

## Fully Charged - Hope in an Isolated World

Josh - May 3

**Series Big Idea:** Relationships are powerful. They are part of the highlights and lowlights of our lives. But how do you know if your relationships are all they could be? How do you know if they are fully charged? Like a battery, relationships move up and down, they ebb and flow. There are times when they are hitting on all cylinders, fully charged, and other times they are low and need to be recharged. This series will help you identify the relationships that are low and what to do about them, but also how to know what makes your relationships work so that you can keep them fully charged.

**Message Big Idea:** Loneliness is at an all-time high. Especially in this season of sheltering in place. There is a crucial truth that we miss: Being alone is different from being lonely. God meets us in our loneliness. He has something for us as we are alone. Throughout Scripture, God spoke the clearest and the loudest to those who were alone *with Him*. We have this unique opportunity for silence and solitude so that we re-enter a post-Covid world closer to Jesus than when we entered it.

**Main Idea:** Isolation drains us. Solitude connects us.

**Main Text:** Matthew 4:1 - 3

**Supporting texts:** Psalm 34:18, 46:10; Matthew 3:16 - 17; Mark 1:35 - 38; Luke 5:16

### Referenced in the Message:

- Text **silence** to **31996** to receive the Solitude Guide.

### Reflection/Discussion Questions:

1. Josh talked about how prevalent loneliness is in our culture. Why do you think that is? Do you feel like loneliness has increased because of COVID? Why or why not?
2. How have you battled loneliness in your life?
3. Why is silence and solitude so hard to come by in your life? When was the last time you sat in silence?
4. Luke 5:16 says, "But Jesus often withdrew to lonely places and prayed." Why did Jesus do this? What does this tell about having a relationship with God?
5. Psalm 46:10 says to be still and know that He is God. Why is that so hard?
6. Do you have any fears about being still? If so, would you be willing to share them?
7. Did anyone sign up for the Solitude Guide? If so, what are you hoping to gain from it that we can be praying for this week?