

Sinful Anger!

If we claim to be without sin, we **deceive ourselves** and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. - **1 John 1:8-9 NIV**

ARE YOU GIVING THE DEVIL A GUESTROOM?

"In your anger do not sin": Do not let **the sun go down** while you are still angry, and do not give the devil a **foothold**. - **Ephesians 4:26-27 NIV**

Then the LORD said to Cain, **"Why are you angry?** Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, **sin is crouching at your door**; it desires to have you, but you must **master it**." - **Genesis 4:6-7 NIV**

WRONG WAYS WE HANDLE ANGER

1. **SPEWERS** Loudly _____ It!

"A fool gives full vent to his anger, but a wise man keeps himself under control." - **Proverbs 29:11 NIV**

"A quick-tempered man does foolish things." - **Proverbs 14:17 NIV**

2. **STEWERS** Quietly _____ It!

"When I kept silent, my bones wasted away through my groaning all day long." - **Psalms 32:3 NIV**

"The older brother became angry and **refused to go in**." - **Luke 15:28 NIV**

WHAT DO I DO WITH MY ANGER?

1. **Sinful Anger**: _____ It Out!

"Starting a quarrel is like breaching a dam; so **drop the matter** before a dispute breaks out." - **Proverbs 17:14 NIV**

Everyone should be **quick to listen, slow to speak** and **slow to become angry**, for man's anger does not bring about the righteous life that God desires. - **James 1:19-20 NIV**

2. **Sanctified Anger**: _____ The Flame!

[Jesus] looked around at them in **anger** and, **deeply distressed** at their stubborn hearts, said to the man, "Stretch out your hand." - **Mark 3:5 NIV**

DISCUSSION GUIDE

- Are you a SPEWER or a STEWER? Explain.
- At what are you most easily angered?
- How do you put out sinful anger?
- What are you going to do about your sanctified anger?
- When was the last time you went to bed angry? Describe a time when you gave the devil a guestroom?
- What did God speak to you during this message? Discuss it.
- How can you begin to pray this week about this Sinful Habit?