

“Where True Rest is Found”

Luke 6:1-11

Sunday, May 31, 2026

1. It’s Found Beyond Burdensome Religion (1–5)

- A. (Ho 6:6) "For I desire mercy and not sacrifice, And the knowledge of God more than burnt offerings." NKJV
- B. (Mt 11:28) "Come to Me, all you who labor and are heavy laden, and I will give you rest." NKJV

2. It’s Found Through the Mercy of Christ (6–10)

- A. (Ps 34:18) "The LORD is near to those who have a broken heart, And saves such as have a contrite spirit." NKJV
- B. (2 Co 12:9a) "And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness...” NKJV

3. It’s Found by Hearts That Respond to God (11)

- A. (Mk 2:27–28) "²⁷ And He said to them, “The Sabbath was made for man, and not man for the Sabbath. ²⁸ Therefore the Son of Man is also Lord of the Sabbath.” NKJV
- B. (Heb 3:15) "...Today, if you will hear His voice, Do not harden your hearts as in the rebellion." NKJV
- C. (Mt 5:8) "Blessed are the pure in heart, For they shall see God." NKJV

Write-up

In this message from *Luke 6:1–11*, we see Jesus confront a burdensome form of religion that had lost sight of the heart of God. Through the Sabbath conflict and the healing of a man with a withered hand, we discover that true rest is not found in striving, performance, or self-made righteousness, but in trusting Christ. This passage calls weary hearts to stop hiding, stop striving, and find renewed life through surrender to Him.

Social Media Post

Join us this Sunday as we open *Luke 6:1–11* and discover **where true rest is found**—not in striving, performance, or empty religion, but in trusting Christ and resting in the heart of the Lawgiver.