

## Are You Safe?

Series: Making Relationships Work: Love, Sex & Marriage  
October 15, 2017 – Marlo Blandford

**And he said to him, “You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.”**  
**Matthew 22:37-40 (ESV)**

Relational Rule #1-Love God with everything you are!

***Matthew 6:33- Seek first the kingdom of God...and the rest will be added to you.***

Relational Rule #2-Love your neighbor as your love yourself.

It is not enough for us to say: "I love God," but I also have to love my neighbor. St. John says that you are a liar if you say you love God and you don't love your neighbor. How can you love God whom you do not see, if you do not love your neighbor whom you see, whom you touch, with whom you live? Mother Theresa

Question #1-Who is my neighbor?

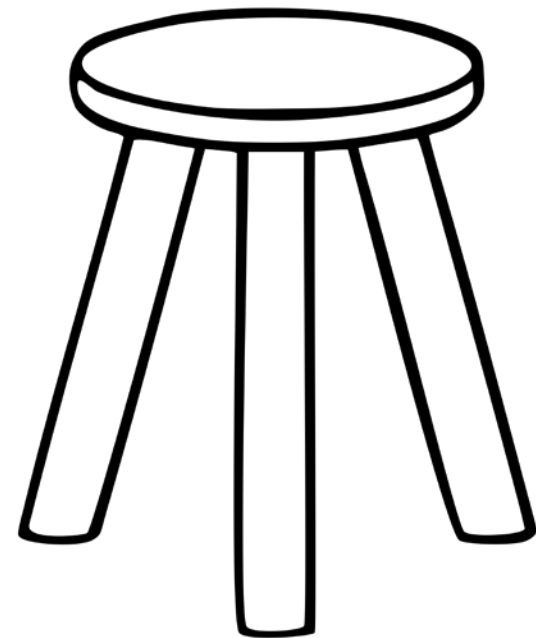
Anyone God has put in our sphere. Anyone we can show mercy on. The people on our block. Our enemies.(Luke 6: 27-36). Our Family.

And our closest neighbor? \_\_\_\_\_.

Question #2- How do we love our neighbor as we love ourselves?

## Safe Haven Marriage. Archibald Hart & Sharon Hart May

- *Being emotionally safe in your marriage is the key to a happy healthy and thriving marriage*
- They found that the number one predictor for divorce is not fighting, or the content of arguments...but emotional disconnection.
- *Definition of emotional connectedness: Can your spouse turn to you in any circumstance knowing you are trustworthy and will be emotionally available and will respond to them in a caring manner.*



**Philippians 2:5 -8 In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death even death on a cross.**

***Are you safe?***