

## The Power of Resolution

### RESOLUTION

- 1) The act of resolving or determining upon an action, course of action, method, procedure, etc.
- 2) A resolve; a decision.
- 3) The mental state or quality of being resolved or resolute; firmness of purpose.

“But seek first his kingdom and his righteousness, and all these things will be given to you as well.” - *Matthew 6:33 NIV*

- The quality of your \_\_\_\_\_ determines the quality of your \_\_\_\_\_.

#### WHY DO WE STRUGGLE TO MAKE GOOD DECISIONS?

1. We're \_\_\_\_\_ with \_\_\_\_\_.

2. We're \_\_\_\_\_ of making \_\_\_\_\_ choices.

3. We let \_\_\_\_\_ overrule \_\_\_\_\_.

“Commit to the LORD whatever you do, and he will establish your plans.” - *Proverbs 16:3 NIV*

WHEN FACED WITH \_\_\_\_\_ (this situation),  
I HAVE RESOLVED TO \_\_\_\_\_ (take this action).

But Daniel resolved not to defile himself with the royal food and wine. - *Daniel 1:8 NIV*

- When your values are \_\_\_\_\_, your decisions are \_\_\_\_\_.

*If your life is moving in the direction of your decisions, do you like the direction your decisions are taking you?*

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#### 21-DAY FAST

Sundown, January 22<sup>nd</sup>.

Sundown, February 12<sup>th</sup>

“Blessed are those who hunger and thirst for righteousness, for they will be filled.” - *Matthew 5:6 NIV*

#### CHOOSE YOUR OWN FAST

FASTING: Denying yourself of SOMETHING in order to HUNGER for God.

#### DISCUSSION GUIDE

- Share one of the best decisions you've made. How did that decision impact the quality of your life?
- Describe your thought process when you have to make a difficult decision.
- Which part of this message was most impactful for you and why?
- We might struggle to make good decisions because we're overwhelmed with choices, afraid of making a wrong choice, or we let our emotions overrule logic. Which of these reasons do you experience most? What could you resolve now to help you make good decisions in the future?
- What are some of the values God has placed on your heart? Are your decisions and actions reflecting these values? Why or why not?
- Read Proverbs 16:3. Talk about an upcoming decision or plan that you need God's help with.
- What did God speak to you during this message? Discuss it?