

#2. BE CONSISTENT!

RESOLUTION

- 1) The act of resolving or determining upon an action, course of action, method, procedure, etc.
- 2) A resolve; a decision.
- 3) The mental state or quality of being resolved or resolute; firmness of purpose.

“Commit to the LORD whatever you do, and he will establish your plans.” - Proverbs 16:3 NIV

- The quality of your _____ determines the quality of your _____.

WHEN FACED WITH _____ (this situation),
I HAVE RESOLVED TO _____ (take this action).

I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway.

- Romans 7:15,18-19 NLT

- Successful People Do _____ What Other People Do _____.

But they couldn't find anything to criticize or condemn. He was faithful, always responsible, and completely trustworthy.

- Daniel 6:4 NLT

But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God.

- Daniel 6:10 NLT

And when Daniel was lifted from the den, no wound was found on him, because he had trusted in his God. - Daniel 6:23 NLT

HOW DO YOU GROW IN CONSISTENCY?

1. _____ with the _____ !

- When you know your _____, you will find a _____.

2. _____ to _____ !

- Being _____ isn't the same as being _____.

3. _____ the _____ !

21-DAY FAST — Sundown, TODAY - Sundown, February 12th

CHOOSE YOUR OWN FAST

- Sacrifice Food
- Sacrifice Something Else

FASTING: Denying yourself of SOMETHING in order to HUNGER for God.

“Renouncing the natural to invoke the supernatural.” - Jentezen Franklin

“At that time I, Daniel... I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over.” - Daniel 10:2-3 NIV

DISCUSSION GUIDE

- What are some of your initial thoughts when you think about the power of consistency?
- On a scale of 1-10, how easy is it for you to be consistent? What are some steps you could take to move closer to a 10?
- Which part of this message was most impactful for you and why?

- Read Daniel 6:4. In what ways or areas of life could you be found faithful, always responsible, and completely trustworthy?
- Talk about an area of your life in which you want to be more consistent. How would you define your “why” for choosing this area?
- We’re successful when we honor God each day. What do you need to decide today in order to be successful tomorrow?
- Discuss your fast with the group—what are you fasting FROM and what are you fasting FOR?