



HARD

conversations
with GOD

How Can I Let Go of My Past
& Live for God? Pt 2

How Can I Let Go of My Past & Live for God?

Let God use your
past to shape your
future

³⁶ Then Jesus went with them to a place called Gethsemane, and he said to his disciples, “Sit here, while I go over there and pray.” ³⁷ And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. ³⁸ Then he said to them, “My soul is very sorrowful, even to death; remain here, and watch with me.”

³⁹ And going a little farther he fell on his face and prayed, saying, “My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will.” ⁴⁰ And he came to the disciples and found them sleeping. And he said to Peter, “So, could you not watch with me one hour? ⁴¹ Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak.”

⁴² Again, for the second time, he went away and prayed, “My Father, if this cannot pass unless I drink it, your will be done.” ⁴³ And again he came and found them sleeping, for their eyes were heavy. ⁴⁴ So, leaving them again, he went away and prayed for the third time, saying the same words again.

⁴⁵ Then he came to the disciples and said to them, “Sleep and take your rest later on. See, the hour is at hand, and the Son of Man is betrayed into the hands of sinners. ⁴⁶ Rise, let us be going; see, my betrayer is at hand.” ~ *Matt 26:36-46 ESV*

FOUR Ways God uses your past to shape your future

1. Express Your Grief to God & ask for healing
 - Jesus took His pain to God
 - Jesus took comfort in the truth of God's Word

41 And he withdrew from them about a stone's throw, and knelt down and prayed, 42 saying, "Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done." 43 And there appeared to him an angel from heaven, strengthening him.

~ *Luke 22:41-43*

FOUR Ways God uses your past to shape your future

2. Learn to transfer God's love from your head to your heart
 - Experience the freedom of God's presence and power
 - Start looking forward to what God has for you now

31 “Simon, Simon, behold, Satan demanded to have you, that he might sift you like wheat, 32 but I have prayed for you that your faith may not fail. And when you have turned again, strengthen your brothers.” 33 Peter said to him, “Lord, I am ready to go with you both to prison and to death.” 34 Jesus said, “I tell you, Peter, the rooster will not crow this day, until you deny three times that you know me.” ~ *Luke 22:31-34 ESV*

FOUR Ways God uses your past to shape your future

3. Let God show you new ways to live your life and relate to others
 - Embrace the reality that God uses all things for good
 - Take the pain of the past and use it to help others

FOUR Ways God uses your past to shape your future

4. Look at your life through the eyes of God
 - God loves you unconditionally
 - God has a unique plan for you
 - God will ultimately give you a place with Him in heaven

BOTTOM LINE

God's plan for you covers your entire life. Look at the big picture and embrace the life God has for you as you live for Him.