

Bible Story

God loves me when I'm sad (1 Samuel 1:2-20)

Remember This

"Trust in the Lord with all your heart." Proverbs 3:5, NIV

Say This

Who loves you no matter what? God loves you no matter what.

Have fun learning and playing with your preschooler!

Activity

Show Me a Story

What You Need:

No supplies needed

What You Do:

Lead your child to do different actions while you retell the Bible story. Then, talk about how Hannah talked to God when she was sad.

What You Say:

"Come sit at the table with me. Today, you're going to show me today's Bible story."

"Our Bible story was about a woman named Hannah. Hannah was very sad. Can you show me a sad face, like this? (Make a sad face.)

"Hannah was sad because she couldn't have a baby. Show me how to rock a baby, like this. (Move your arms like rocking a baby.)

"Hannah talked to God about being sad. Show me your praying hands, like this. (*Make praying hands*.)

"Hannah felt better after she talked to God, and God loved Hannah no matter what. Show me a big hug, like this. (*Hug yourself.*) Great job!" (*Repeat if time and attention allow.*)

"Hannah talked to God about feeling sad, and God loved Hannah no matter what. You can always talk to God because God loves you no matter what, too. Who loves you no matter what? God loves me no matter what!"



Prayer

"Dear God, thank You for loving Hannah no matter what. Even when we're sad or angry, You love us. You always hear us and take care of us. We love YOU! Amen."