

Here are some talking points to start using to get your group talking to each other and to start generating meaningful conversations. You want others to do most of the talking.

Start Talking. Find a conversation starter for your group. Ask a question to get your group thinking. Which part of the message was most impactful to you and why?

Start Sharing & Talking About the message. NOTE: Pastor may not cover all points in all services.

Setting/Open: The world cannot give us peace. Only Jesus can give us peace – soul rest.

John 14:27 God called Jeremiah to the people of Judah to turn them from their idolatrous ways. They were at a crossroad - choose God or stay in their unfulfilling idolatrous ways.

V16A Stop & Consider

- **Stand:** Why did Jeremiah want Judah to stand? **A.** To stop them going in the wrong direction.
- **In the way/crossroads:** When we are at a crossroad in our lives, what does God call us to do? **A.** **Stop** what we are doing; stand still & consider our actions/behavior.
- **Consider/See:** The 2nd exhortation is **See** = (Heb) to look at, inspect, perceive, consider. What is implied is pondering at the crossroads; asking, what are the next steps?
Illustration – The Prodigal Son **Luke 15:17** What three things did it take the son to “come” to himself? **A.** Time, devastation, brokenness. It takes time for prodigals. They must come to the end of their rope.

V16B Ask and Follow Through

- **Ask:** The command to “ask” implies what? **A.** That we are not going to rely on our own understanding or determination. **Pro 3:5-6**
- By telling us to “ask” what does God want us to do and why? **A.** God wants us to involve Him in all our activities so that He can show Himself to us through them.
- What did the “old paths” represent? **A.** The ancient, proven ways of the Lord as testified to by the elders of the past. They are God’s truths and principles that we should walk/live by. Pastor Bob called them “the good way.” See **Heb 11 & Jer 7:23**
- **Point:** When we are going through a trial, don’t ask “why” this is happening,” but ask “what” am I supposed to learn from it.
- **Walk in it (Follow Through):** What is God calling us to do? **A.** To follow through in obedience to His counsel. Faith without works is dead. **James 1:22-24 & James 2:14, 22, 26**

V16C Find Soul Rest

- **THEN you will find:** “Then” – only after following God’s counsel & doing the 1st two things.
- **Soul rest:** inner peace; contentment & satisfaction. What is the only source of this peace? **A.** The Holy Spirit and following the pathway of God’s Word.
- We can have this peace even in “the eye of the hurricane” (chaos). **John 16:33**
- **You will find:** God wants us to find this rest for our souls. **Rest** (Heb) = resting place. Where is this resting place? **A.** In God Himself. What is the goal of the Lord? **A.** Relationship & fellowship with Him. **Isa 28:12 & Isa 30:15**
- **Matt 11:27-30: The command V28** – 1st - “Come to Me.” Then He will give us rest. 2nd - “take My yoke.” We are “yoked” to Jesus for what purpose? **A.** Training and discipleship. 3rd – “learn from Me.” A call to lifelong discipleship.
- **Close:** God loves us and wants to give us rest in our souls, but we must do it His way.

Start Praying & Start Doing. Please remember to fill out the LIFEgroup meeting assessment form after your meeting. Here is the link: <https://subsplash.com/u/-3VJ3ZF/forms/d/439cdb6e-6d23-4b0a-9aeb-05199f86a9f2>

LIFEgroups

Talk it over | week 2

discussion | study

Finding Soul Rest

Jeremiah 6:16

Pastor Bob Claycamp