



*Use this guide to help your community group engage further with this week's sermon.*

## **It's Time To Grow Up! (Hebrews 5:11–6:3)**

**August 24, 2025**

- 1. Consider one of these questions to start your conversation:**
  - a. Why do you think some believers struggle to grow beyond the basics of faith?
  - b. What stood out to you from this sermon/passage?
- 2. Read Hebrews 5:11–6:3 and answer these questions.**
  - a. What does the metaphor of “milk vs. solid food” teach us about Christian growth?
  - b. What are the marks of Christian maturity in this passage?<sup>1</sup>
  - c. How do Christians get discernment? What does it allow them to do?
  - d. What does this suggest about the expectation for believers to become teachers?<sup>2</sup>
- 3. Reflect on this passage by discussing these questions:**
  - a. In what areas of your faith do you sense that you've matured? Are there any ways you sense you need to focus more on maturing? Explain.
  - b. Who has discipled you in your faith? What impact has this had on you?
  - c. How can we grow in discernment as Christians? Can you recall a time when you made a wise decision because of Spirit-empowered discernment?
  - d. How can you press deeper into Christ for maturity, not merely self-effort?
- 4. Apply this passage and sermon to your life by discussing these questions:**
  - a. What “solid food” would help you worship God more fully this week?
  - b. How do you need encouragement to grow in your faith this week?
  - c. Who are you helping grow in their faith in Christ (discipling)? How is that going? What step can you take to teach and serve them by the power of the Spirit?
  - d. How does spiritual maturity prepare you to share the gospel regularly and boldly?
- 5. Read Psalm 119:9-16 and pray for one another:**
  - a. How would you like us to pray for you in light of this discussion?
  - b. Who is someone in your life that could be encouraged by this sermon/passage?

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<sup>1</sup> According to the sermon, Christian maturity includes: 1) attentiveness to God's Word; 2) activity in discipling others; 3) ability to digest sound doctrine; 4) accuracy in discernment; and 5) aspiration to grow up in Christ.

<sup>2</sup> According to the sermon, a teacher is someone who is mature enough to explain the gospel and pass along the Christian faith to others.