

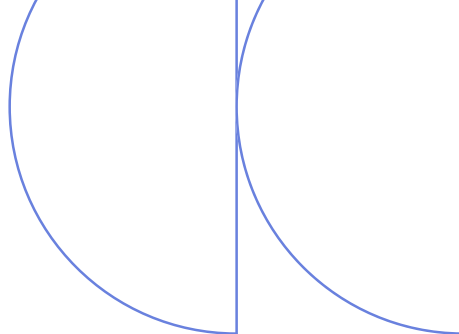
# DAY 6

**My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me.**

**Galatians 2:20 NLT**

As we get older, we begin to grow closer to some groups of friends, and sometimes drift away from other groups. There can be times where you have to make a difficult choice between what you know might be right, and how a certain group of friends want to act. It can be an isolating and lonely feeling when you are making the right choice while everyone else is doing something different. We are reminded that even in those moments, we actually aren't alone. We can do the right thing, make the right choice, because Christ lives in us.

**In those moments Jesus is a guide helping us to make decisions that allow us to trust Him more.**



# DAY 7

**Memory Verse: I have told you all this so that you may have peace in me. Here on earth you will have many sorrows. But take heart, because I have overcome the world.**

**John 16:33 NLT**

Knowing the Bible can help you know how to act in different situations.

**Ways to help you memorize this verse:**

- 1. Have a contest with your small group.**
- 2. Write it on a post-it note.**

# DAILY DEVOTIONAL

FOR AN  
**everyday faith.**

PRISM / WEEK 5

HIGH SCHOOL

# DAY 1

**But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.**

**1 John 4:4 NLT**

When you know someone is looking out for you and has your back, it gives you confidence you might not otherwise have. Why? Because it is always easier to face tough situations knowing you're not alone. The best news is, because of Jesus, we are not alone when we face difficult situations or feel negative emotions. We can be bold because Jesus is has our back.

**This confidence comes from knowing that Jesus is greater, stronger, and more loving than anything else in the world and all that strength, power and love is in your corner, cheering you on.**

# DAY 2

**This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.**

**Joshua 1:9 NLT**

Not knowing how things will play out, and being unsure of what to do next can lead us to feeling scared, frustrated, and doubtful. There are a million questions and possibilities, and the uncertainty is often scarier than the actual situation. This verse reminds us that we aren't alone when we face the unknown. That doesn't mean what we are facing isn't scary. But it does mean our circumstances don't have to overwhelm us, because Jesus has promised us His presence.

**In other words, the emotions of fear and doubt are overpowered by the confidence we have that God is with us wherever we go.**

## DAY 3

**I know the Lord is always with me. I will not be shaken, for he is right beside me.**

**Psalm 16:8 NLT**

It is hard to find words to say or know what to do in moments that leave our friends and family shaken. We don't want to say, or do, the wrong thing. Sometimes, the best thing you can do is just show up and be present. The things that can leave us shaken, usually make us feel pretty alone and isolated, and it is good to simply know that someone is with us in hard moments. Just like someone else's presence can bring us comfort, knowing that God is with you through these moments can also comfort us and give us confidence that we are not alone and that God is with us.

**And when you are present with someone else in their difficulty, you are like God in your showing up.**

## DAY 4

**The Lord is my light and my salvation—whom shall I fear?**

**The Lord is the stronghold of my life—of whom shall I be afraid?**

**Psalm 27:1 NLT**

It can be stressful keeping our own secrets in the dark—wondering if someone will find out the stuff about us we want to stay hidden, use it against us, or think of us differently because of our secrets. Maybe it is how we have been hurt in the past, or bad choices that have hurt others. But what if we came to an understanding that God already knew about our deepest secrets and fears? And that even in knowing that, God has always been crazy about you, accepting of you, and never once reconsidered the love he has shown to you.

**Thanks to Jesus, we know God doesn't leave us to figure out our messes, but comes right alongside us and helps us to know we are not alone.**

## DAY 5

**Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.**

**Matthew 28:20 NLT**

*Written by Isabel, age 17*

*From Indianapolis, IN, USA*

Can you remember a time when you ever felt alone? I think everyone can. Whether you were at school and no one sat with you at lunch, or you were in a crowded room but had no one to talk to. Maybe you were about to fall asleep and felt alone. At some point we've all experienced feelings of loneliness. Sometimes it's hard when we are in the midst of our loneliness to think that there are people who love and care about us. Often, we find ourselves wondering if people really like us, or we tell ourselves that there are no reasons people could love us, but we don't have to worry about that when it comes to God.

Jesus himself promised us that he would be with us for forever. No matter how lonely we feel we can know that Jesus is in our corner and that he will never leave us. You

can go through life knowing that wherever you are, whatever choices you've made, and however you may have messed up, God is still right by your side. Even when it feels like you have no one to turn to, you can know Jesus' promise to you and that he will be with you until the end of time.

**So, next time you feel like you are all alone, remember, God is with you. Talk to God about your loneliness and ask God to show you how God sees you.**