

FROM THE INSIDE OUT

Part 2: The Prosperous Mind | Ps. Donna Taylor | 03.15.26

3 John 2 NKJV

Real prosperity isn't just about what is in your hand, it is about what is happening in your soul. Jesus wants us to have a healthy soul and that begins with changing how I think.

1. CATCH IT

- We can not have a positive life with a negative mind!
- A. We must intentionally monitor and evaluate our thoughts. **2 Corinthians 10:3-5 NIV**
- B. Compare and replace them with the word of God.
- This is part of learning how to walk in the Spirit. Before we come to Jesus we are used to making all of our own decisions. Walking in the Spirit is the process of learning how to give the Lord a place in our lives. Today we will learn how to give Him our thoughts and attitudes.
- “Attitudes are contagious, is yours worth catching?”

2. CHECK IT

- Let's do a mental inventory by looking at some negative attitudes that may be holding us back.

A. AM I CRITICAL

- Do I usually seem to see what was wrong instead of what was right. Am I too generous in sharing my negative opinions and outlooks with others? Do I see myself through rose colored glasses, and others through a magnifying glass. This stems from pride.

B. COMPLAIN AND REMAIN *Philippians 2:14-15 AMPC*

- The Israelites complain in the wilderness and and 11 day journey took them 40 years. We must develop an attitude of gratitude. Replace 'I have to' with "I get too."

C. IMPATIENCE

- Patience is not the ability to wait, but the ability to keep a good attitude while I am waiting. Impatience is also a fruit of pride. *Colossians 3:12 AMPC*
- Many Christians are unhappy in the world simply because they are so busy trying to make something happen, instead of waiting on God. The enemy likes to pound on your mind demanding that you do something, make something happen. He wants to move you in fleshly zeal, because he knows that the flesh profits nothing. *1 Peter 5:6 AMPC*

D. WHAT IF'S

- THE LAND OF IF. ALWAYS THINKING THINGS WOULD BE BETTER IF...

E. SELF PITY

- THE LAND OF SELF PITY.

- Thinking every one else's life is better or easier than mine. It is a form of idolatry, obsessing about me and my feelings. You can become addicted to it and waste many years feeling sorry for yourself.

F. JEALOUSY

- Self pity can turn into envy and jealousy. ***Proverbs 14:30 AMPC***
- These are just a few of the many examples of wrong thinking, thank God there is help. We can turn the ship around.

3. CHANGE IT

- So how do we control the thousands of thoughts that enter our mind each day?
Proverbs 23:7 NIV
- Know my enemy. Not all thoughts are mine. Replace the lies of the enemy with God's truth, by allowing God's spirit to govern your mind. ***Romans 8:6 NIV***
- This process is called renewing the mind and is a vital part of walking in the Spirit. ***Romans 12:2 NIV***
- We can change the course of our lives by catching it, checking it, and changing it. ***Philippians 4:8 NIV***
- Then we can have a prosperous mind. ***Joshua 1:8 NIV***
- IF YOU WANT A POSITIVE LIFE YOU MUST HAVE A POSITIVE MIND. START TODAY!