

Redeeming the Rib: Reclaiming the Glory of Womanhood

A Companion Study Handout

Text Foundation: Genesis 2:21–23; John 19:34 (NASB)

Message Thesis:

This message unveils God's divine intention for womanhood—showing that the rib taken from man was not for subservience but for reflection, relationship, and responsibility. When sin distorted design, Christ redeemed it through His side, restoring the beauty, virtue, and purpose of every woman created in His image.

Key Scriptures:

- Genesis 2:21–23 – God fashions woman from man's rib.
- John 19:34 – Christ's side is pierced, and redemption flows.
- Romans 1:24–26 – The corruption of divine order.
- Proverbs 31:25–30 – The beauty and dignity of a virtuous woman.
- 1 Peter 3:3–4 – Inner beauty that is precious to God.

Main Points:

1. What Was Pulled from Man – The Original Design of Femininity.
2. When the Rib Was Ruined – The Distortion of Design.
3. The War on Femininity – Culture's Counterfeit Image.
4. The Redeemer and the Rib – Christ's Restoration of Womanhood.
5. Reclaiming the Glory – Restoring Womanhood to Worship.

Reflection Questions:

- What does it mean to you personally that God built woman from man's side and not his head or feet?
- In what ways has culture redefined or distorted your understanding of femininity?

- • How has Christ redeemed your identity, worth, and womanhood?
- • What are ways you can model biblical femininity and holiness this week?
- • How can men in the Body of Christ honor the 'rib' in their lives better?

Homework for the Week:

1. Read Genesis 2, Proverbs 31, and 1 Peter 3:1–7 throughout the week.
2. Journal one page each night reflecting on what God reveals about your design and identity.
3. Choose one cultural influence (song, TV show, social media trend) and evaluate how it aligns—or conflicts—with God's design for womanhood.
4. Pray daily: 'Lord, redeem the rib in me—restore tenderness, virtue, and strength in balance.'
5. Encourage one younger woman this week by affirming her God-given value and beauty.

Closing Reflection:

When God redeems the rib, He restores the reflection of His glory on earth. When womanhood is holy again, the world begins to see Heaven again.