

THE TVNB TIMES

TRUE VINE NEW BETHEL MISSIONARY BAPTIST CHURCH

2639 NORTH THOMAS AVENUE, MINNEAPOLIS, MN 55411

PASTOR'S TEACHING CORNER

There is Power in Fasting and Praying - Mark 9:25-29

When Jesus saw that a crowd was running to the scene, he rebuked the impure spirit. "You deaf and mute spirit," he said, "I command you, come out of him and never enter him again." 26 The spirit shrieked, convulsed him violently and came out. The boy looked so much like a corpse that many said, "He's dead." 27 But Jesus took him by the hand and lifted him to his feet, and he stood up. 28 After Jesus had gone indoors, his disciples asked him privately, "Why couldn't we drive it out?" 29 He replied, "This kind can come out only by prayer."

Pastor Hightower preached part two of the sermon *There is Power in Fasting and Praying*. By way of background, a young boy had a demon. The disciples could not cast out the demon. When Jesus showed up on the scene, He immediately cast it out. The disciples asked Him why they could not. Jesus said, this kind can only be cast out through fasting and praying. Pastor Hightower shared 4 points while explaining the context of the story.

1. The disciples were guilty of false advertisement, and sometimes we are guilty of that when we say we are a Christian and do unchristian things.
2. When Jesus shows up, things change; things should get better; things should improve.
3. Jesus communicates with us in two ways: sometimes He suggests things to us, sometimes He commands things of us.
4. Jesus reached down and took us by the hand.

JULY FRIDAY PRAYER

Join the TVNB Congregation this month for Fasting Friday. If possible, please fast from Friday morning until noon. If you must eat before noon for medical reasons, please do so. Otherwise, join me in praying that we trust God enough to know that, when fasting, we have the resources Jesus used during His fast: the Word of God.

Dear Heavenly Father, help us to understand that you have given us the resources we need to get through a dedicated period of fasting, your word. Everything that we need is located in your Word. Help us to rely on the words of Ezra 8:23, So we fasted and petitioned our God about this, and He answered our prayer.

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Bible Study

Pastor Hightower concluded his two-month study on Fasting. The final class was used to complete a checklist of do's and don'ts for fasting. Travel down to page 2 for a full list of suggestions for fasting.

***Bible Study Recap Continues on Page 2 ...
Join the Bible Study Crew this Wednesday at 7pm!***

Birthdays & Anniversaries

July

- 1 Lashonnya Washington
- 2 Sa'nae Neson
- 3 Luana Steele
- 5 Brintnie Printup
- 6 Tara Crofford
- 7 Charmaine Manuel
- 9 Hillary Thomas IV
- 10 Emery Lane
- 11 Braylen Lane & Kevin Jackson
- 16 Chance Hawkins
- 23 Shakya Bates, Terry Chapman & Keith Chamber
- 24 Jesse Boyd
- 25 Blessing Middleton
- 27 Brandon Cates & Quinn Green
- 29 Regina Hargon, 1st Lady Beverly Hightower, Bennie Lindsey & Jedale Smith
- 31 Priscilla Simmons



Anniversary

- 16 Deacon Hillary and Pam Thomas
- 7 Carleon and Alecia Rush

Happy birthday & anniversary to our members celebrating another year of life & matrimony!



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NEWS & NOTES FROM THE WEEK

Sunday Service

The heat didn't keep the TVNB Family at home on Sunday, as we were blessed with a nice crowd including **3 visitors!** We also extended a big TVNB congratulations to **Aleah Williams**, as she was baptized on Sunday. The entire church family is asked to pray for Ms. Williams as she begins her Christian journey.

We are grateful for all that worshipped with us this past Sunday! Churches around the country see attendance and their tithes and offerings slip during the summer months, and we thank you for continuing to prioritize and balance attending church amongst summer vacations, school break and other celebrations and life happenings. We pray that your attendance was not in vain. Hebrew chapter 10 verses 24 and 25 states, *In light of what Jesus did, let us pursue the community of God's people. And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.*

Our total contribution from tithes and offerings this week was \$4,324.27 and July 19th was \$2,148. We thank you all for making it a great Sunday at TVNB and for your support in building our church kingdom!



Bible Study Continued

- Step One: Determine Why You are fasting; what is going on?
- Step Two: Don't Put Your Health at Risk
- Step Three: Plan Your Fast
- Step Four: Schedule Some Time To Pray.
- Step Five: Determine the Type of Fast Upfront.
- Step Six: Eat Healthily Before and After.
- Step Seven: Begin With Confession, Dedication, and Prayer
- Step Eight: Write It Down
- Step Nine: Plan for Side Effects
- Step Ten: Close Your Fast with Thanksgiving.

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Upcoming Events

- August 2: Communion Sunday
- Month of August: No Bible Study



Corporate Prayer Line

The prayer line is live daily at 7:14am and 9:15pm. To join, please call **516.253.3725**. All are welcome.

Prayer Line Etiquette

- To limit additional sounds, please mute your phone when you are not speaking.
- Please do not utilize speaker phone while on the prayer line as the sound is not always clear to others.

Please keep our Sick & Shut-in members in your prayers....

- Sis. Dorothy Albritton • Sis. Bettie Jones
- Mother Adams • Mother Rosia Jones
- Mother Burkhalter • Mother Posey
- Sis. Louise Evans • Mother Smith

If you know someone that should be included on this list, please let Sis. Griffin know at 612.522.8485.

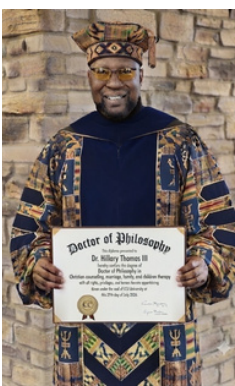
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NEWS & NOTES FROM THE WEEK CONT.

Congratulations Deacon Hillary Thomas

As the Bible says, the steps of a good man are ordered by the Lord. Well, Deacon Thomas has been stepping. He has stepped from Natchez, MS to Minneapolis, from the classroom, now to the clinic, and from servant to Doctor Deacon Thomas III. This is what it looks like when you walk by faith, lean into purpose, and live a life completely poured out in service to God and His people. Congrats, Deacon Thomas on this achievement!



2026 TVNB Theme: Standing on the Promises of God

By which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire. (2nd Peter 1:4)

Pastor Hightower's Prayer for 2026

- That God sees fit to bring us closer together as a congregation.

Do You Have News to Share?

If you have an update or a bit of good news that you would like to share with your church family, please let us know. Recent travels, special recognition, or a child excelling in school, make sure to tell us so we can spotlight you in the newsletter! Also, please let us know your birthday to ensure it is included in our monthly Birthday Posting.

Electronic Giving

TVNB is no longer able to accept CashApp. If you would like to give electronically we recommend that you use our online giving option at tvnbcchurch.com/give. Thank you for supporting TVNB!

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TVNB Contacts

Leadership

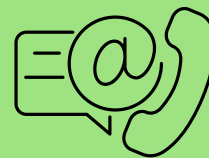
- **Pastor, Rev. Dr. Clarence Hightower:** 612.251.9496
- **Asst. Pastor, Debra Messenger:** 651.315.5466
- **Asst. Pastor, James Lane:** 612.270.3825
- **Chair, Trustees Board, Sharon Polk:** 952.239.4283
- **Chair, Deacons Board, Equella Oliver:** 612.282.4096

Email

- hello@tvnbcchurch.com

Website & Virtual Services

- www.tvnbcchurch.com



Tithes & Giving



We believe that God calls us to be generous and joyful givers of our time, talent and treasures. It is our hope to combine our gifts to multiply the presence of our church and be a resource to our community.

If you are unable to submit your tithes in-person, please feel free to utilize our digital option at tvnbcchurch.com/give.

TVNB Church App.

Stay connected with TVNB with our church app! Download our free mobile app to:

- Receive church notifications
- Pay tithes digitally
- Watch services online
- View the Bible on your smart phone



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