

70 TIMES 7

FORGIVING LIKE JESUS

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4-26-26

Ephesians 4:29-32

Main Point: Our relationship with _____ is intricately tied to our relationships with each other.

- Husbands with wives - 1 Peter 3:7
- Children with parents - Ephesians 6:2-3
- You with your spiritual siblings - 1 John 4:20-21

The _____ of Unforgiveness. Ephesians 4:29-32

1. Unforgiveness: To harbor ill feelings towards a person for their hurtful attitudes or actions to you.
2. _____: To feel displeasure, hostility, and antagonism. To harbor strong negative feelings.
3. _____: To have sharp negative emotions, cynicism, to be harsh, calloused and untrusting.
4. _____: "To communicate (by gossip, rumor or insinuation) to defame and damage another's reputation. **Hebrews 12:15**
5. _____: To have deep seated critical attitudes towards another. To repeatedly rehearse past offenses.
6. _____: To dislike intensely or passionately. To feel extreme hostility towards, to detest.
7. _____: To desire to get even, to inflict harm, humiliation or punishment. To require retribution.

Steps To Forgiveness:

- Remember our infinite forgiveness from God.
- Grant compassion to the one who hurt you.
- Release them from your heart prison.

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