

LESSON 2: SIGNS OF AN INSECURE GOD RELATIONSHIP CONT'D

There are many Christians who do not feel that they truly know God, or have a close relationship with Him.

SINGS OF AN INSECURE GOD-RELATIONSHIP

EXCESSIVE STRESS AND WORRY

When we live in a place of no peace or calm, anxiety reigns. “Stressed out” – when the demands of a situation exceed your resources to cope. “I can’t do this!” “I cannot cope with my situation!” “It is all just too much for me!” When we are in an insecure place with God, we often take on the cares of life and forget that we can turn to Him.

We can choose to carry all of life’s burdens on our shoulders. Or, we can take them to God in prayer and share our burden with him.

Song Lyrics: *What a friend we have in Jesus. All our sins and griefs to bear! What a privilege to carry everything to God in prayer! Oh, what peace we often forfeit, Oh, what needless pain we bear, All because we do not carry Everything to God in prayer! – By Charles Crozat Converse*

Philippians 4:6 says, “*Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.*”

[Phl 4:6 NLT] 6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

The Lord wants us to learn how to do this. He wants us to come to Him.

BITTERNESS

Referring to harboring extreme anger towards unfair life circumstances. “*God didn’t handle it. He didn’t shield me. He didn’t seem to care about me.*” All of these deep-seated feelings of resentment lead us to feel mistrust and insecurity in our God relationship.

When you genuinely want to be closer to someone that has allegedly hurt you, you ask and need answers to THE WHYS.

There are two types of why questions:

1. Some ask “why” in an effort to connect and make sense of it all
2. Others ask “why” because they are looking for something to argue about.

God can handle our “Whys”. They not only lead to answers but more so to the pursuit of the relationship. Understanding why can lead to forgiveness and reconciliation.

FEAR-BASED LIVING

We know God has not given us the spirit of fear. We have a choice to live by faith or fear. We can doubt our abilities and focus on our limitations or have confidence in who God is, and what He can do through us.

The fear of taking risks. *“I don’t trust you to see me through this.”* Fear of the unknown. “I am not sure what will be on the other side so I’m not going to do it.”

Another fear-based mentality is cautiousness. Often occurs when you’ve been burnt or hurt deeply. We nurse the wound. We become careful not to bump into anything that would add more hurt. We start keeping people at arm’s length.

Here’s the point, when you are cautious, you end up with a self-protective wall around you that is quite hard to penetrate. Even for God. God starts knocking at the door of your heart and you are so numb you don’t feel Him knocking.

When there is insecurity in your relationship, it is hard to open up and trust. Part of your love relationship with God is allowing yourself to be vulnerable. Let Him in.