

Where Life Flourishes: Engaging the 10 Commandments  
Week 4: Remember the Sabbath  
Westside Vineyard, July 17, 2016

• **EXODUS 20: 2, 8-11**

"I am the Lord your God, who brought you out of Egypt, out of the land of slavery."

...

"Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

• Sabbath is REST.

• **GENESIS 1: 27-28, 2:2-3**

So God created mankind in his own image, in the image of God he created them. God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground."

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By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

• Sabbath is part of GOD'S CHARACTER that humans REFLECT

• **EXODUS 16: 21-23, 29-30**

Each morning everyone gathered as much as they needed, and when the sun grew hot, it melted away. On the sixth day, they gathered twice as much—two omers for each person—and the leaders of the community came and reported this to Moses. He said to them, "This is what the Lord commanded: 'Tomorrow is to be a day of sabbath rest, a holy sabbath to the Lord. So bake what you want to bake and boil what you want to boil. Save whatever is left and keep it until morning.'" ...

Bear in mind that the Lord has given you the Sabbath; that is why on the sixth day he gives you bread for two days. Everyone is to stay where they are on the seventh day; no one is to go out." So the people rested on the seventh day.

• Sabbath is TRUST in the GIFT of God's provision

• **EXODUS 31: 12-13**

Then the Lord said to Moses, "Say to the Israelites, 'You must observe my Sabbaths. This will be a sign between me and you for the generations to come, so you may know that I am the Lord, who makes you holy.

• Sabbath is a SIGN of HOLINESS

• **ISAIAH 56: 6-8**

And foreigners who bind themselves to the Lord to minister to him, to love the name of the Lord, and to be his servants, ~~and who keep the Sabbath without desecrating it~~ and who keep the Sabbath without desecrating it, and who hold fast my covenant— these I will bring to my holy mountain and give them joy in my house of prayer. Their burnt offerings and sacrifices will be accepted on my altar; ~~for my house will be called~~ house of prayer for all nations."

The Sovereign Lord declares—he who gathers the exiles of Israel: "I will gather still others to them besides those already gathered."

• Sabbath is a PROMISE for ALL

• **Mark 2: 23-28**

One Sabbath Jesus was going through the grainfields, and as his disciples walked along, they began to pick some heads of grain. The Pharisees said to him, "Look, why are they doing what is unlawful on the Sabbath?"

He answered, "Have you never read what David did when he and his companions were hungry and in need? In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions."

Then he said to them, "The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath."

• **Luke 13: 10-17**

On a Sabbath Jesus was teaching in one of the synagogues, and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God.

Indignant because Jesus had healed on the Sabbath, the synagogue leader said to the people, "There are six days for work. So come and be healed on those days, not on the Sabbath."

The Lord answered him, "You hypocrites! Doesn't each of you on the Sabbath untie your ox or donkey from the stall and lead it out to give it water? Then should not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen long years, be set free on the Sabbath day from what bound her?"

When he said this, all his opponents were humiliated, but the people were delighted with all the wonderful things he was doing.

• **John 5: 16-17**

So, because Jesus was doing these things on the Sabbath, the Jewish leaders began to persecute him. In his defense Jesus said to them, "My Father is always at his work to this very day, and I too am working."

• N.T. WRIGHT, *Jesus and the Victory of God*:

The kingdom of the one true god was at last coming into being, and it would be characterized not by defensiveness, but by Israel's being the light of the world; not by the angry zeal which would pay the Gentile's back in their own coin,... but by turning the other cheek and going the second mile.

• Sabbath is RESTORATION & HOPE

• **PSALM 23**

The Lord is my shepherd, I lack nothing.

He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake.

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

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Series: Where Life Flourishes  
Patrick Vukovich, July 17, 2016

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