

Rooted Part 1 – Be One Before You Build One

Scripture Focus

Matthew 28:18–20 (AMP)

18 Jesus came up and said to them, “ All authority (all power of absolute rule) in heaven and on earth has been given to Me. 19 Go therefore and make disciples of all the nations [help the people to learn of Me, believe in Me, and obey My words], baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 teaching them to observe everything that I have commanded you; and lo, I am with you always [remaining with you perpetually—regardless of circumstance, and on every occasion], even to the end of the age. ”

Key Theme

This is the Family Mission: to go and make disciples. But before you can make disciples, you must be one. Before you build one, be one.

Section 1: Authority of Jesus

- Jesus declares His absolute authority over heaven and earth.
- To say “ Jesus is Lord ” means:
 1. He owns me and has all authority over me.
 2. I surrender control and trust Him.
 3. I obey His Word as the new standard of my life.

Discussion Question: What does it practically look like to live as though Jesus has authority over your thoughts, choices, relationships, finances, and future?

Reflection Verse: Proverbs 3:5–6

Section 2: The Call to Discipleship

- The mission is not simply evangelism, but discipleship—helping people learn of Jesus, believe in Him, and obey His words.
- Multiplication only works if what ’ s inside of you is real. (Zero multiplied by anything is still zero.)

Discussion Question: Why do you think many people try to “ make disciples ” without first becoming disciples themselves?

Reflection Verse: Luke 6:46

Section 3: Disciples Are Rooted Like Trees

- Psalm 1:3 and Jeremiah 17:7–8 show disciples as trees planted by water.
- Planted vs. Potted Trees:
 - Planted trees send roots deep, withstand storms, and bear fruit.
 - Potted trees look alive but remain shallow, easy to move, and fruitless.

Discussion Questions:

1. In what ways can we deepen our roots in God ' s Word?
2. What storms have revealed whether you are planted or just potted?

Reflection Verses: Psalm 119:11, James 1:23–25

Section 4: Signs of a True Disciple

A disciple ' s life is shaped by God ' s Word in:

- How I speak.
- How I love and serve people.
- How I handle money.
- How I lead my family.
- How I make decisions.

Illustration: Building life without God ' s Word is like putting together IKEA furniture without instructions. It may look okay for a while, but eventually falls apart.

Discussion Question: Which area of your life most needs to be aligned with God ' s Word right now?

Personal Application

1. Root Check: Am I rooted in God ' s Word, or am I potted—moved by every trend, offense, or storm?
2. Lordship Check: Have I truly surrendered every area of my life to Jesus as King?
3. Fruit Check: What kind of fruit am I bearing?

Action Steps:

- Spend intentional daily time in the Word this week.
- Identify one area of life you ' ve kept control of, and surrender it fully to Jesus.
- Share one lesson God has taught you with someone else—start discipling by overflow.

Closing Challenge

Discipleship is not optional. It is the family mission.

- Be rooted.
- Be planted.
- Bear fruit.
- Multiply disciples.

Final Reflection: Matthew 28 ends with this promise— “ I am with you always. ” The King who has all authority goes with us into every conversation, every storm, and every disciple-making opportunity.