## Fullness of the Cross: What the Cross Did for Us

Freedom from the	of sin has been provided through the atom	nement of Jesus.
We were	in trespasses and sins, by nature children of wrath	, like the rest of
we were dead in trespa and raised <i>us</i> up togeth in the ages to come He	in mercy, because of His great love with which He love asses, made us alive together with Christ (by grace you her, and made <i>us</i> sit together in the heavenly <i>places</i> in G e might show the exceeding riches of His grace in <i>His</i> ke by grace you have been saved through faith, and that no	have been saved), 6 Christ Jesus, 7 that kindness toward us
What God has done in	removing and freeing us from the penalty of sin is a	·
The cross has also free slavery of sin.	ed us from the of sin. Freedom from t	the power and
	hat practices sin is a to sin. We all ha lion. (cf. Rom. 8:15; 2 Pet. 2:19)	ve an addictive
	our status from slave to son. Through thegh Him the right to be children of God.	Jesus gives
As <i>the</i> Son, Jesus sets It is appropriated yet p	us free from slavery to sin and also perfects our	g right now.
	m he released from slavery to sin enjoyed freedom from wer of death (Jn. 5:24; 8:51), and an end to alienation f I's family	
The cross gives us	to overcome the presence of sin.	
His cross, you now by	iving against sin. Effectively, when you have put your falls spirit receive that same strength to strive against sidid it by the power of the Spirit, we can do it by the power of the spirit.	in as you keep your
-	in the cross of Christ we can overcome the ever-preser escape for us. (1 Cor. 10:12-13)	nt temptation of sin.
How we overcome sin	and strive against sin is by it withou	t giving into it.
Jesus inspires andgranted all authority at	our faith in Him, since through His cross God's right hand.	s He has been

Heb. 12:3-4 - a spiritual practice to help us overcome temptation is to "consider and meditate" on Christ and His endurance of the cross. This helps us endure temptation and be tender to God's discipline

## Answers Fullness of the Cross: What the Cross Did for Us

Freedom from the penalty of sin has been provided through the atonement of Jesus

We were dead in trespasses and sins, by nature children of wrath, like the rest of mankind

## Ephesians 2:4-8 NKJV

4 But God, who is rich in mercy, because of His great love with which He loved us, 5 even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), 6 and raised us up together, and made us sit together in the heavenly places in Christ Jesus, 7 that in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus. 8 For by grace you have been saved through faith, and that not of yourselves; it is the gift of God,

In what God has done in removing and freeing us from the penalty of sin is a kindness

It has also freed us from the power of sin Freedom from the power and slavery of sin

John 8:34 - everyone that practices sin is a slave to sin. We all have an addictive relationship with rebellion. (cf. Rom. 8:15; 2 Pet. 2:19)

Jesus means to change our status from slave to son. Through the cross Jesus gives those who come through Him the right to be children of God.

As *the* Son, Jesus sets us free from slavery to sin and also perfects our freedom. It is appropriated yet progressive, it is continuous and in action and happening right now

As the Son those whom he released from slavery to sin enjoyed freedom from judgment (Jn. 3:18; 5:24) and the power of death (Jn. 5:24; 8:51), and an end to alienation from God, as they were adopted into God's family

The cross gives us strength to overcome the presence of sin (Heb. 12:1-4)

Jesus lived His life striving against sin and effectively when you have put your faith in Him through His cross you now by His spirit receive that same strength to strive against sin as you keep your eyes on Him and as you overcome by His blood and by His testimony If Jesus did it by the power of the Spirit, we can do it by the power of His Spirit

Heb. 12:1-2 - By faith in the cross of Christ we can overcome the ever-present temptation of sin.

God provides ways of escape for us. (1 Cor. 10:12-13)

How we overcome sin and strive against sin is by enduring it without giving into it

Jesus inspires and fulfills our faith in Him, since through His cross He has been granted all authority at God's right hand. (cf. Matt. 28:18)

Heb. 12:3-4 - a spiritual practice to help us overcome temptation is to "consider and meditate" on Christ and His endurance of the cross. This helps us endure temptation and be tender to God's discipline (cf. Heb. 12:5-11)

## **Questions:**

- 1. How does the cross change our us from slaves to children of God?
- 2. What role does the Holy Spirit play in empowering believers to strive against sin?