LIFEgroups

Talk it over | week 2

discussion | study

A Broken Prayer: The Posture of a Guilty Heart Psalm 51:1-12 Pastor Josh Sorenson

Here are some talking points to start using to get your group talking to each other and to start generating meaningful conversations. Remember, you want others to do most of the talking. **Start Talking.** Find a conversation starter for your group.

Start Thinking. Ask a question to get your group thinking. Which part of the message was most impactful to you and why?

Start Sharing & Talking About the message. NOTE: Pastor may not cover all points in all services.

Setting/Open: David writes Psalm 51 after he is confronted by the prophet Nathan for his sin with Bathsheba. For the full details see 2Samuel chapters 11 & 12. David's response to his sin being uncovered after a year of not confessing it, is the correct one – ownership and brokenness.

Point: We are all in different places with regards to sin – some have confessed and repented of their sin; others are carrying the burden of unconfessed sin. **1John 1:10 & Rom 3:10**

- 1. When we confess our sin & repent, how long does it take God to forgive us? A. Instantly.
- 2. If God has forgiven all our sins, past, present and future, why do we ask for forgiveness?

 A. 1) Jesus said, "It is finished." All our sins are forgiven, and we are on our way to heaven.

 But number 2) We need relational forgiveness. Asking for forgiveness of current sins removes anything that hinders our fellowship with God. It resets and restores our relationship with God.

Two Request of a Broken Heart – Psalm 51 Cleanse me (vv 1-6)

- 1. What is the first step in obtaining a cleansed heart (vv1-2)? A. Acknowledge/confess the sin and ask for mercy. Don't rationalize the sin or make excuses for it. **Point:** Mercy is not getting what I deserve. God is ready to pour out His mercy. How and why? A. Because of His Lovingkindness. There is a <u>multitude of tender mercies</u> for a multitude of sins. **Lam 3:22-23**
- 2. With regards to sin, what are three things "that are not enough?" A. It's not enough to feel bad about sin; to have a person forgive us; to be angry about our sin.
- 3. What are the three things that David asks God to do about his sin? A. 1) blot them out. To blot out is to erase them; 2) to wash him thoroughly; 3) to cleanse him from his sin. Only God has the power to cleanse us we can't do it on our own. **1John 1:7 & Heb 9:14**
- 4. Here is a question to ask. "What am I carrying?" Whatever it is, confess it. God is faithful to forgive. **1John 1:9**

Restore me (vv 7-12)

- 1. V7 "Purge me with hyssop." Only God can make us whiter than snow? Do we believe it? The good news there is nothing that Jesus can't cleanse/forgive.
- 2. V8 We can only have joy and gladness when we confess our sins and God forgives us.
- 3. Vv 10-12 David is being renewed. Like creation, God can make something out of nothing.
- 4. V9 What is it to have sins blotted out? A. They can't be seen or remembered. Isa 43:25
- 5. What can the Holy Spirit do for us? A. Council, comfort, convict, help, fill and empower!

Close: "Your past will always be in front of you until you let Jesus put it behind you."

Proverbs 28:13 He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy.

Start Praying & Start Doing. Talk to your group about (1) creating profiles on the Calvary App so your group can create a group chat on the app. Let Pastor Josh know so he can set your group up for you. (2) Encourage your group to read ahead. (3) Please remember to fill out the LIFEgroup meeting assessment form after your meeting. Here is the link: https://bit.ly/LIFEgroup-Assessment

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