



HERE'S HOW YOU CAN HELP

BLESS THE CARR FAMILY

As many of you know, Laura Carr experienced a serious medical emergency over the weekend involving sepsis and an ischemic bowel. Following emergency surgery, she has a long road to recovery ahead of her.

While Michael is at the hospital with Laura, we want to make sure the kids are well-fed and the household stays running smoothly. Many have asked how to help, so we've put together a list of "easy-access" items that would be a huge blessing right now:

- **Quick Frozen Meals:** Pizzas, chicken nuggets/strips, hot pockets, taquitos, or breakfast sandwiches.
- **Pantry & Lunch Staples:** Bread, lunch meats, cheeses, and cereal.
- **Gift Cards:** Local fast food cards for quick dinners.
- **Other ideas:** Beef Jerky or Meat Stick, String Cheese or Babybel Circles, Microwavable Mac & Cheese Cups, Canned Soups or Chili, Granola Bars or Breakfast Bars

How to deliver:

- **For groceries/gift cards:** Please reach out to Larissa at 913-731-6422 to coordinate a drop-off.
- **For home-cooked meals:** If you'd like to prepare a fresh meal, please contact Larissa first to coordinate a specific day and time so we don't overwhelm their fridge!

Thank you for being such a supportive church for the Carrs during this difficult time.