

Christ Community Church

Community Group Discussion Guide for Week of September 7, 2025

Announcements

1. **Community Group:** Any specific announcements or things to discuss pertaining to your community group?
2. **Spark a Friendship at Catch-a-Fire Pizza:** Join us after the service on the 2nd Sunday of every month for lunch together at Catch-a-Fire in Blue Ash. Next lunch is September 14th.
3. **Next Men's Meetup:** Join us at MPH Brewing in Montgomery on Thursday, September 18th from 7:30 to 9:00 PM for dinner, drinks, and good company!
4. **Next Women's Meetup:** Join us at Madtree Parks & Rec at Summer Park in Blue Ash on Thursday, September 25th from 7:30 to 9:00 PM for dinner, drinks, and good company!
5. **Christ Cincy's 1st Birthday BBQ Bash:** Join us as after service as we celebrate our 1-year anniversary of being a church! We will provide the BBQ meat and basic sides as well as a birthday cake. If you'd like, bring a side/dessert to share!

Opening Question – Tell the group who you are (include your family), what you do, and what your favorite free time activity is?

Psalm 131

Leader's Note: Open with a brief prayer, asking God to make the group receptive to His Word. Then invite someone to read the passage aloud. (For longer sections, consider dividing the reading among several people.)

A Song of Ascents. Of David.

- [1] O LORD, my heart is not lifted up;
my eyes are not raised too high;
I do not occupy myself with things
too great and too marvelous for me.
- [2] But I have calmed and quieted my soul,
like a weaned child with its mother;
like a weaned child is my soul within me.

[3] O Israel, hope in the LORD
from this time forth and forevermore.

Discussion Questions

1. Late pastor and author, Charles Spurgeon said that Psalm 131 is “one of the shortest Psalms to read, but one of the longest to learn.” Why do you think humility and trust are often easy to understand, but hard to live out?
 - *Potential Follow-Up Question(s): Where do you see this tension in your own life? What tends to get in the way of humility—pride, fear, distraction, or something else?*
2. In verse 1, David talks about not lifting up his heart or concerning himself with things too great or marvelous. What does it look like in our day to “overreach” or try to control what belongs to God?
 - *Potential Follow-Up Question(s): What emotions (fear, frustration, exhaustion) show up when you carry things that are too heavy? What do you know about the character, nature, and work of God that can help you embody Psalm 131:1 in real life?*
3. Verse 2 uses the picture of a weaned child with its mother. What does this image teach us about peace, contentment, and dependence on God?
 - *Potential Follow-Up Question(s): Can you think of a season where you felt a quiet trust in God like this? What helped you get there?*
4. The psalm ends with a call to all of Israel to hope in the Lord forever. How does moving from personal testimony (v.1–2) to corporate exhortation (v.3) shape the way we think about faith in community?
 - *Potential Follow-Up Question(s): How does your personal trust in God encourage others around you? How might you need encouragement in this moment from those around you? What practices, both individually and in the church, help us remind one another of this shared hope?*
5. What is one area of life right now where you feel restless, proud, or anxious—and how might this psalm invite you to practice humility, quiet trust, and hope in God this week?
 - *Potential Follow-Up Question(s): What would it look like for you to “quiet your soul” in that particular area?*

Prayer

Leader’s Note: Wrap up your time by moving into prayer. Begin by inviting group members to share any requests, especially in light of the categories listed below. When someone

shares, ask if another person would be willing to pray for that request. Then open the group prayer time by asking someone to start and encourage others to pray as they feel led. When it seems like the time is drawing to a close, finish by thanking God for His Word and for the time you've had together.

- In Response to God's Word: What applications stand out from our discussion tonight and how can we pray for one another in light of what God has shown us from his word?
- For "Heart-Level" Concerns: Because real change begins in the heart, how can we pray for each other at a "heart-level"—where trusting God feels hard or where walking closely with Him is a struggle?
- For Personal Requests: What are some personal needs or situations where you'd like prayer?
- For Kingdom Concerns: What are some things going on in our church and in our community that we can be praying for?
- For Those You are Ministering to Personally: Who are some people that you know who aren't following Jesus and how can we be praying for them in hopes that they would come to know and grow in Jesus?