for relationships. The win in a relationship is the relationship. Relationally speaking, when the games begin, the game is over. If you must compete, play for the medal of honor.

## MAIN POINTS

- In relationships, a win-lose mindset always damages the relationship.
- We often play unhealthy relational games that create division and conflict.
- Jesus calls us to play the "Honor Game" by valuing others above ourselves.

## GETTING STARTED

- What's a game, sport, or activity that you are surprisingly competitive about?

## SCRIPTURE

- [Romans 12:10, Philippians 2:3, Philippians 2:5-7](#)

## DISCUSSION QUESTIONS

- Kendal said, "In relationships, a game that requires a loser is a game nobody wins." **What do you think he means by that, and why is this idea so different from the way competition typically works?**
- Of the relational games described in the message (change, guessing, guilt, blame, comparison, shame, family of origin, and mind-reading), **which do you think are the most damaging to relationships and why?**
- How does Paul's instruction to "honor one another above yourselves" challenge **common cultural ideas about success, influence, and getting your way in relationships?**

## APPLICATION

- What negative relational games did your family of origin play?
- Have you carried any of that forward? If you're not sure, just ask the people closest to you.
- Identify one relationship where the Honor game is difficult to play. Now identify your first move.

## RESOURCES

- **Closing Prayer:** God, thank you for the relationships you've placed in our lives and for the example of Jesus, who showed us what it looks like to honor and serve others. Help us to set aside pride, competition, and the desire to win, and instead choose humility, grace, and love. Teach us to value others above ourselves and to strengthen the relationships you've entrusted to us. May our words and actions reflect your heart this week. In Jesus' name, Amen.