

# FIGHTING LIFE'S BATTLES

by Dr. John Polis

## PSALMS 144:1-2

Blessed *be* the Lord my Rock, Who trains my hands for war, *And* my fingers for battle—  
<sup>2</sup> My lovingkindness and my fortress, My high tower and my deliverer, My shield and  
*the One* in whom I take refuge, Who subdues <sup>[a]</sup>my people under me.

Life contains many battles, spiritual, mental, physical, financial, social, global. The Good News is that you are destined by God to win them all. **1 CORINTHIANS 15:57** (listen to No Weapon on the app, Read Five Battles Every Christian Must Win). The Bible among other things is a handbook for battle.

## 1 CORINTHIANS 15:57

But thanks *be* to God, who gives us the victory through our Lord Jesus Christ.

There are several things you must know to experience total victory in life's battles.

## NUMBER 1. There Is An Enemy.

A. The enemy of God and Man is Satan and all his cohorts.

### EPHESIANS 6:10-12

Finally, my brethren, be strong in the Lord and in the power of His might.  
<sup>11</sup> Put on the whole armor of God, that you may be able to stand against the  
wiles of the devil. <sup>12</sup> For we do not wrestle against flesh and blood, but  
against principalities, against powers, against the rulers of the darkness of  
this age, against spiritual *hosts* of wickedness in the heavenly *places*.

B. He has a threefold agenda.

### JOHN 10:10

The thief does not come except to steal, and to kill, and to destroy. I have  
come that they may have life, and that they may have *it* more abundantly.

C. The Good News is he has no authority over the redeemed believer.

### COLOSSIANS 1:13

He has delivered us from the power of darkness and <sup>[a]</sup>conveyed *us* into the  
kingdom of the Son of His love,

D. The believer has authority over the devil.

**LUKE 10:17-19**

Then the seventy returned with joy, saying, "Lord, even the demons are subject to us in Your name." <sup>18</sup>And He said to them, "I saw Satan fall like lightning from heaven. <sup>19</sup>Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.

## NUMBER 2. You Are Not Alone.

A. 3rd Person of the Godhead is your **constant companion**.

**JOHN 14:16-17**

And I will pray the Father, and He will give you another <sup>[a]</sup>Helper, that He may abide with you forever— <sup>17</sup>the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you.

B. Comforter, Advocate, Intercessor, Counselor, Strengtheners, Standby.

**JOHN 16:7 NKJV**

Nevertheless I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you.

**JOHN 16:7 AMP**

But I tell you the truth, it is to your advantage that I go away; for if I do not go away, the Helper (Comforter, Advocate, Intercessor—Counselor, Strengtheners, Standby) will not come to you; but if I go, I will send Him (the Holy Spirit) to you [to be in close fellowship with you].

C. Learn to fellowship With Him.

**2 CORINTHIANS 13:14**

The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen.

**EPHESIANS 4:23-32**

and be renewed in the spirit of your mind, <sup>24</sup>and that you put on the new man which was created according to God, in true righteousness and holiness. <sup>25</sup>Therefore, putting away lying, "Let each one of you speak truth with his neighbor," for we are members of one another. <sup>26</sup>"Be angry, and do not sin": do not let the sun go down on your wrath, <sup>27</sup>nor give place to the devil. <sup>28</sup>Let him who stole steal no longer, but rather let him labor, working

with *his* hands what is good, that he may have something to give him who has need. <sup>29</sup> Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. <sup>30</sup> And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. <sup>31</sup> Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. <sup>32</sup> And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

D. Holy Spirit walked with Jesus, He now walks with the New Man in Christ.

## NUMBER 3. Your Weapons Are Superior.

### **2 CORINTHIANS 10:3-5**

For though we walk in the flesh, we do not war according to the flesh. <sup>4</sup> For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, <sup>5</sup> casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

A. Gifts of Holy Spirit

### **1 CORINTHIANS 12:7-11**

But the manifestation of the Spirit is given to each one for the profit *of all*: <sup>8</sup> for to one is given the word of wisdom through the Spirit, to another the word of knowledge through the same Spirit, <sup>9</sup> to another faith by the same Spirit, to another gifts of healings by the same Spirit, <sup>10</sup> to another the working of miracles, to another prophecy, to another discerning of spirits, to another *different* kinds of tongues, to another the interpretation of tongues. <sup>11</sup> But one and the same Spirit works all these things, distributing to each one individually as He wills.

B. Sword of the Spirit.

### **EPHESIANS 6:17-18**

And take the helmet of salvation, and the sword of the Spirit, which is the word of God; <sup>18</sup> praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints

## NUMBER 4. The Training Camp.

A. The Local Church

B. Trainers.

**HEBREWS 13:7**

Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of *their* conduct.

**1 TIMOTHY 1:18**

This charge I commit to you, son Timothy, according to the prophecies previously made concerning you, that by them you may wage the good warfare,

- C. Jesus was a Trainer, not just a Teacher.
- D. Selection, Instruction, Observation, Delegation, Correction, Ordination.
- E. Ready to be a trainer of others.

**2 TIMOTHY 2:1-4**

You therefore, my son, be strong in the grace that is in Christ Jesus. <sup>2</sup>And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also. <sup>3</sup>You therefore must endure<sup>[a]</sup> hardship as a good soldier of Jesus Christ. <sup>4</sup>No one engaged in warfare entangles himself with the affairs of *this* life, that he may please him who enlisted him as a soldier.