

## Day 1: The Fruit of Kindness

Reading: Galatians 5:22-23, Romans 3:9-12

Devotional: As we begin this journey, let's reflect on kindness as a fruit of the Spirit. In a world where selfishness often prevails, God calls us to a higher standard. Paul reminds us in Romans that left to our own devices, none of us naturally does good. Yet, through the power of the Holy Spirit, we can cultivate kindness in our lives. Today, consider how God's kindness has been shown to you. How might you extend that same kindness to others, even in small, seemingly insignificant ways? Remember, what appears random to others can be an intentional, Spirit-led act of love from you.

## Day 2: God's Kindness in Our Darkest Hours

Reading: Psalm 23, 2 Corinthians 1:3-7

Devotional: The sermon touched on moments of darkness, like when Caleb was hospitalized. Even in our valleys, God's kindness shines through, often via the people he places in our lives. As you read Psalm 23, imagine yourself walking through that valley with the Good Shepherd beside you. Reflect on times when God's comfort has been tangible through others' actions. How has he used you to comfort others? Today, be attentive to those around you who might be walking through their own valley and consider how you might be God's instrument of kindness to them.

## Day 3: The Power of Community

Reading: Ecclesiastes 4:9-12, Hebrews 10:24-25

Devotional: Several of the stories from Sunday remind us of the importance of Christian community. God often reveals his kindness through the relationships he blesses us with. As you read today's passages, think about the "three-fold cord" of friendships in your life. Who has God placed around you to support, encourage, and show kindness? How can you strengthen these bonds and extend them to others who might be feeling isolated? Consider reaching out to someone today, showing them the kindness of Christ through your words or actions.

## Day 4: Kindness in Remembrance

Reading: Deuteronomy 7:9, Lamentations 3:22-23

Devotional: Today's readings remind us of God's faithfulness and the importance of remembering his kindness. Like the speaker recalling acts of kindness from his past, we too

should cultivate a practice of remembering God's goodness. Take time to write down specific instances of God's kindness in your life. How has he been faithful, even in difficult times? Let these memories fuel your faith and inspire you to be a conduit of his kindness to others. Is there someone from your past whose kindness you could acknowledge today?

#### Day 5: Being the Hands and Feet of Christ

Reading: Matthew 25:34-40, James 2:14-17

Devotional: As we conclude this week, let's focus on putting kindness into action. Jesus teaches that when we serve "the least of these," we're serving Him. James reminds us that faith without works is dead. Reflect on the practical acts of kindness mentioned in the sermon - the toiletry bag, the doctor's prayer, the hospice nurse's care. These weren't grand gestures but simple acts of love that made a significant impact. Today, ask God to open your eyes to opportunities for "intentional and Spirit-empowered" acts of kindness. How can you be the hands and feet of Christ in your community?