

PRIDE & HUMILITY INVENTORY¹

DEFINITION OF PRIDE: The mindset of self (a master's mindset rather than that of a servant); a focus on self and the service of self, a pursuit of self-recognition and self-exaltation and a desire to control and use all things for self.

Please rate the following statements of manifestations of pride in your life using the following scale:

- 0 This is not an issue in my life.
- 1 This is seldom an issue.
- 2 This is sometimes an issue.
- 3 This is often an issue.
- 4 This is a major issue.
- 5 This is a life-dominating issue in my life.

MANIFESTATIONS OF PRIDE

Pride is blinding, which is why it is often difficult to see in ourselves but easy to see in others. The following is a sample list of pride manifestations that can easily clear away any self-righteousness.

- ❖ **Complaining against or passing judgment on God.** In a difficult situation, a proud person thinks, "Look what God has done to me after all I have done for Him" (Numbers 14:1-4, 9,11; Romans 9:20).
- ❖ **A lack of gratitude in general.** Proud people usually think they deserve what is good. As a result, they see no reason to be thankful for what they receive. In fact, they may even complain because they think they deserve better. They tend to be critical, complaining, and discontent. A proud person is not in the practice of being thankful toward God or others (2 Chronicles 32:25).
- ❖ **Anger.** A proud person is often an angry person. Anger can include outbursts, withdrawing, pouting, or frustration. An angry look has been called "silent murder". A person most often becomes angry because their "rights" or expectations are not being met (Matthew 20:1-16). Another word for anger is moody.
- ❖ **Seeing yourself as better than others.** A proud person is usually "on top looking down on others". They get easily disgusted and have little tolerance for differences (Luke 7:36-50).
- ❖ **Having an inflated view of your importance, gifts and abilities.** Many proud people have a very wrong perception of themselves. They are a "legend in their own mind," but they

¹ Excerpted from ["The Exemplary Husband: A Biblical Perspective" by Dr. Stuart Scott](#). The chapter these inventories are listed in is also available as a [small booklet](#).

need a "loving dose of reality". They need to hear, "What do you have that God didn't give you?" (1 Corinthians 4:7) .

- ❖ **Being focused on the lack of your gifts and abilities.** Some proud people may not seem proud because they are always down on themselves. This is still evidence of pride because the person is focused on themselves and wants to be elevated. Having a "woe is me" attitude is self-pity, which is pride (1 Corinthians 12:14-25).
- ❖ **Perfectionism.** People who strive for everything to be perfect often do so for recognition or to feel good about themselves. Whatever the reason, this behavior is very self-serving and proud. The basic problem is making things that are less important, more important (Matthew 23:24-28).
- ❖ **Talking too much.** Proud people who talk too much often do it because they think what they have to say is more important than what anyone else has to say. When there are many words, sin is generally unavoidable (Proverbs 10:19).
- ❖ **Talking too much about yourself.** Proud people may center on themselves in conversation. Sharing personal accomplishments and good personal qualities with others can be bragging or boasting (Proverbs 27:2; Galatians 6:3).
- ❖ **Seeking independence or control.** Some proud people find it extremely difficult to work under someone else or to submit to authority. They have to be their own boss. They might say, "I don't need anyone," or "I don't need accountability for my faith and doctrine". They are often rigid, stubborn, headstrong, and intimidating. They may also say, "It's my way or no way" (1 Corinthians 1: 10-13; Ephesians 5:21).
- ❖ **Being consumed with what others think.** Some proud people are too concerned about the opinion of others. Many of their decisions are based on what others might think. Some are in a continual pursuit of gaining the approval and esteem of others. Focusing on what others think of you or trying to impress others is being a man-pleaser rather than a God-pleaser (Galatians 1:10).
- ❖ **Being devastated or angered by criticism.** Proud people usually struggle a great deal with criticism. Such people cannot bear that they are not perfect or have weaknesses because they cannot accept who they really are (Proverbs 13:1).
- ❖ **Being unteachable.** Many proud individuals "know it all". They think they are superior and can't seem to learn anything from someone else. They respect no one (Proverbs 19:20; John 9:13-34).
- ❖ **Being sarcastic, hurtful, or degrading.** Proud people can be very unkind. Those who belittle others usually want to raise themselves up above others. This can often be done cleverly through jesting. They may excuse themselves by saying, "That's just the way I am. That's my personality" (Proverbs 12:18, 23).
- ❖ **A lack of service.** Proud people may not serve because they are not thinking of others, or because they want to be coaxed to serve and won't continue if there is no praise. Needing recognition is a sure sign of wrong motives in service (Galatians 5:13; Ephesians 2:10).
- ❖ **A lack of compassion.** Proud people are rarely concerned for others and their concerns. They cannot see beyond their own desires (Matthew 5:7; 18:23-35).
- ❖ **Being defensive or blame-shifting.** You will often hear a proud person say, "Are you saying it's my fault?" or "Well, what about you?". They try to explain away their sin (Genesis 3:12-13; Proverbs 12:1).

- ❖ **A lack of admitting when you are wrong.** A proud person will make many excuses such as, "I was tired," or "I was having a bad day" (Proverbs 10:17).
- ❖ **A lack of asking forgiveness.** Proud people rarely admit their sin or ask for forgiveness from others. They either can't see their sin because they are blinded by pride, or they can't humble themselves before someone else to ask for forgiveness (Matthew 5:23-24).
- ❖ **A lack of biblical prayer.** Most proud people pray very little, if at all. Proud people who do pray usually center their prayers on themselves and their desires, rather than on God and others (Luke 18:10-14).
- ❖ **Resisting authority or being disrespectful.** A proud person may detest being told what to do. While this may be called a "submission problem," it is actually a pride problem that is displaying itself as a lack of submission (1 Peter 2:13-17).
- ❖ **Voicing preferences or opinions when not asked.** A proud person might not be able to keep their preferences or opinions to themselves. They will offer an opinion even when it is not asked for. These preferences are usually voiced without consideration for others (Philippians 2:1-4).
- ❖ **Minimizing your own sin and shortcomings.** Proud people typically believe their sin is "no big deal". They think they have a little sin and others have a great deal of it (Matthew 7:3-5).
- ❖ **Maximizing others' sin and shortcomings.** To the proud person, other people are the problem. They may magnify or bring attention to the sin of others by gossiping about it (Matthew 7:3-5; Luke 18:9-14).
- ❖ **Being impatient or irritable with others.** Proud people might become angry with others because they are concerned that their own schedule or plans are being ruined. They are often inflexible on preference issues (Ephesians 4:31-32).
- ❖ **Being jealous or envious.** Proud people often have a hard time being happy for others' successes or blessings when they do not enjoy the same benefits (1 Corinthians 13:4).
- ❖ **Using others.** Proud people usually view others in terms of what those people can do for them and their interests. Their focus is not on ministering to others, as everything is for them and about them (Matthew 7:12; Philippians 2:3-4).
- ❖ **Being deceitful by covering up sins, faults, and mistakes.** Some proud people will do almost anything to keep others from finding out negative things about them (Proverbs 11:3; 28:13).
- ❖ **Using attention-getting tactics.** Proud people may try to draw attention to themselves through dress, bizarre behavior, being rebellious, or always talking about their problems (1 Peter 3:3-4).
- ❖ **Not having close relationships.** Proud people often have no use for close relationships, thinking that the trouble outweighs the benefits. They may see themselves as so self-sufficient that they do not need other people (Proverbs 18:1-2; Hebrews 10:24-25).

Return now to the list and see how many 3s, 4s, and 5s you have noted. It is common for everyone to have some 1s and 2s on the list, but evaluating the list should give you a good idea of where to start concentrating your efforts to become more Christlike in your life. Look up the reference verses for each point to see what God has to say about these character qualities. These are the attitudes you want to put off.

DEFINITION OF HUMILITY: The mindset of Christ (a servant's mindset): a focus on God and others, a pursuit of the recognition and the exaltation of God, and a desire to glorify and please God in all things and by all things He has given.

Please rate the following statements of manifestations of humility which describe your life using the following scale:

- 0 Not present in my life at this time.
- 1 Seldom present in my life at this time.
- 2 Sometimes present in my life at this time.
- 3 Often present in my life at this time.
- 4 Regularly present in my life at this time.
- 5 Predominately present in my life at this time.

MANIFESTATIONS OF HUMILITY

A humble person lives differently than a proud one. The following is a sample list to help you evaluate how humble you are.

- ❖ **Recognizing and trusting God's character.** A humble person acknowledges who God is and rehearses God's character often. Because of this, they trust God much more than a proud person. In trials, they will even thank God for the reminder of how much they need Him and for all the good He is doing through the trial (Psalm 119:66).
- ❖ **Seeing yourself as having no right to question or judge an Almighty and Perfect God.** A humble person thinks of God as their Creator and themselves as God's creation. They do not see themselves as even remotely qualified to pass judgment on God or what God does. They know that their perfect and all-wise God can do whatever He pleases, and it will be the best for them (Psalm 145:17; Romans 9:19-23).
- ❖ **Focusing on Christ.** The humble see Christ as their life and their first love. There is no other thing or person that they must have. Throughout the day, they talk to and worship Him often (Philippians 1:21; Hebrews 12:1-2).
- ❖ **Biblical praying and a great deal of it.** Humble people want to worship God, and they see themselves as totally dependent on God for His enablement. John Owen once said, "We can have no power from Christ unless we live in a persuasion that we have none of our own". Because they see themselves as needy, they pray often (1 Thessalonians 5:17; 1 Timothy 2:1-2).
- ❖ **Being overwhelmed with God's undeserved grace and goodness.** The humble person sees himself as truly deserving of hell. He is immensely grateful to God for forgiving him of so much (Psalm 116:12-19).
- ❖ **Being thankful and grateful in general toward others.** Humble people thank God and others often. They expect nothing, so anything they receive is greatly appreciated (1 Thessalonians 5:18).

- ❖ **Being gentle and patient.** Humble people want to act like God, and they are not focused on what they want. They also want to love others the way God loves them. They are willing to wait and are not easily irritated (Colossians 3:12-14).
- ❖ **Seeing yourself as no better than others.** A humble person understands the sinfulness of their own heart. They would never see themselves as better than others, no matter who the other person is. They understand that they, in and of themselves, are capable of the worst sin. They agree with John Bradford, who said, "but for the grace of God, there I go" (Romans 12:16; Ephesians 3:8).
- ❖ **Having an accurate view of your gifts and abilities.** Humble people do not lament the fact that they are not as gifted as others. Neither do they exaggerate their own abilities (Romans 12:3).
- ❖ **Being a good listener.** Humble people consider what others have to say as more important than what they have to say. They take an interest in others by asking questions and listening. Self is not their primary focus (James 1:19; Philippians 2:3-4).
- ❖ **Talking about others only if it is good or for their good.** A humble person will speak well of others, not negatively. They will convey something negative about someone only if they must do so in order to help that person (Proverbs 11:13).
- ❖ **Being gladly submissive and obedient to those in authority.** Humble people are first of all obedient to God, and then to the authorities over them (Romans 12:1-2; 13:1-2).
- ❖ **Preferring others over yourself.** Humble people are willing to put others before themselves without first considering their own rights (Romans 12:10).
- ❖ **Being thankful for criticism or reproof.** Humble people view reproof as good for them and consider that God may be trying to teach them something (Proverbs 9:8; 27:5-6).
- ❖ **Having a teachable spirit.** Humble people realize they don't know everything, and even when they think they are right, they are willing to consider that they might be wrong (1 Corinthians 4:7). They also know that God can use anyone to teach them, since He was even able to use a donkey to teach Balaam in Numbers 22:22-35. They have many people they admire and respect.
- ❖ **Seeking always to build up others.** Humble people encourage others. They use only words that build up and say what is necessary for the edification of others. They never cut others down (Ephesians 4:29).
- ❖ **Serving.** Humble people are on the lookout for ways to serve and assist others. They are the first to volunteer for jobs no one else wants. They take the initiative to reach out and serve others (Galatians 5:13).
- ❖ **A quickness in admitting when you are wrong.** Humble people have no problem with saying, "I was wrong. You are right. Thank you for telling me" (Proverbs 29:23).
- ❖ **A quickness in granting and asking for forgiveness.** Humble people are eager to forgive because they know how much they have been forgiven. They have no trouble asking for forgiveness because they want to be peacemakers (Colossians 3:12-14).
- ❖ **Repenting of sin as a way of life.** A humble person asks God daily for forgiveness and works toward real change (1 John 1:9; 1 Timothy 4:7-9).
- ❖ **Minimizing others' sins or shortcomings in comparison to your own.** A humble person thinks about their own sin more often than another's sin. They also see their own sin as more important to deal with than the sin of others (Matthew 7:3-4).

- ❖ **Being genuinely glad for others.** Humble people rejoice with others when good things happen because they are aware that God has blessed them immeasurably and they trust God for what they do not have (Romans 12:15).
- ❖ **Being honest and open about who they are and the areas in which they need growth.** Humble people are open and honest about their growth in the Lord. They ask for help and accountability in the repentance process, knowing they need their brothers and sisters (Philippians 3:12-14; Galatians 6:2).
- ❖ **Possessing close relationships.** Humble people have friends and loved ones because they are friendly and love others. They are willing to ask for help with various burdens and problems they may have (Acts 20:31-38).

For this evaluation, you will want to consider how many Os, 1s, and 2s you have noted. These are the attitudes you want to "put on" if you desire to be more like Christ in your daily life. Again, look up the Scripture references to help you clearly understand each attitude of humility.