

First Baptist Church – Odessa

Pastor Byron McWilliams

Date: _____

“Destroying Strongholds: Lies We Believe”

“Peace of Mind: Winning the Battle for Your Mind” – Pt. 5

2 Corinthians 10:3-5 and Selected

Strongholds Can Be Destroyed...

I. When I humble myself before the one who holds victory in His hands!

“And he said, ‘No; but I am the commander of the army of the LORD. Now I have come.’ And Joshua fell on his face to the earth and worshiped and said to Him, ‘What does my lord say to his servant?’” Joshua 5:14

II. When I cease believing the lies I tell myself!

“For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds.” 2 Corinthians 10:4

No person on the face of the earth lies to us more effectively than we lie to ourselves.

- Strongholds are lies we believe and grant authority over us.
- Strongholds develop when we open the door of our mind to something contrary to God’s will.
- Strongholds begin in the spiritual realm but usually manifest themselves in the physical realm.

How Can I Reject the Lies I Believe –

“T” – Trust God’s Word

“Sanctify them in the truth; your word is truth.”

John 17:17

“R” – Repent of Sinful Thoughts and Actions

See Psalm 7:12-16 and Luke 13:1-5

“U” – Unravel the Devil’s Lies

“The reason the Son of God appeared was to destroy the works of the devil.” 1 John 3:8

“T” – Take Captive Every Thought

“We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ.” 2 Corinthians 10:5

“H” – Hold Fast, Help is On the Way

“For I, the LORD your God, hold your right hand; it is I who say to you, ‘Fear not, I am the one who helps you.’”

Isaiah 41:13