

Excising the Excess!

- It's better to have _____ of what doesn't matter and _____ of what does.

“Better one handful with tranquility than two handfuls with toil and chasing after the wind.”

- Ecclesiastes 4:6 (NIV)

“Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions.”

- Luke 12:15 (NIV)

- What if the stuff you have is robbing you of the life you want?

ONE HANDFUL LIVING

1. _____ Out!

When the young man heard this, he went away sad, because he had great wealth. - *Matthew 19:22 (NIV)*

- Why Do We Hold Onto Clutter?

A. _____ . B. _____ .

2. _____ Less!

“Cause my heart to bow before your words of wisdom and not to the wealth of this world. Help me turn my eyes away from illusions so that I pursue only that which is true.” - *Psalms 119:36-37 (TPT)*

3. _____ More!

Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment.¹⁸ Command them to do good, to be rich in good deeds, and to be generous and willing to share.¹⁹ In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life. - *1 Timothy 6:17-19 (NIV)*

- Are you accumulating on Earth what you cannot keep?
- Or are you investing in Heaven what you cannot lose?

DISCUSSION GUIDE

- Do you feel like you have way too much stuff, a little too much, about right, not enough, or not nearly enough? Discuss it.
- Read 1 Timothy 6:18-19. Which part of this command are you doing well at? Which part do you want to grow in?
- Write down a few things you won't buy, a few things you'll get rid of, and a few ways you'll give. Then, do it!
- What did God speak to you in this message? Discuss it.
- How can you begin to pray this week to allow God to help you to live one handful living?