

CULTURE'S TOXIC LIES



Toxic Lie #2: “Transgender women are women, and if you say otherwise, you are a hateful denier of human rights.”

The History of Transgenderism and How We Got Here

We need to understand that the idea of transgenderism as good, normal, and even to be celebrated is new, and not based on science, but instead is based on feelings and simply an acquiescence to the loudest voices in culture.

The Diagnostic and Statistical Manual of Mental Disorders, called the DSM, is the key and primary book used by the American Psychiatric Association (APA). Five editions of the DSM have been published since 1952. The first four, from 1952 to 2012, called transsexualism and Gender Identity Disorder (GID), psychological disorders. It wasn't until 2013 when DSM-5 was published that the APA said, “gender nonconformity is not in itself a mental disorder.”

Let's now bring some clarity to the dark history of the transgender movement. Take note of the pertinent information in the space provided below¹:

Playing Devil's Advocate (Attempting to Make a Case for Transgenderism)

Before we look at the cases made by those who are transgender advocates, as well as looking at the cases by those who are biblical advocates of gender being binary, as God designed, play devil's advocate and try to come up with three of what you think would be the best arguments for being transgender affirming. Then let's see if you can answer why those cases fail on biblical, logical, and scientific grounds. Make your cases in the space provided.

¹ From the book Toxic Empathy by Allie Beth Stuckey, pp. 47-49.

1. _____

2. _____

3. _____

What are the strengths and weaknesses of each of the cases you just made?

How would you answer someone who made the cases you did?

Truths Christians Must Understand

1. Biological sex cannot be separated from gender.²

Biblically, Scripture tells us that God created them male and female ontologically (Genesis 1:27), and that He created them that way so that they could be fruitful and multiply (Genesis 1:28).

Science and biology also confirm this. Denny Burk, David Closson, and Colin Smothers write the following in their solid and formative work, Male & Female He Created Them,

Human males have XY chromosomes in every cell of their bodies, and females have XX. The Y chromosome directs male sexual development – external genitalia, testes, high levels of testosterone, etc. Females have XX chromosomes which direct their bodies to develop internal genitalia, a uterus, ovaries, and high levels of estrogen.

These differences are not only biological, but they are immutable. They cannot be changed or altered by surgery or therapy.

2. Because biological sex cannot be separated from gender, “gender-affirming” medical and surgical procedures cause grave bodily harm to transgender people.³

The following is just a brief overview of the negative consequences of transgender care via drugs (the negative effects and heinous practice of transgender surgeries will be explored next):

Women on testosterone

- Extreme acne
- Hair loss
- Headaches
- High blood pressure
- High cholesterol
- High risk of type 2 diabetes
- Liver dysfunction
- High risk of breast and uterine cancer

² Natasha Crain, When Culture Hates You, p. 193.

³ Ibid., p. 194.

- 4 times more likely to have a heart attack⁴

Men on cross-sex hormones

- Lower muscle mass
- Erectile dysfunction⁵
- Infertility
- Higher risk of stroke⁶

3. Because “gender-affirming” medical and surgical procedures cause grave bodily harm to transgender people, the church must be a voice that speaks boldly and offers compassionate biblical counsel.

Since the truth of God’s Word, and science (God’s design for the world), are on our side, we have no reason to get heated, but have a deep need to bring the truth to that which is evil and has perverted God’s design for man and woman.

Biblical Truths to Keep in Mind

1. If the world hated Jesus when He brought the truth, it will hate us too.

*“If the world hates you, know that it has **hated** me before it **hated** you.”*
(John 15:18)

2. We don’t live to be loved by the world; we live to bring God glory, and doing so will bring hatred from the world.

*I have given them your word, and the world has **hated** them because they are not of the world, just as I am not of the world. (John 17:14)*

With those two truths in mind, we can move to the cases made for, and quotes made about transgenderism, and then look at how to speak truth into the lies that are spouted.

⁴ Nienke M. Nota et al., “Occurrence of Acute Cardiovascular Events in Transgender Individuals Receiving Hormone Therapy,” 139, no. 11 (2017).

⁵ L.J. Seal, “A Review of the Physical and Metabolic Effects of Cross-sex Hormonal Therapy in the Treatment of Gender Dysphoria,” *Annals of Clinical Biochemistry* 53, no. 1.

⁶ D. Gethaun, Review of “Cross-Sex Hormones and Acute Cardiovascular Events in Transgender Persons,” *Healthy Male*, September 2018, <https://www.healthymale.org.au>

The Case for Transgenderism and the Case for Biblical Binary Sexes

Case #1 for Transgenderism: “Transgender people exist, whether you believe it or not.”

The case being made here is that some people believe they are truly a different gender or gender-fluid; therefore, it must be real.

Case #1 for Biblical Binary Sexes: “Both Scripture and science confirm there are only two sexes, regardless of what one feels or believes.”

God created people as male or female, and science confirms that at the moment of conception, all 23 pairs of chromosomes are either completely XX (female), or XY (male). There is no confusion and no exception. To believe otherwise is living and believing a delusion, which is a brain problem, not a body problem.

Case #2 for Transgenderism: “You shouldn’t push your views on someone else and judge them. You should let them live as their authentic selves.”

The case here is that living as one’s authentic self and having autonomy over one’s own life are the most important things for humans.

Case #2 for Biblical Binary Sexes: “Everyone pushes their views on someone else, and saying I’m judgmental proves that and makes you judgmental. Without a standard with which to judge, the idea of the authentic self becomes a slippery slope and dangerous.”

If there is no standard for what is right and wrong, what a man or woman is, and how many genders there are, where is the line drawn? Is it now okay for a grown man to have sexual relations with a child, or a 60-year-old man to be a 6-year-old girl and have access to their classrooms and bathrooms? If that is their authentic self, wouldn’t it be wrong to stop them from living such lives based on your argument?

Case #3 for Transgenderism: “Refusing to affirm transgender people causes them to commit suicide.”

The phrase I’ve heard used numerous times by LGBTQ proponents is, “It’s better to have a living son than a dead daughter.” The argument is that condemnation of their lifestyle causes mental distress and leads to suicide.

Case #3 for Biblical Binary Sexes: “Just as we wouldn’t affirm someone who wants to chop off one of their arms because they feel like that body part doesn’t belong to them, we wouldn’t affirm chopping off genitalia because they feel like those body parts don’t belong to them and aren’t a part of their authentic self (transableism).”

First off, studies have proven that when puberty blockers and cross-sex hormones are administered, suicide rates rise.⁷ So, it isn’t the condemnation of something detrimental to one’s health that causes suicide; it’s actually the affirmation of it.

Second, just as it is a mental disorder to chop off arms or legs (transableism), so it is a mental disorder to chop off one’s genitalia. To call it a mental disorder is not mean-spirited; it is biblically and scientifically factual. We must remember that this is not a body problem, but it is a brain problem, on the same plane as a rail-thin 65-pound anorexic woman thinking she is fat and needing to starve herself or induce vomiting.

Case #4 for Transgenderism: “Transgender people deserve human rights and to be loved just like everyone else.”

The LGBTQ advocate would say that all people deserve equal rights regardless of their sexual orientation or lifestyle, and that they deserve to be loved and accepted just like everyone else.

⁷ Tiffany Cowen, “Seeking the Truth About Teen Suicides and Puberty Blockers,” Women are Human, February 19, 2020, www.womenarehuman.com

Case #4 for Biblical Binary Sexes: “Every person is created in the image of God and worthy of being loved and having basic human rights, but love does not mean affirmation of sin and perverse lifestyle choices.”

The definition of love is “willing the best toward another.” With cancer rates, infections post-surgery due to the destruction of healthy body parts, and suicidal ideologies running rampant amongst those in the LGBTQ community, that is not willing the best toward another by any stretch of the means.

We must now ask a few questions: (1) “What do you mean by human rights?” (2) “What rights do transgender persons not have that others do?” (3) “Is it always good to give every person every right they seek?”

Case #5 for Transgenderism: “Intersex people prove there are that there are more than two genders.”

Case #5 for Biblical Binary Sexes: “Intersex conditions are disorders of male/female sex development, not the development of a third sex. This is unrelated to transgender issues, where sex development is normal, but a person feels like they’re the opposite sex.”⁸

Practical Steps We Can Take in the Fight for Biblical Maleness/Femaleness

1. Vote and speak up regarding transgender bills being presented by your state.
2. Attend school board meetings and speak up to protect our children from destructive transgender ideologies, programs, and curriculum.
3. Get familiar with and use resources such as childparentrights.org, as well as books such as When Culture Hates You by Natasha Crain, Toxic Empathy by Allie Beth Stuckey, and No Reason to Hide by Erwin Lutzer.
4. Refuse to use gender-affirming pronouns and call a man a man, and a woman a woman. To do otherwise is to affirm sin, degrade God’s design, and lie to confused individuals.
5. Pray for, spend time with, and share the life-changing message of the Gospel with a transgender person.

⁸ Natasha Crain, When Culture Hates You, p. 201.