



God's Response to Sins of Fear/ Anxiety

Colossians 1:9-13

United Community Church

Pastor Ron Burks, 8/5/18

My greatest fear is _____

Four Common Sources that Lead to Anxiety/ Fear/ Discontent

1. Fear of the unknown
2. Situation is beyond my control
3. Life's circumstances do not change
4. Feelings of being helpless/ hopeless

All Four Sources Have Three Commonalities

1. We look inward instead of upward
2. Our view is skewed
3. We look to ourselves rather than God to solve our problems

Why Anxiety/ Fear/ Discontent are Sins

1. I don't trust that God loves me and wants to take care of me
2. I don't accept God's providence in my life

Destructive Way to Handle Anxiety/ Fear/ Discontent

Step 1 – Problems become the focus of my life

Step 2 – Blame circumstances or people

Step 3 – Destructive self-talk

Step 4 – Destructive behavior

Constructive Way to Handle Anxiety/ Fear/ Discontent

1. Pray for a knowledge of His will in wisdom and spiritual understanding
2. Live to honor and please the Lord by producing spiritual fruit
3. Ask the Holy Spirit to fill you with joy and patience as you endure life's challenges
4. Thank the Father for delivering you from sin and for enabling you to enjoy His eternal Kingdom, heaven, for all eternity

What Lens Will You Choose to View Life?

Faith

Fear