



Use this guide to help your community group engage further with this week's sermon.

Do Not Harden Your Hearts! (Hebrews 3:17-19)

June 29, 2025

1. Consider one of these questions to start your conversation:
 - a. What stood out to you from this sermon/passage?
 - b. Can you think of a moment when someone encouraged and/or warned you during a tough time? How did that impact you?
2. Discuss the source of a hardened heart (vv. 7-11):
 - a. In what situations did the Israelites harden their hearts (read also Exodus 17:1-15 and Psalm 95)?
 - b. Why do people harden their hearts during trials and temptations?
 - c. According to v. 10, where does a hard heart start?
 - d. What are some ways your heart can go astray?
3. Discuss the danger of a hardened heart (v. 12):
 - a. What words describe a hardened heart in this verse (also in Ex. 17 and Ps. 95)?
 - b. What can a hardened heart lead to?
 - c. How can someone know they're in danger of falling away?
 - d. What can a Christian do if they sense they are falling away?
4. Discuss the importance of exhorting one another (vv. 14-15):
 - a. How often should Christians exhort one another? Why is this frequency necessary? What can happen if we don't?
 - b. Is it possible and/or wise to be a healthy Christian without a community of Christian brothers and sisters?
 - c. How can a Christian community help us persevere in our faith?
5. How could someone meaningfully encourage you in your faith this week? How can you meaningfully encourage someone in their faith this week?
6. Pray for one another and read Psalm 95 together.