

JANUARY 2023

Week 2

PRAY WITHOUT CEASING

Bible Reading:

- I Thessalonians 5:16-18

Self reflection & Meditation:

- How does rejoicing, giving thanks, and prayer connect? Can we properly pray without giving thanks and rejoicing?
- What are some little things, ways, and places, that you can rejoice, give thanks, and say a small prayer this next week?

Devotion

This week we read the Apostle Paul giving the church at Thessalonica instructions on praying. He tells them to rejoice always, pray without ceasing, and to give thanks in all circumstances. These things at a glance sound impossible, but when we consider it more closely they make sense. He is telling the church to focus on rejoicing in what we have, on God's will and His directions, and in remaining thankful always. When we live that way, our lives will be a never ending prayer to God.