LESSON 7: Learning to Count

(Philipplans 3:1-11)

Circumstances and people can rob us of Jo	y, but so can things. Paul deals with this
in Chapter Three. It is	s Important to view the total message of this chapter
before examining it In detail, as follows:	
• Paul's Past, the accountant - "I c	count," new values
• Paul's Present, the athlete - "I pr	ress," new vigor
• Paul's Future, the alien - "I look,	" new vision
Paul is describing the spiritual mind. In <i>Phil</i>	lippians 3:18 and 19, he speaks of those Christians
who "	," but then in verse 20 he talks of the believer
who "	" You will recall that the
city of Philippi was actually a Roman Colon	y—a "Rome away from Rome." In the same sense
God's people make up a colony of heaven	on earth. Verse 20 says, "Our citizenship Is in
heaven." We should look at earth from hea	iven's point of view.
The KEY WORD In <i>Philippians 3:1-11</i> is CO	OUNT. Refer to <i>Philippians 3:7,8 and 13</i> . Two
different Greek words are used, but the bas	sic idea is the same: to evaluate,
"The unexamined lif	fe is not worth living," said Socrates, yet few sit
down to consider seriously the	that control their decisions and direction.
Today's people are the slaves of "things" a	nd so do not experience Christian joy. It is easy to

get wrapped up not only in the "things" we can see but also in the Intangible things such as

reputation, fame and a	achievement. Paul writes about "	what things were gain to him" in verse		
7. In verse 13 he ment	ions "things which are behind an	nd things which are before."		
In Paul's case, the things he lived for before he knew Christ seemed to be commendable:				
		But none of		
these things satisfied h	nim or gave him acceptance with	God. Like most religious people today,		
Paul had enough mora	ality to keep him out of trouble, b	out not enough righteousness to get him		
into heaven. These "_		kept him from Jesus. He had		
to lose his	to find salvation. After	Saul met Jesus, his values changed.		
When he evaluated his	s wealth, he discovered that, apa	art from Jesus Christ, everything he lived		
for was only refuse.				
Paul explains that there	e are only two kinds of righteous	ness, or spiritual wealth: works-		
righteousness or faith-	righteousness. Only	is acceptable		
to God.				
But he gained so n	nuch more:			
1. The knowle	dge of Christ (v. 8). This is a	knowledge of Him.		
2. The righted	ousness of Christ (v. 9). He discove	rered that his sins had been put to		
Christ's acc	ount on the cross, and Christ's _	had been put to his		
	(2 Corinthians 5:21)			
3. The fellows	hip of Christ (verses 10-11). Whe	en he became a Christian, it was not the		
end of his li	ife but the real beginning.			

4. He also learned his life could be a painful experience as he discovered the "fellowship of His suffering," learning how to lay down his life that others might receive from, God through him.

Nc	ow we look at PAUL THE ATHLETE: <i>Philippians 3:12-16</i> . In his letters Paul uses many
illu	strations from the world to communicate truth about the Christian life. Four are
pro	ominent: ("Put on the armor of God" <i>Ephesians 6:11-18</i>);
	, 1 Corinthians 3:9;, Galatians 5:6;
	Philippians 3:12-16. The verb, "reaching forth," in verse 13 literally
me	eans ""
Wł	nat are the essentials for winning the race and receiving the reward?
1.	Dissatisfaction (Philippians 3:12-13a): "Not as though I had already attained " This
	is the statement of a great Christian who never permitted himself to be satisfied with his
	He was satisfied with Jesus (Philippians
	3:10), but he was not satisfied with his Christian life. A sanctified dissatisfaction is the
	first essential to progress in the Christian race. (Do not confuse this dissatisfaction with
	competition with others.)
2.	Devotion (<i>Philippians 3:13a</i>): "this one thing I do" Too many Christians are too
	involved in "many things," when the secret of progress is to concentrate on "one
	thing."
3.	Direction (Philippians 3:13b): "Forgetting those things which are behind" It means
	"to no longer
	means that we break the power of the past by living for the future. Too many Christians

	are shackled with regrets of the past. They are trying to run the race
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4.	Determination (Philippians 3:14): "I press" This same verb is translated "follow
	after" in verse 12, and it carries the idea of
	The Greeks used it to describe a hunter eagerly pursuing his prey. There are two
	extremes to avoid here: 1 , and/or 2
	The Christian runner with the spiritual
	mind realizes that God must work in him if he is going to win the race.
	(John 15:5). Toward what goal is the runner pressing with such spiritual determination?
	"The mark for the prize of the high calling of God in Christ Jesus" (<i>Philippians 3:14</i>).

5. Discipline (*Philippians 3:15-16*): "Let us walk by the same rule." It is not enough to run hard and win the race. The runner must also obey the rules. In verses 15-16 Paul emphasizes the Importance to Christians of remembering the "spiritual rules" laid down in the Word. Paul has this idea in mind in 1 Corinthians 9:24-27: "Any man who enters an athletic contest practices rigid self-control in training." His concern is not what spectators think but what the judges rule.

It is exciting to run the race "looking unto Jesus." It will be even more exciting when we experience that "upward calling," and Jesus returns to take us to heaven.