

## REWARDS OF FASTING

1. It brings you into a deeper, more intimate and powerful relationship with God
  - a. Fasting is like Spring cleaning, it removes the clutter  
Psalm 47;2
  - b. Our Perspective Changes  
Psalm 34;3

**Text: Isaiah 58;6,7,8,12**

Vs.6

2. A. Loose the Bands of Wickedness
    - B. Undo Heavy Burdens
    - C. Let the oppressed Go Free
    - D. Break Every Yoke
- Vs. 7
3. Give bread to the Hungry and provide the poor with housing

Vs.8

4. You will see clearly and understanding will come
5. You healing will spring forth speedily
6. And your righteousness will go before you
7. The Glory of the Lord will be your rear guard

Vs 12

8. Break generational curses

FASTING IS HUMBLING YOURSELF SO WE CAN EXPECT GRACE FOR THIS FAST