

# Raising Parents: Communication



**Colossians 3:20-21**

**Psalms 38**

## RIFF

### Range

Reflect

  
  
  
  
  
  
  
  
  

Focus Area:    Theology       Ability       Capacity

Improve

  
  
  
  
  
  
  
  
  

Focus Area:    Theology       Ability       Capacity

### Intensity

Reflect

  
  
  
  
  
  
  
  
  

Focus Area:    Theology       Ability       Capacity

Improve

  
  
  
  
  
  
  
  
  

Focus Area:    Theology       Ability       Capacity

### Frequency

Reflect

  
  
  
  
  
  
  
  
  

Focus Area:    Theology       Ability       Capacity

Improve

  
  
  
  
  
  
  
  
  

Focus Area:    Theology       Ability       Capacity

### Flow

Reflect

  
  
  
  
  
  
  
  
  

Focus Area:    Theology       Ability       Capacity

Improve

  
  
  
  
  
  
  
  
  

Focus Area:    Theology       Ability       Capacity

## BLESS YOUR KIDS



Kids are one of God's greatest blessings! Psalm 127:3 tells us that children are a heritage and reward from the Lord. Mark 10:16 says that Jesus ended His time with the children by taking them in His arms, laying His hands on them and then blessing them. Your own actions, words and thoughts about your own kids should be in line with what Jesus thinks about them! What Jesus thinks about your kids is the truth! Agree with Him! And let your kids know you agree with Him.



### Write

How do you treat your kids? How do you talk to your kids? Do you treat them and talk to them in a way that is in line with what God thinks about your kids?



### Read

Matthew 12:33-37

Our lives following God should produce spiritual fruit (Galatians 5:22-23). This fruit is not only actions, but Matthew 12:34 makes it clear that it is also our words. Your kids will judge your own faith, but also God Himself by the words you speak to them and how you treat them.

What do your words to your kids reveal about the spiritual fruit in your life?

### Try This!

Pick a specific time of day to intentionally speak God's love, truth and blessing to your kids. Before a time that the enemy can encourage insecurity is a perfect time! If you drop your kids off at school or an activity without you- do it before you leave them! Then they will carry God's truth about who they are into that time without you.

### Pray



Ask God to align your own heart and thinking about your kids with HIS heart and thinking about your kids!

## SHARE ONE THING



This life of faith can be hard. But there is so much life and growth too! Think about how far God has brought you! Even right now, God is teaching you important lessons and helping you look more like Jesus. It happens all day. Every day. We don't want to ignore, or forget, that God is always working. We also want to teach that to our kids!



### Write

What is God currently speaking to you about and teaching you?

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### Read

Psalm 105:1-11

Powerful things happen when we remember and praise God for what He's done! It grows thankfulness, reminds us of God's power, and encourages us that we are not alone and God is not done working. The first step in helping our kids recognize that God is always working, is by sharing that God is always working in us!

Our kids don't know that we struggle and wrestle. We are their heroes. Whether they tell us that or not! By voicing to our kids that God is teaching and speaking something new to US every day, it communicates to our kids that He will also be teaching and speaking to them every day. If we still need it, so do they!

### Try This!

Make it a point to share one thing a week that God is speaking to you or teaching you. It doesn't have to be weird! Try phrases like these:

- Earlier today I was feeling \_\_\_\_\_ and then God reminded me...
- I noticed I was thinking \_\_\_\_\_ and then God reminded me...
- I was stressed/worried about \_\_\_\_\_ and then God...
- God kept bringing up this verse today!



### Pray

Ask God to help YOU be more aware of when He is speaking and working!