

THE TVNB TIMES

TRUE VINE NEW BETHEL MISSIONARY BAPTIST CHURCH

2639 NORTH THOMAS AVENUE, MINNEAPOLIS, MN 55411

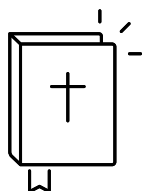
PASTOR'S TEACHING CORNER

Sunday's Sermon: You are the Lifter of My Head - *Psalms 121, Verses 1 and 2*

*121 I will lift up mine eyes unto the hills, from whence cometh my help.²
My help cometh from the Lord, which made heaven and earth.*

Pastor Hightower shared three reasons that we should be all in with God.

1. He's my Stability (³He will not suffer thy foot to be moved)
2. He's my Shade (⁵The Lord is thy keeper: the Lord is thy shade upon thy right hand)
3. He's my Security (⁷The Lord shall preserve thee from all evil: he shall preserve thy soul)



PASTOR'S SPOTLIGHT

Every Friday --- Fasting and Praying

Join the TVNB Congregation this week for Fasting Friday. If possible, please fast from the time you wake up on Friday morning until noon. If you must eat before noon for medical reasons, please do so. Otherwise, join me as I ask God to look in on our TVNB Family. As we pray, we want to set aside the month of October and ask God, "to help us be all in with Him and His plan".

God said in Galatians 2:20, I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live is the body, I live by faith in the Son of God, who loved me and gave Himself for me.

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Bible Study

Pastor Hightower continued his *I am All In* series. This series explores our commitment to God and the theme scripture *Galatians 2:20*.

One way we will change is that giving back will become part of our service.

Bible Study Recap Continued on Page 3

Birthdays & Anniversaries

October

- 2nd Giovanni Montoya & Zaryah Madison
- 4th Davion Ford
- 6th Ja'Nelle Mix
- 10th Melanie McKay
- 11th Carleon Rush Sr.
- 16th Aalayah Tolliver & Angela Spinks
- 17th Gina Gill
- 21st Patricia Larkin
- 23rd Dorothy Singleton & Rodger Newell
- 24th Joshua Ross
- 28th Brenda Richardson
- 31st Aliesha Newell



Anniversary

- 4th Eric and Sylvia Jones

Happy birthday & anniversary to our members celebrating another year of life & matrimony!

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NEWS & NOTES FROM THE WEEK

Sunday at TVNB

This past Sunday we were blessed to welcome back Sister Chelsea Mix to the TVNB Family. We are excited to have Sis. Chelsea back worshipping with us!

TVNB Happenings

- The TVNB **Deaconsess** along with **Deacons Jesse and Tim** hit the road again for special visits. Their stops included chats with **Mother Adams** and **Mother Evans**. Reports suggest that everyone had a great time!



- Brother Eric** and **Sister Sylvia Jones** celebrated their wedding anniversary with a trip to Dallas! The young couple's trip included time with their grandchildren as well. They had a great time!



- You are invited to join Sister Lesa Elliott and Family** this **Saturday, Oct. 11th** for the **National Kidney Foundation Walk!**

Registration began at 9am, followed by the walk at 10am. The walk will be at Allianz Stadium (400 Snelling Ave. N, St Paul). If you can't make the event, you can give online at the National Kidney Walk as well.



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Upcoming Events

- No Events*



Corporate Prayer Line

The prayer line is live daily at 7:14am and 9:15pm. To join, please call **516.253.3725**. All are welcome.

Prayer Line Etiquette

- To limit additional sounds, please mute your phone when you are not speaking.*
- Please do not utilize speaker phone while on the prayer line as the sound is not always clear to others.*

Please keep our Sick & Shut-in members in your prayers....

- | | |
|-----------------------|---------------------------------|
| • Mother Adams | • Sis. Louise Evans |
| • Mother Posey | • Sis. Bettie Jones |
| • Mother Smith | • Sis. Dorothy Albritton |

If you know someone that should be included on this list, please let Sis. Griffin know at 612.522.8485.

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NEWS & NOTES FROM THE WEEK CONT.

October is Breast Cancer Awareness Month

TVNB will be honoring Breast Cancer Awareness Month all month long. If you would like to recognize a loved one that was impacted by breast cancer we invite you to share their picture on the bulletin board to honor our angels and survivors.

Bible Study Continued...

We learned that there is a four-part definition for giving back. They are:

1. Offering your wealth, time, and service to God and those in need, reflecting gratitude for His blessings and a willingness to serve others out of love.
2. A spirit of generosity and selflessness, seen in the Old Testament through tithes and offerings and in the New Testament as a joyful, voluntary act of worship.
3. Acknowledgement of God's ultimate ownership of all things.
4. Demonstration of faith by sharing your resources, rather than hoarding them for oneself.

Keep on Praying

One thing we know as Christians is that there is power in praying. Have you ever thought about what it means to pray? Prayer refers to the perceived spiritual, mental, and emotional benefits experienced by individuals who pray. The benefits of praying include:

- Increased peace and hope.
- Reduced stress and anxiety.
- A deeper connection to God.

Scientific studies show that regular prayer practices are linked to better mood, reduced stress, greater emotional resilience, and the ability to function as a positive coping mechanism.

Prayer is the main way we commune with God, by expressing devotion, seeking guidance, and transforming our character and life circumstances.

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TVNB Contacts

Leadership

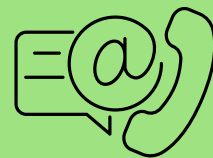
- **Pastor, Rev. Dr. Clarence Hightower:** 612.251.9496
- **Asst. Pastor, Debra Messenger:** 651.315.5466
- **Asst. Pastor, James Lane:** 612.270.3825
- **Chair, Trustees Board, Sharon Polk:** 952.239.4283
- **Chair, Deacons Board, Equella Oliver:** 612.282.4096

Email

- hello@tvnbchurch.com

Website & Virtual Services

- www.tvnbchurch.com



Tithes & Giving



We believe that God calls us to be generous and joyful givers of our time, talent and treasures. It is our hope to combine our gifts to multiply the presence of our church and be a resource to our community.

If you are unable to submit your tithes in-person, please feel free to utilize our digital option at tvnbchurch.com/give.

TVNB Church App.

Stay connected with TVNB with our church app! Download our free mobile app to:

- Receive church notifications
- Pay tithes digitally
- Watch services online
- View the Bible on your smart phone



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