

## Lent Week 2 — Prayer Guide

**Theme: Sent with Promise (Luke 10:1-24)**

**Focus: Mission, vulnerability, and joy rooted in belonging**

### Monday — Following Leads to Sending

**Scripture: Luke 10:1**

Reflection: Jesus doesn't call the perfect—He calls the committed. Following Him is the first step toward being sent.  
Prayer Prompt: Ask God to show you what it means to follow Him this week.

Action: Take a moment to identify one area of your life where God is calling you to deeper commitment.

### Tuesday — Traveling Light

**Scripture: Luke 10:2-4**

Reflection: Jesus sends His disciples like lambs among wolves—vulnerable, dependent, trusting.

Prayer Prompt: What are you holding onto that keeps you from fully trusting God?

Action: Write down one thing you need to release this week. Lay it aside physically or symbolically (in a drawer, on the floor, or in a basket).

### Wednesday — Peace Offered, Not Forced

**Scripture: Luke 10:5-16**

Reflection: The kingdom advances through presence, not pressure. Offer peace, accept hospitality, and release the need to control outcomes.

Prayer Prompt: Pray for those you encounter this week—friends, neighbors, colleagues—asking God to work through your presence rather than your pressure.

Action: Perform a small act of kindness or peacemaking today as a tangible expression of God's peace.

### Thursday — Joy Rooted in Belonging

**Scripture: Luke 10:17-20**

Reflection: Success is tempting—but our deepest joy is in belonging to God, not in outcomes.

Prayer Prompt: Thank God for the gift of your salvation and the security of your name being written in heaven.

Action: Take five minutes to meditate on the phrase: "My joy is rooted in belonging."

### Friday — Sent Together, Not Alone

**Scripture: Luke 10:1**

Reflection: Jesus sends us out with promise, not protection; together, not alone.

Prayer Prompt: Consider where Jesus is sending you this week and who will go with you.

Final Activity — A Prayer of Trustful Sending:

1. Sit or stand comfortably.
2. Open your hands as a posture of release.
3. Silently name:
  - One place God is sending you this week
  - One fear or control you are releasing

Then pray together (aloud or silently):

Jesus,

We are not sent alone.

We are not sent empty.

We are not sent without Your promise.

Teach us to trust You more than our strength,  
and to rest in belonging more than results.

Send us—together. Amen.

### Weekend Reflection

- Re-read Luke 10:1-24.
- Journal one way you experienced God's promise or presence this week.
- Invite someone to share with you how they sense God sending them.