

Protect the Throne – Lesson 3

Topic: The Peace of G-D in a World of Chaos

Subtopic: It Won't Get to Me

Anchor Text – John 16:33 (KJV)

“These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.”

Key Definitions

Peace (eirēnē – Greek): wholeness, harmony, well-being, calm that is rooted in Christ, not in circumstances.

Tribulation (thlipsis – Greek): pressure, crushing, distress, affliction.

Be of good cheer (tharseite – Greek): to take courage, be bold, be confident.

Overcome (nenikēka – Greek): victory already secured with continuing effect.

Perfect Peace (shalom shalom – Hebrew, Isaiah 26:3): complete, unbroken peace; multiplied peace.

Guard (phroureō – Greek, Philippians 4:7): to garrison, guard with a military watch.

Imaginations (logismos – Greek, 2 Corinthians 10:5): arguments, reasonings, or mental pictures that rise up against the truth of G-D.

Exegesis Summary

John 16:33: Peace is located in Christ. The world guarantees pressure, but Christ guarantees victory.

Isaiah 26:3: G-D keeps us in multiplied peace when our minds stay on Him.

Philippians 4:7: Peace is like a guard protecting the heart and mind.

Philippians 4:8–9: Peace flows from right thinking and disciplined focus.

2 Corinthians 10:4–5: Peace is defended when we cast down lies, imaginations, and thoughts that challenge the truth of Christ.

Jeremiah 29:11: Even in captivity, G-D promised His people peace and an expected end.

Point 1 – The Source of Peace (Isaiah 26:3; John 16:33)

Peace originates from G-D, not circumstances. Jesus in Gethsemane: peace through surrender, not escape.

Point 2 – The Guard of Peace (Philippians 4:7; John 10:18)

Peace protects like a bodyguard, blocking fear and anxiety. Jesus showed composure under arrest — peace guarded Him.

Point 3 – The Practice of Peace (Philippians 4:8–9; Luke 23:46)

Peace is maintained by thinking on truth, purity, and what glorifies G-D. Jesus practiced peace even on the cross by committing His spirit to the Father.

Point 4 – The Battle for Peace in the Mind (2 Corinthians 10:4–5; Jeremiah 29:11)

The enemy attacks in the mind with fear, lies, and imaginations. We must cast down lies and replace them with G-D's promises. Like Israel in captivity, peace rests in G-D's thoughts toward us — not our current condition.

Reflection Questions

1. What does it mean for peace to be “located in Christ” and not in circumstances?
2. How have you seen the peace of G-D guard your heart in difficult times?

3. What “imaginings” or thought patterns do you need to cast down in your own life?
4. What practical steps can you take this week to “practice peace” in your mind and habits?
5. How does knowing that G-D has “thoughts of peace” toward you change your perspective during trials?

Homework Assignment

Daily Scripture Reading:

- Monday: John 16:33
- Tuesday: Isaiah 26:3
- Wednesday: Philippians 4:7
- Thursday: Philippians 4:8–9
- Friday: 2 Corinthians 10:4–5
- Saturday: Jeremiah 29:11
- Sunday: Review your notes & reflect on the lesson.

Peace Journal: Each day, write down:

- One situation that tried to steal your peace.
- How you responded.
- What Scripture you used to guard your mind.

Application Practice:

- Choose one negative thought pattern this week and intentionally replace it with a Scripture promise. (e.g., replace “I won’t make it” with “I can do all things through Christ”).

Declaration of Peace

The peace of G-D is my inheritance.

It guards my heart.

It governs my mind.

It guides my actions.

No storm, no fear, no lie

Will take my peace.

It won’t get to me!