

The Blessed Life

P1 - The Choice Is Yours

by Dr. John Polis

NUMBER 1. God Choose to Bless man

GENESIS 1:26-28

Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth."

²⁷ So God created man in His *own* image; in the image of God He created him; male and female He created them. ²⁸ Then God blessed them, and God said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth."

"empowerment" for fruitfulness, multiplication, dominion or rulership. God's will for man has not changed.

A. He gave man a choice to choose blessing or cursing.

DEUTERONOMY 30:19

I call heaven and earth as witnesses today against you, *that* I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live;

B. Life is not "whatever will be will be."

NUMBER 2. God Blessed man by speaking over him. (How God Blesses Man).

A. The empowerment is in what God has spoken about you. Hebrews understood it.

GENESIS 27:27

And he came near and kissed him; and he smelled the smell of his clothing, and blessed him and said: "Surely, the smell of my son *is* like the smell of a field Which the Lord has blessed.

B. The power is in His Word.

HEBREWS 4:12

For the word of God *is* living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.

C. Mary the mother of Jesus choose to believe God's Word.

LUKE 1:37-38

For with God nothing will be impossible." ³⁸ Then Mary said, "Behold the maidservant of the Lord! Let it be to me according to your word." And the angel departed from her.

LUKE 1:45

Blessed *is* she who believed, for there will be a fulfillment of those things which were told her from the Lord."

D. Mary the sister of Martha choose the Word.

LUKE 10:40-42

But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me." ⁴¹ And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. ⁴² But one thing is needed, and Mary has chosen that good part, which will not be taken away from her."

E. David choose. I'm taking my advice, stand, position from the Word.

PSALM 1:1-2

Blessed *is* the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; ² But his delight *is* in the law of the Lord, And in His law he meditates day and night.

NUMBER 3. Choose Your Words.

A. Blessing or cursing. (not talking about vulgarity)

JAMES 3:3-11

Indeed, we put bits in horses' mouths that they may obey us, and we turn their whole body. ⁴ Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires. ⁵ Even so the tongue is a little member and boasts great things. See how great a forest a little fire kindles! ⁶ And the tongue *is* a fire, a world of iniquity. The tongue is so set among our members that it defiles

the whole body, and sets on fire the course of nature; and it is set on fire by hell. ⁷For every kind of beast and bird, of reptile and creature of the sea, is tamed and has been tamed by mankind. ⁸But no man can tame the tongue. *It is* an unruly evil, full of deadly poison. ⁹With it we bless our God and Father, and with it we curse men, who have been made in the similitude of God. ¹⁰Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so. ¹¹Does a spring send forth fresh *water* and bitter from the same opening?

B. "For this answer, saying."

MARK 7:24-30

From there He arose and went to the region of Tyre and Sidon.^[a] And He entered a house and wanted no one to know *it*, but He could not be hidden. ²⁵For a woman whose young daughter had an unclean spirit heard about Him, and she came and fell at His feet. ²⁶The woman was a Greek, a Syro-Phoenician by birth, and she kept asking Him to cast the demon out of her daughter. ²⁷But Jesus said to her, "Let the children be filled first, for it is not good to take the children's bread and throw *it* to the little dogs." ²⁸And she answered and said to Him, "Yes, Lord, yet even the little dogs under the table eat from the children's crumbs." ²⁹Then He said to her, "For this saying go your way; the demon has gone out of your daughter." ³⁰And when she had come to her house, she found the demon gone out, and her daughter lying on the bed.

PROVERBS 15:23

A man has joy by the answer of his mouth, And a word *spoken* in due season, how good *it is!*

PROVERBS 18:20-21

A man's stomach shall be satisfied from the fruit of his mouth; *From* the produce of his lips he shall be filled. ²¹Death and life *are* in the power of the tongue, And those who love it will eat its fruit.

NUMBER 4. Jesus taught the Power of Words.

A. "idle - unemployed" Are your words working for you.

MATTHEW 12:36-37

But I say to you that for every idle word men may speak, they will give account of it in the day of judgment. ³⁷For by your words you will be justified, and by your words you will be condemned."

B. Good ground brings forth words, seed reproduces after its kind.

LUKE 8:15

But the ones *that* fell on the good ground are those who, having heard the word with a noble and good heart, keep *it* and bear fruit with patience.

C. What ever you are full of will come out.

LUKE 6:45

A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart brings forth evil. For out of the abundance of the heart his mouth speaks.

NUMBER 5. Faith works by "believing with the heart and speaking with the mouth."

A. Full of faith

2 CORINTHIANS 4:13

And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak,

B. Caleb

NUMBERS 13:30

Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it."

NUMBERS 14:24

But My servant Caleb, because he has a different spirit in him and has followed Me fully, I will bring into the land where he went, and his descendants shall inherit it.

JOSHUA 14:10-13

And now, behold, the Lord has kept me alive, as He said, these forty-five years, ever since the Lord spoke this word to Moses while Israel wandered in the wilderness; and now, here I am this day, eighty-five years old. ¹¹ As yet I *am* as strong this day as on the day that Moses sent me; just as my strength *was* then, so now *is* my strength for war, both for going out and for coming in. ¹² Now therefore, give me this mountain of which the Lord spoke in that day; for you heard in that day how the Anakim *were* there, and *that* the cities *were* great *and* fortified. It may be that the Lord *will be* with me, and I shall be able to drive them out as the Lord said." ¹³ And Joshua blessed him, and gave Hebron to Caleb the son of Jephunneh as an inheritance.