



Weekend Resources

November 30, 2025

Thanksgiving Sunday

Use these questions and resources during your study time or with your group.

RECAP: Gratitude isn't gratitude until it's shared. This Thanksgiving, most of us will go around the table and share something we're thankful for. But what if gratitude was never meant to stay at the table? What if gratitude could break the negativity all around us and change the way we live together?

MAIN POINTS

- Take: Have you said yes to the gift of grace?
- Thank: What do you need to loosen your grip on?
- Break: What can you sacrifice for the benefit of everyone else at the table?
- Bless: Where do you see God at work in the world?

GETTING STARTED

- What's something in your everyday life that you think you might take for granted, but you'd miss if it disappeared for a day?

SCRIPTURE

- [Luke 22:14-20](#)

DISCUSSION QUESTIONS

- **Jess talked about the "gratitude gap" — feeling thankful privately but sounding discouraged publicly.** What parts of that idea resonated with you, and why do you think it's so easy for many of us to slip into that gap?
- **The message described the cross as both *vertical* (between God and me) and *horizontal* (between us and others).** When you think about your own life, which side—vertical or horizontal—feels more natural or familiar to you? What feels challenging or new about the other side?
- **Jess said that "grace builds tables," and Jesus often used tables to bring people together.** What do you think it looks like today to be a "table-building" kind of person or community? How have you seen that kind of grace in your own life or relationships?

APPLICATION

- **TAKE — Receiving Grace:** What would it look like for you to slow down and actually *receive* God's grace this week—rather than trying to earn, prove, or perform your way into feeling "enough"?
- **THANK — Loosening Your Grip:** Where do you sense yourself holding on too tightly—maybe to control, expectations, plans, or circumstances—and what would it look like to open your hands in gratitude instead?
- **BREAK — Sharing From What You Have:** What is one practical thing you could "break and share" this week—your time, attention, resources, encouragement, or presence—so someone else at the table can experience God's care through you?
- **BLESS — Paying Attention to God at Work:** Where do you already see God at work around you, and how can you join or amplify that goodness in a way that brings hope to others?

RESOURCES

- "Stop asking God to bless what you're doing. Find out what God's doing. *It's already blessed.*" - Bono
- "Scarcity asks, 'Do I have enough?' Grace asks, 'Who can I make room for?'"
"Scarcity says 'protect.' Grace says '*participate.*'"
"Scarcity builds walls. Grace *builds tables.*" - Jess Basson