

### #1. BE READY!

#### RESOLUTION

- 1) The act of resolving or determining upon an action, course of action, method, procedure, etc.
- 2) A resolve; a decision.
- 3) The mental state or quality of being resolved or resolute; firmness of purpose.

“But **seek first** his kingdom and his righteousness, and all these things will be given to you as well.” - **Matthew 6:33 NIV**

“**Commit** to the LORD **whatever you do**, and **he will establish your plans**.” - **Proverbs 16:3 NIV**

- The quality of your \_\_\_\_\_ determines the quality of your \_\_\_\_\_.

WHEN FACED WITH \_\_\_\_\_ (this situation),  
I HAVE RESOLVED TO \_\_\_\_\_ (take this action).

**Be on your guard**; stand firm in the faith; be courageous; be strong. - **1 Corinthians 16:13 NIV**

“**Watch and pray so that you will not fall into temptation**. The spirit is willing, but the flesh is weak.” - **Matthew 26:41 NIV**

#### WHY SHOULD YOU BE READY?

A. \_\_\_\_\_ is coming for \_\_\_\_\_ !

I wrote to you ... so that **Satan will not outsmart us**. **For we are familiar with his evil schemes**. - **2 Corinthians 2:9,11 NLT**

B. You're not as \_\_\_\_\_ as you \_\_\_\_\_ !

So, **if you think you are standing firm, be careful** that you don't fall! - **1 Corinthians 10:12 NIV**

#### KEYS TO FIGHTING TEMPTATION

1. \_\_\_\_\_ the \_\_\_\_\_.

“The **boundary lines have fallen for me in pleasant places**; surely I have a delightful inheritance.” - **Psalms 16:6 NIV**

2. \_\_\_\_\_ the \_\_\_\_\_.

“Be sure **your sin will find you out**.” - **Numbers 32:23 NKJV**

3. \_\_\_\_\_ the \_\_\_\_\_.

He **left his cloak in her hand** and **ran out of the house**. - **Genesis 39:12 NIV**

And God is faithful; he will not let you be tempted beyond what you can bear. But **when you are tempted, he will also provide a way out** so that you can endure it. - **1 Corinthians 10:13 NIV**

21-DAY FAST — Sundown, January 22<sup>nd</sup> - Sundown, February 12<sup>th</sup>

#### CHOOSE YOUR OWN FAST

FASTING: Denying yourself of **SOMETHING** in order to **HUNGER** for God.

“At that time I, Daniel... I ate **no choice food**; no meat or wine touched my lips; and I used **no lotions** at all until the **three weeks** were over.” - **Daniel 10:2-3 NIV**

#### DISCUSSION GUIDE

- Talk about some of the decisions you've made this week?
- What is your thought process like when you make plans for the future?
- Which part of this message was most impactful for you and why?
- Read Matthew 26:41. Discuss a time when God helped you make the right decision or avoid temptation. What was that experience like?

- What does it look like to “move the line” when you’re fighting temptation? How could FASTING help you put distance between yourself and temptation?
- Consider the areas of your life where you’re most vulnerable to the enemy’s attacks. Talk about your escape plans so that you’re prepared when the devil attacks.
- What did God speak to you during this message? Discuss it?