

faith at
HOME



Sunday Morning Study:
Rooms 1 Through 4

Last Week



I am a
child
of God

Remembering
our First Call



Next Week



March 17:
Week 3 -
Foundations
Phil Krauss

The Study... Or is It?*

March 3 - Intro - Abiding / Threats to Abiding

March 10 - Defining who's in my household?

March 17 - Building Strong Foundations

March 24 - Passing on Faith to Next Generation

March 31 - Easter - No Class

April 8 - Navigating Challenges as a Faithful Household

April 15 - Cultivating a Spirit of Gratitude as a Household

April 22 - The Role of Prayer

*Class subject to change based off of the make-up & needs of the group

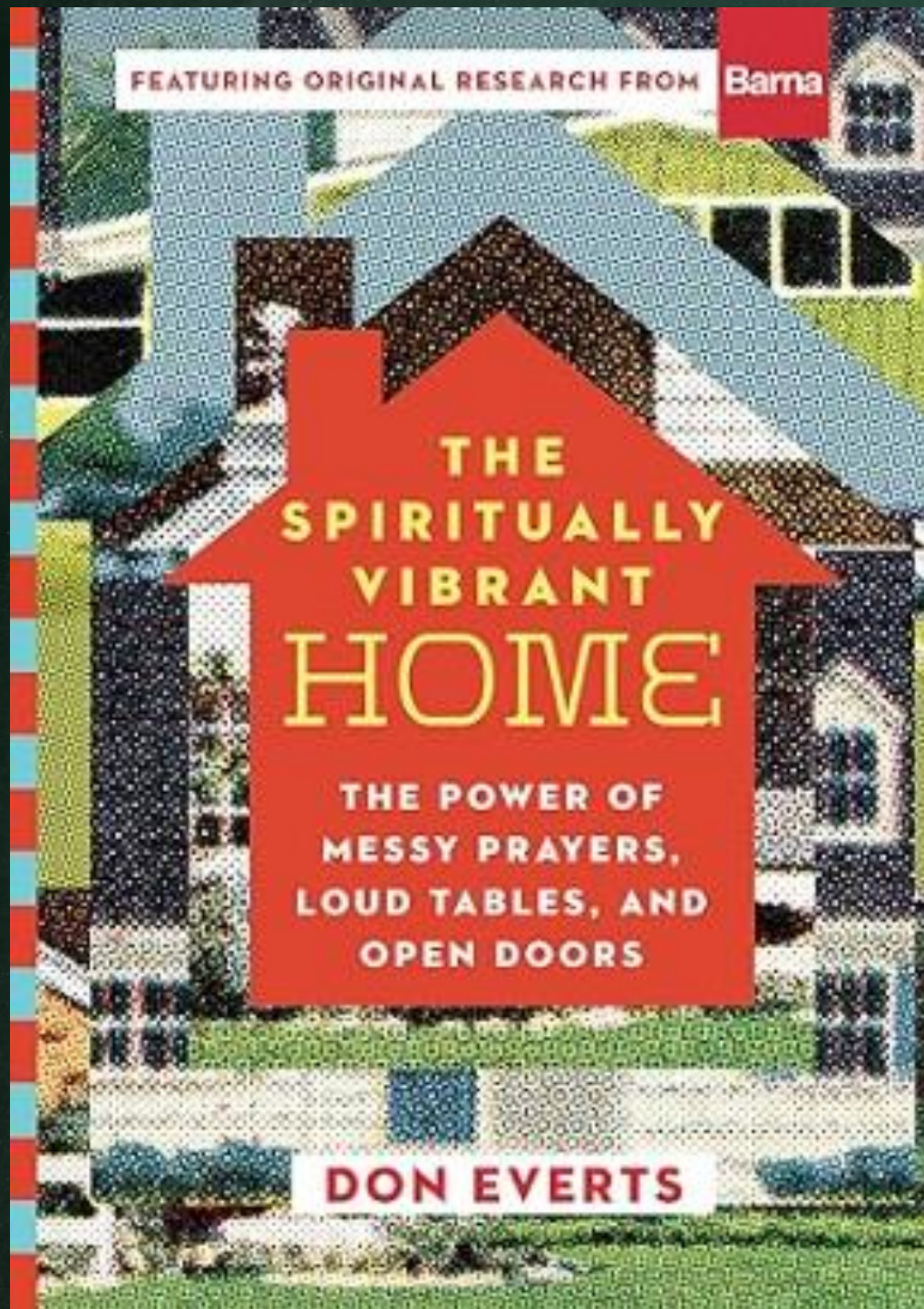


Today's Class



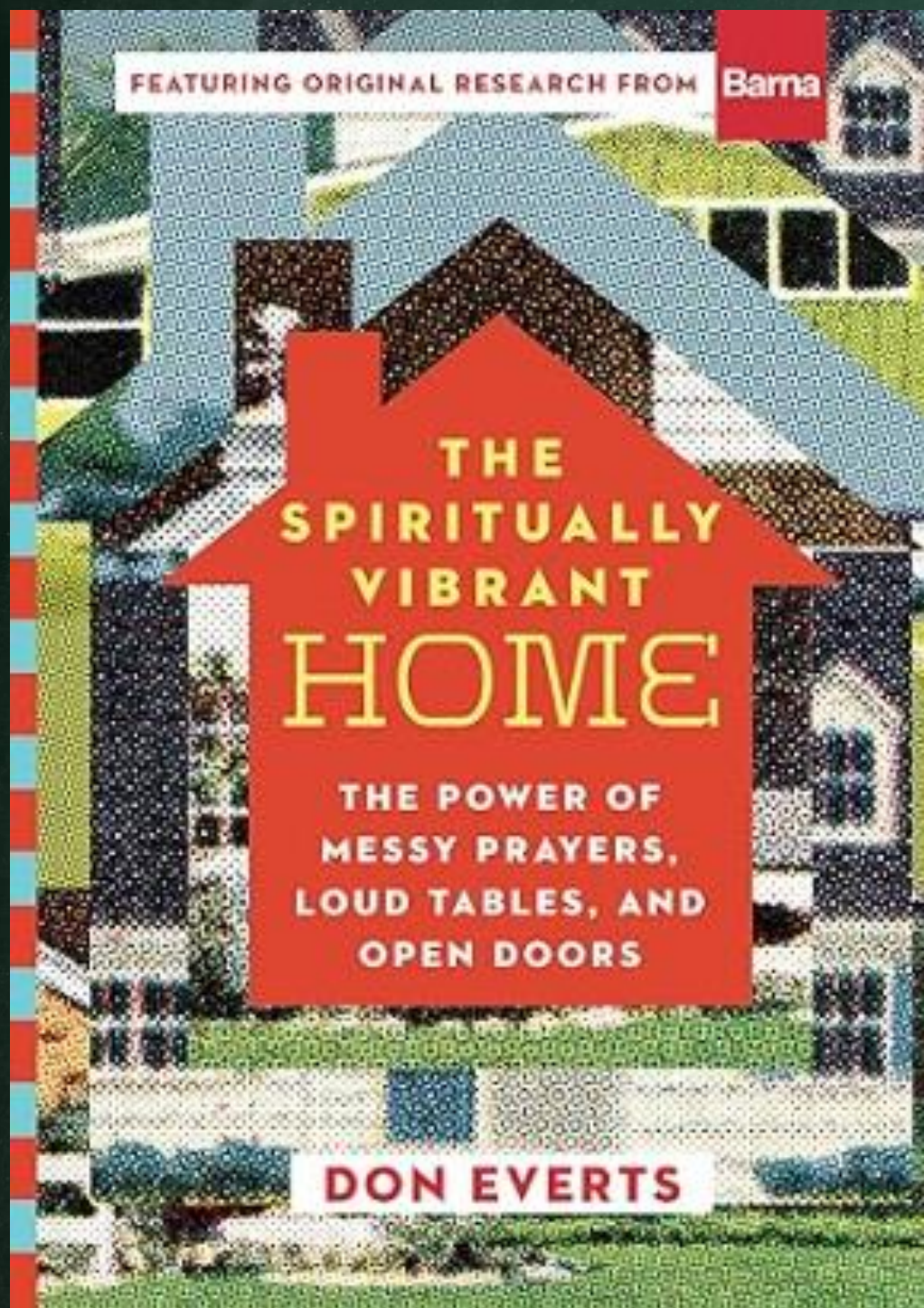
- Explore the concept of “Household”
- Revisit Last Week's theme of “ABIDE”

An important Biblical truth:



God relates to us not just as individuals but as households.

An important Biblical truth:



“God cares quite a bit about our households. This is something we see throughout the Bible. Whether God was relating to a nation (in the Old Testament) or a church (in the New Testament), households mattered to God.

An important Biblical truth:



While it is true, of course, that God sees each human as an individual with an identity and dignity unto themselves (think of the sublime reference we have in Psalm 139 about the careful individual attention each human receives from God), it is equally true from the biblical evidence that God sees and pays attention to our households.

An important Biblical truth:



The Bible explicitly mentions “households” over two thousand times in the Old Testament and over one hundred times in the New Testament, to say nothing of the many implicit references to households. The Bible has quite a lot to say about God and his relationship to our households (fig. 2.1).”

An important Biblical truth:

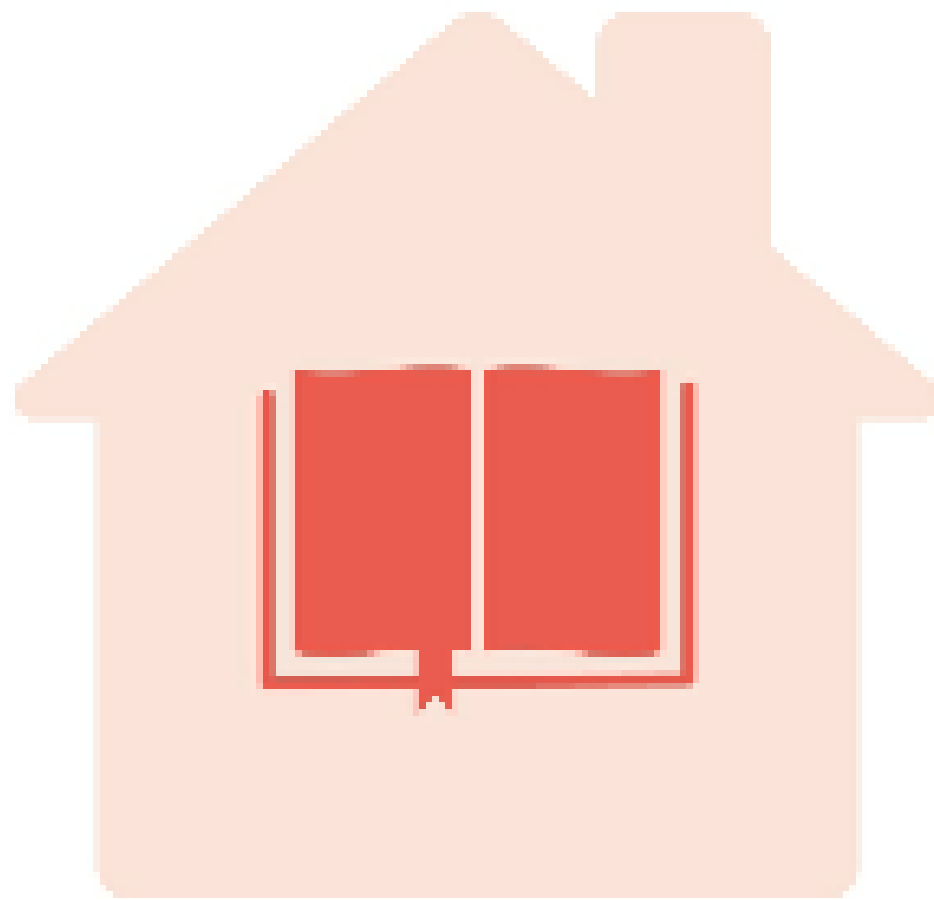


FIGURE 2.1

“Household”



**WHAT
DOES
IT
MEAN?**

“Household”



Bayit - Hebrew

Oikos - Greek

Same words used referring to both the structure and also to the people within that structure.

“Household”



While there are other words to explicitly specify the people within the structure (words for “family,” for example), it is interesting that the primary words used for the structure and the people within the structure are the same.

“Household”



While there are other words to explicitly specify the people within the structure (words for “family,” for example), it is interesting that the primary words used for the structure and the people within the structure are the same.

“Household” – Modern Equivalent



Family? – Too Narrow & Insular?

Roommates? – Captures Elected nature but too short-term and transactional

Church? – Yes, but too large? & Geographically spread out

“Household” - Modern Equivalent

Small Group? - If whole family is in the group - but too ancillary and often does not meet enough

Community? - Maybe, but too vague of a term to really know.

Teams? - Most teams involve the family, multiple generations, or living life together

Who is in my Household?

What if we take the Bible's word (household) and the Bible's understanding (a household is an extended family—plus others who are attached in some meaningful way to that family—living life together) and ask, Who is in my household?



Who is in my Household?

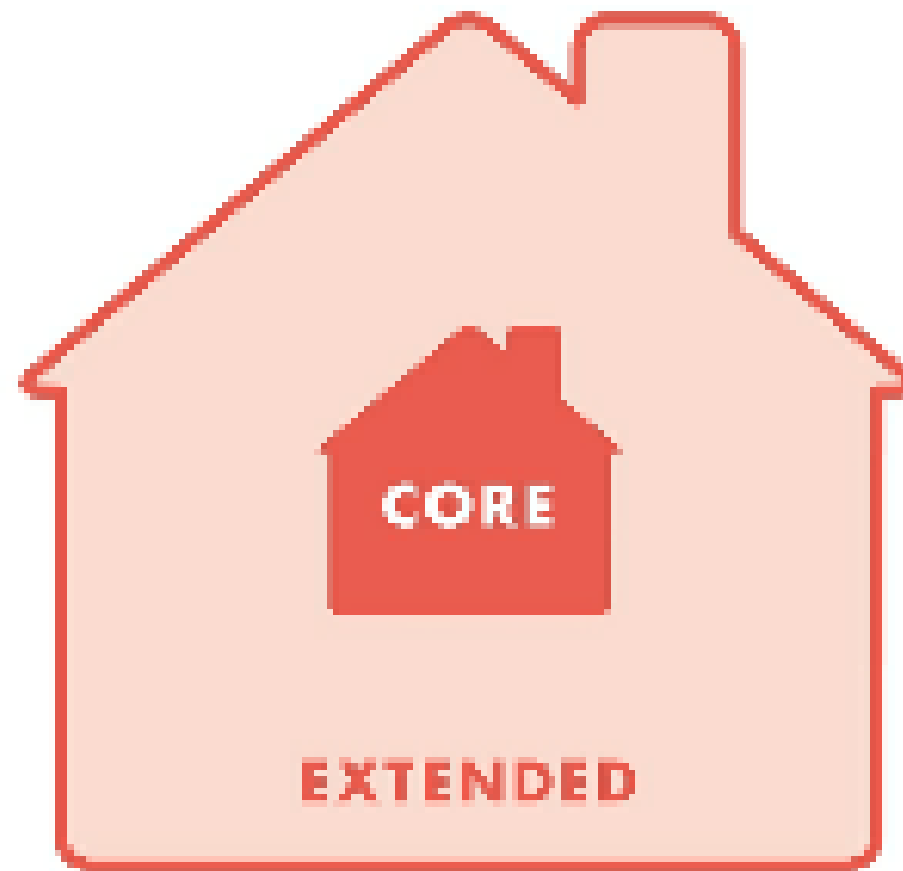


FIGURE 2.2

Who is in my Household?

WHO IS IN MY HOUSEHOLD?

1. Which of the five given answers in figure 2.6 best describes how you "Inherited your faith"? Describe your own faith heritage in greater detail.
2. Describe the person who had the strongest faith impact on you when you were growing up.
3. Whose faith are you impacting in this season of your life?



FIGURE 2.2

MY CORE:

MY EXTENDED:

Notes on Households?

- Households will look different for different people
- Households will change over time
- It is possible for people to not be in a household (“bowling alone”, chronic loneliness)

Why Households?

Jacob and his sons

Exodus 1:1-4

Obed-edom

2 Samuel 6:7



FIGURE 2.4

Theme 1: God sees households

The Levites

Numbers

18:31



FIGURE 2.4

Theme 2: Households often rise and fall together

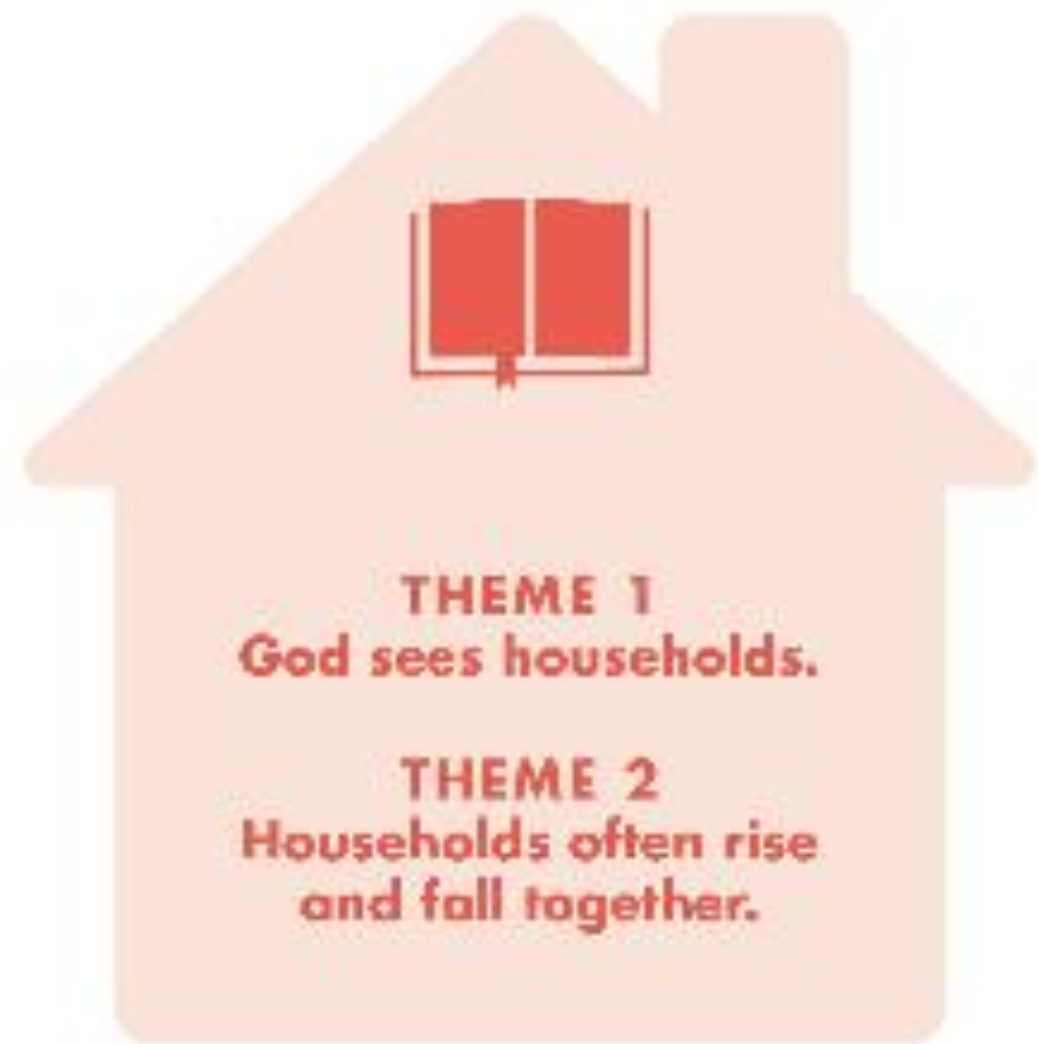


FIGURE 2.5

Proverbs 31:15, 21

Numbers 16:31-32

Matthew 10:25

2 Timothy 1:16

THE FAITH FAMILY TREE

Most households have a shared faith

The majority of practicing Christians inherited their faith from someone in their household of origin

However, a significant minority admits they are still Christians despite the faith they grew up with.



Yes, someone passed their faith down to me



I'm a Christian despite the sort of Christianity I saw in my household growing up



No, my Christianity as an adult is not because of a person in my childhood household



Yes, someone explored faith at the same time I did



Other

77%

share a faith with the members of their household

26%

have a household member who does not share their faith



68% Mother



46% Father



37% Grandparent



16% Non-relative



14% Friend



10% Another relative



9% Sibling

Mothers had the strongest faith impact on most respondents

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2. Describe the person who had the strongest faith impact on you when you were growing up.

3. Whose faith are you impacting in this season of your life?

Theme 3: God works through households

Genesis 7:1

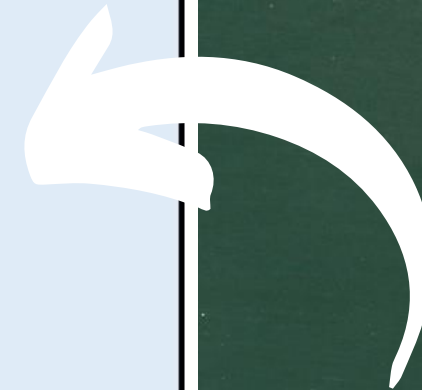
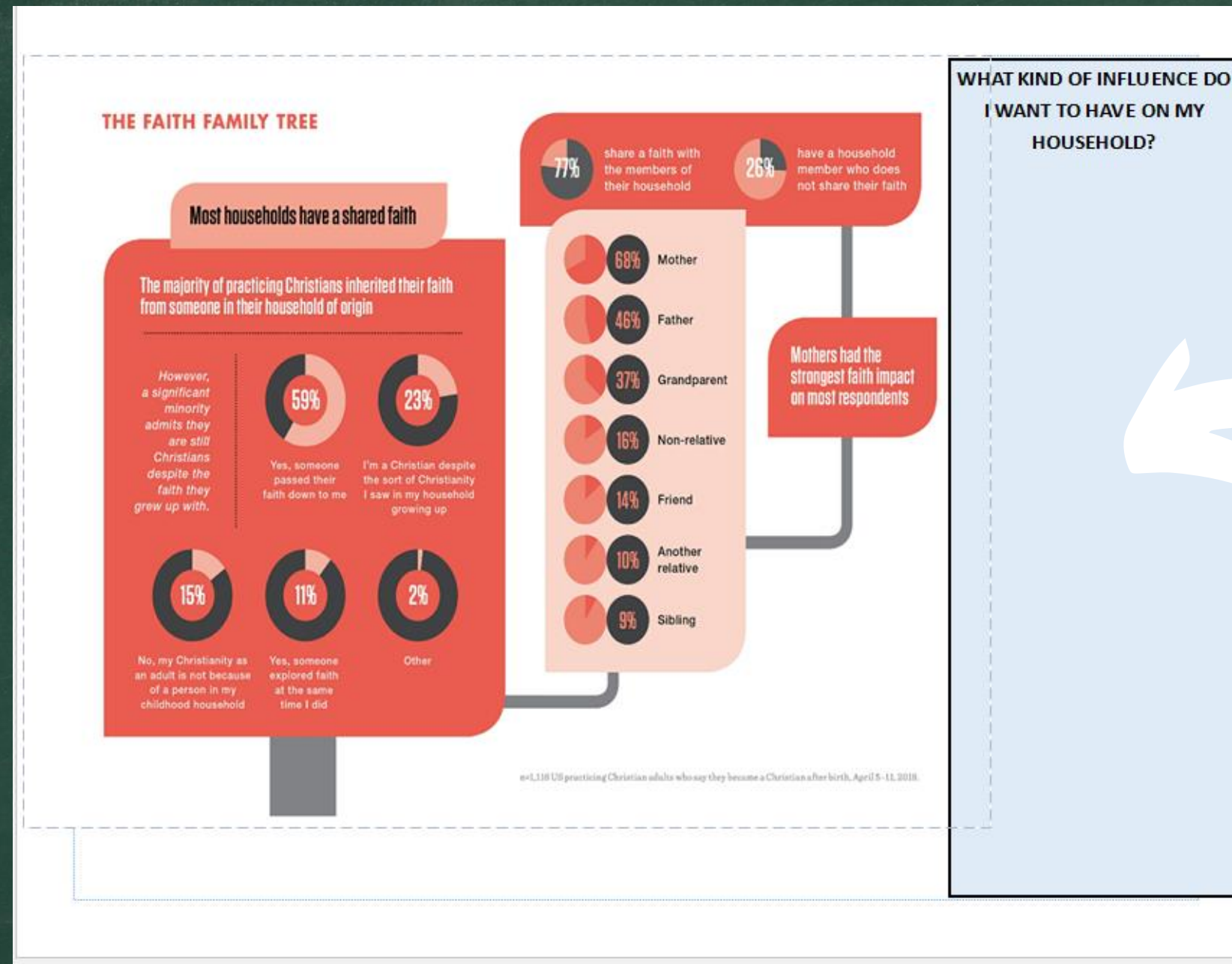
John 4:53

Acts 16:15

Acts 16:31-



Theme 3: God works through households



THREATS TO ABIDING

External

Internal



Your Turn

ABIDING..

in Christ

WHAT DOES IT LOOK LIKE TO "ABIDE IN CHRIST"?

WHAT IS THREATING ME FROM ABIDING IN CHRIST?

SOME THINGS THAT MAY HELP NURTURE MY RELATIONSHIP WITH CHRIST

TODAY'S VERSE TO REMEMBER:

"I AM THE VINE; YOU ARE THE BRANCHES. WHOEVER ABIDES IN ME AND I IN HIM, HE IT IS THAT BEARS MUCH FRUIT, FOR APART FROM ME YOU CAN DO NOTHING."

JOHN 15:5

What
challenges/threats to
your "abiding in
Christ" should you be
aware of?



What does an Abiding Family Look Like? (Josh Kittleman style)

We are a prayerful family

We acknowledge God's constant presence in the midst of joy and crisis

God's Word is Our Guide

As we live life together

We value being present with each other

Quantity & Quality Time

We are committed to each other

We are allowed to have bad days

What does an Abiding Family Look Like?

We are a forgiving family

Ephesians 4:32

“Be kind and compassionate to one another, forgiving each other, just as in Christ God has forgiven you.

We laugh with each other

and not AT each other

We give each other space

Encourage each other to grow on our own and call upon the name of the Lord on our own. It makes our time together more interesting

We have a healthy enough outside activity to bring us

This is another great idea

What does it look like to abide as a family/within our households?



Your Turn (About ~3 Mins)

 **ABIDING WITH..**
My Own Family

WHAT DOES IT LOOK LIKE FOR MY HOUSEHOLD TO ABIDE IN CHRIST TOGETHER?

WHAT THREATS ARE KEEPING MY HOUSEHOLD FROM ABIDING IN CHRIST TOGETHER?

SOME IDEAS THAT MAY HELP US GROW TOGETHER:

ONE THING FROM THIS SECTIONAL I WANT TO REMEMBER FOR MY HOUSEHOLD:

What might it look like
for your household to
abide in Christ together?

THREATS

External



Internal



Perceived
and
Real

1

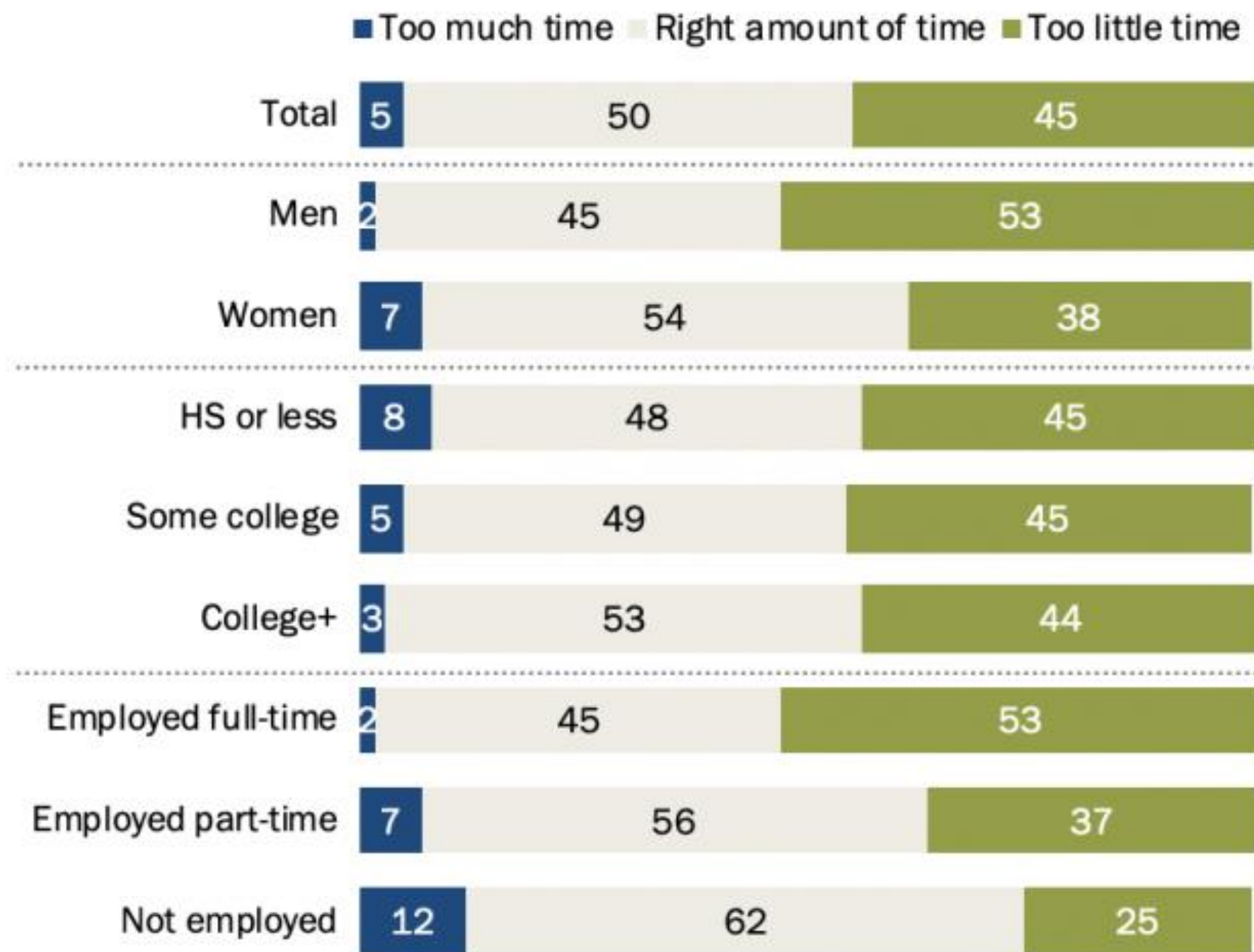
Work-Life Imbalance / Lack of Margin



- The Problem is not a lack of wanting to be with family.

In March, more than four-in-ten parents say they spent too little time with their children

% of U.S. parents who say they spend ___ with their children



Note: Based on parents who have at least one child under the age of 18 but may also have an adult child or children. Those who did not give an answer are not shown.

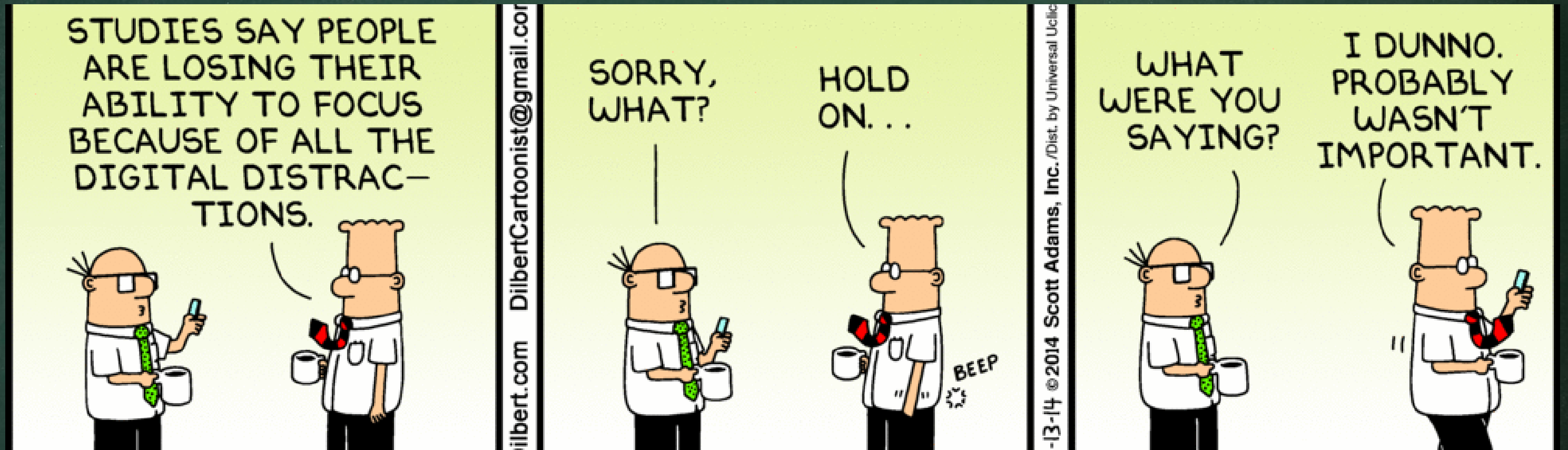
Source: Survey of U.S. adults conducted March 2-15, 2020.

"Parenting Children in the Age of Screens"



2

Technology And Social Media



Dilbert by Scott
Adams

Continuous Partial Attention

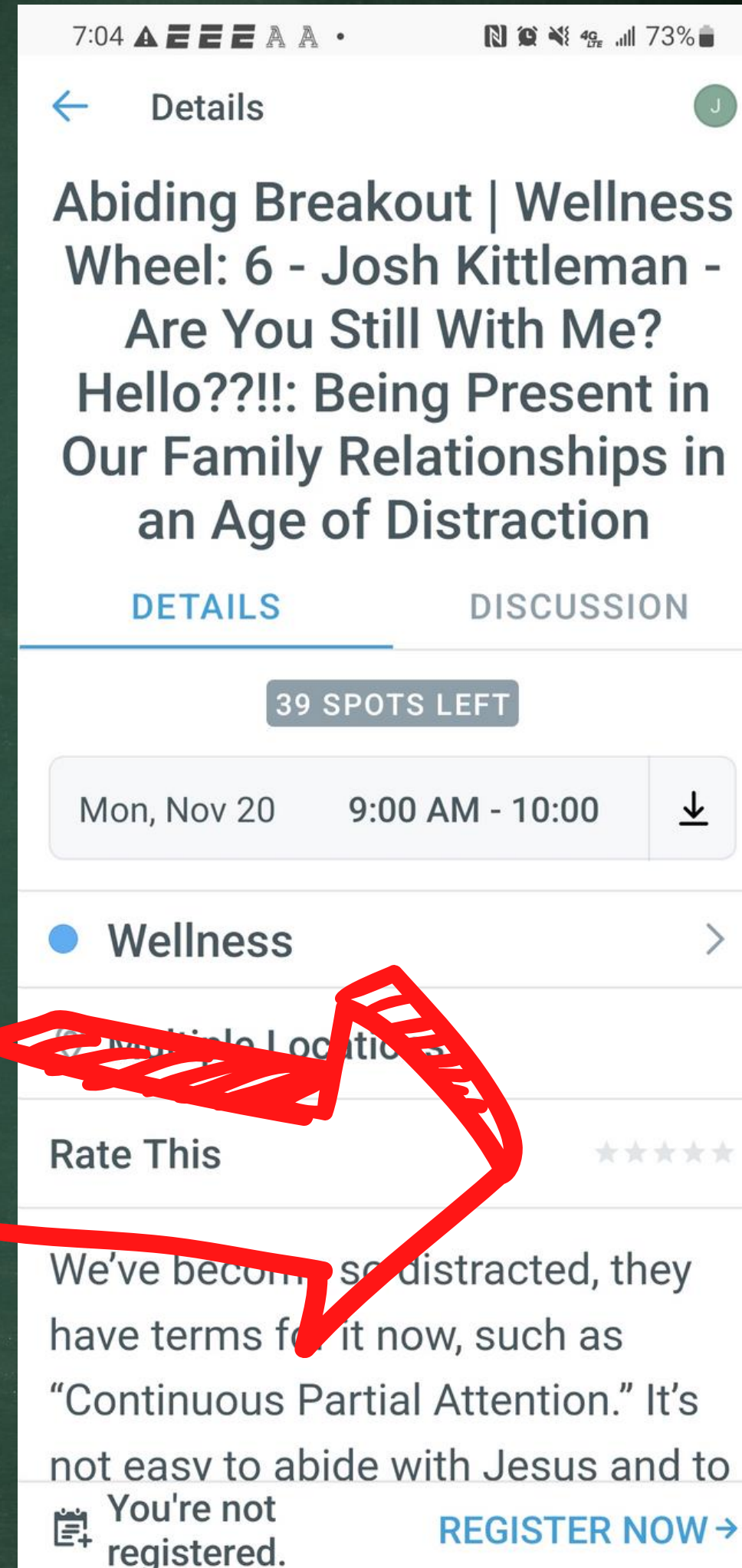
Focus on one high-level item.
Not exclusive to tech but
prominent.



Social Media

The 30-Minute Ick Factor is when people mean to check their social media briefly but then find that 30 minutes have passed, and when they realize how much time they have spent, they have this sense of disgust and disappointment in themselves.

It's hard to abide when you are .



Social Media

It's hard to abide when you
are constantly being judged.

AHEM.....



7:04 **EEEEAA** • 4G+ 73%

← Details

Abiding Breakout | Wellness Wheel: 6 - Josh Kittleman - Are You Still With Me? Hello??!!: Being Present in Our Family Relationships in an Age of Distraction

[DETAILS](#) [DISCUSSION](#)

39 SPOTS LEFT

Mon, Nov 20 9:00 AM - 10:00

Wellness

Multiple Locations

Rate This

We've become so distracted, they have terms for it now, such as "Continuous Partial Attention." It's not easy to abide with Jesus and to

You're not registered. [REGISTER NOW →](#)

These are competing and conflicting theories and philosophies, so how do you prioritize one or another when responding to a given question or situation?

 ChatGPT

You're correct that these moral theories and philosophies can be competing and conflicting. When responding to a given question or situation, my approach is to integrate and balance these perspectives, rather than strictly prioritizing one over the others. Here's how I do it:

1. **Contextual Relevance:** I consider the specific context of the question. Some situations may align more closely with certain ethical frameworks. For instance, a question about public policy might be well-suited to a utilitarian approach, while a personal dilemma might call for virtue ethics.
2. **Balanced Perspective:** I aim to provide a balanced view that incorporates multiple ethical perspectives. This approach acknowledges the complexity of moral questions and the limitations of any single ethical framework.
3. **Highlighting Conflicts:** When relevant, I highlight the conflicts between different moral theories to illustrate the complexity of the issue and to show that there may not be a single "correct" answer.
4. **Emphasizing Common Ground:** Despite their differences, many ethical theories share common principles, such as the value of human well-being or the importance of fairness. I often draw on these shared values to provide a more unified response.
5. **Encouraging Critical Thinking:** I encourage users to think critically about the moral dimensions of their questions, presenting different ethical considerations and asking reflective questions.
6. **Ethical Pluralism:** Recognizing that ethical pluralism is a reality in our diverse world, I try to respect different viewpoints and moral traditions, offering a response that is inclusive of various ethical considerations.

By integrating these approaches, I aim to provide responses that are thoughtful, nuanced, and respectful of the complexity inherent

Bernard Bull – Nov. 18 – Facebook

3

Fragmentation of Families (see also “Differing Values”)



4

Parental Role Strain

Parental strain or parenting stress refers to the degree to which parents perceive the demands associated with the parenting role as difficult (Abidin, 1992; Pearlin, 1989).

Methamphetamine-Using Parents: The Relationship Between Parental Role Strain and Depressive Symptoms*

SHIRLEY J. SEMPLE, PH.D., STEFFANIE A. STRATHDEE, PH.D.,[†] JIM ZIANS, PH.D., AND THOMAS L. PATTERSON, PH.D.[†]

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5

Mental Health Concerns



The findings are published as the U.S. and other countries face a crisis in children's mental health exacerbated by the pandemic. The study appears online in the January 2022 issue of *Child and Adolescent Psychiatric Clinics of North America*.

The study found that, overall, 21.8 percent of U.S. children ages 3 to 17 have one or more of the common mental, emotional, and behavioral health conditions assessed. The prevalence of mental health problems across U.S. children ranged from about 15 to 60 percent, increasing with the type (social, relational, or both) and number of these risks that children had been exposed to.

[Johns Hopkins Bloomberg School of Mental Health](#)

OTHER THREATS



● **Addiction**

● **Financial Stress**

● **Comparison**

● **Lack of Coping Skills**

● **Cultural**

OTHER THREATS



Differing

Values

Perfectionism

Selfishnes

Apath


s

y

Unfair Expectations

Family Estrangement

Your Turn (About ~3 Mins)

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My Own Family

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WHAT THREATS ARE KEEPING MY HOUSEHOLD FROM ABIDING IN CHRIST TOGETHER?

SOME IDEAS THAT MAY HELP US GROW TOGETHER:

ONE THING FROM THIS SECTION I WANT TO REMEMBER FOR MY HOUSEHOLD:

What
challenges/threats to
your family abiding
together exist that you
should be aware of?

1

Look for the “wins”

Take a “Strengths-Based” approach in your own family and the families you work with. Every family has strengths, even if they don’t seem particularly present. This is NOT about ignoring challenge or deficit. People work better from a position of strength.



1

Look for the “wins”



FAMILY Strengths Perspective:

Family Commitment

Appreciation and Affection

Positive Communication

Time Together

Nurture Spiritual Well Being

Learn to Cope with Stress and Crisis



2

TECH: Take advantage
of the Positives /
Minimize the Negatives

PLOT TWIST!



Reading the Bible

2

TECH: Take advantage of the Positives /
Minimize the Negatives

Congregation Member --> Spain

In what ways can technology be used to help
families - Abide?

3

Start With Prayer



4

Help families
Identify
Transitions and
Stressors..



HOLMES-RAHE SCALE



The Holmes-Rahe Life Stress Inventory The Social Readjustment Rating Scale

INSTRUCTIONS: Mark down the point value of each of these life events that has happened to you during the previous year. Total these associated points.

LIFE EVENT	MEAN VALUE
1. Death of spouse	100
2. Divorce	73
3. Marital Separation from mate	65
4. Detention in jail or other institution	63
5. Death of a close family member	63
6. Major personal injury or illness	53
7. Marriage	50
8. Being fired at work	47
9. Marital reconciliation with mate	45
10. Retirement from work	45
11. Major change in the health or behavior of a family member	44
12. Pregnancy	40
13. Sexual Difficulties	39
14. Gaining a new family member (i.e. ... birth, adoption, older adult moving in, etc.)	39
15. Major business readjustment	39
16. Major change in financial state (i.e. ... a lot worse or better off than usual)	38
17. Death of a close friend	37
18. Changing to a different line of work	36
19. Major change in the number of arguments w/spouse (i.e. ... either a lot more or a lot less than usual regarding child rearing, personal habits, etc.)	35
20. Taking on a mortgage (for home, business, etc. ...)	31
21. Foreclosure on a mortgage or loan	30
22. Major change in responsibilities at work (i.e. promotion, demotion, etc.)	29
23. Son or daughter leaving home (marriage, attending college, joined mil.)	29
24. In-law troubles	29
25. Outstanding personal achievement	28
26. Spouse beginning or ceasing work outside the home	26
27. Beginning or ceasing formal schooling	26
28. Major change in living condition (new home, remodeling, deterioration of neighborhood or home etc.)	25
29. Revision of personal habits (dress manners, associations, quitting smoking)	24
30. Troubles with the boss	23
31. Major changes in working hours or conditions	20
32. Changes in residence	20
33. Changing to a new school	20
34. Major change in usual type and/or amount of recreation	19
35. Major change in church activity (i.e. ... a lot more or less than usual)	19
36. Major change in social activities (clubs, movies, visiting, etc.)	18
37. Taking on a loan (car, tv, freezer, etc.)	17

OTHER IDEAS

● Beg the Question. (What's Important?)

● Acknowledge Milestones

● Faith 5

● Jesus "On the Road"

● Tech Fast



B

Church - Keep Doing What You're Doing!


Pastors, Keep Preaching Jesus and the forgiveness of sins. *story*

Teachers, keep sharing Jesus in the classroom. It matters.

Hebrews 4:12

12 For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

Your Turn (About ~5 Mins)

 **ABIDING WITH..**
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SOME IDEAS THAT MAY HELP US GROW TOGETHER:

ONE THING FROM THIS SECTION I WANT TO REMEMBER FOR MY HOUSEHOLD:

What ideas do you find helpful/intriguing?
(From this presentation or as you are brainstorming now!)