

RELATIONSHIP RULES

Learn to Let Go

Sunday, March 8, 2026 | Tommy Duke
First Baptist Church of Garden City

Memory Verse:

“...be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.” – Ephesians 4:32

Relationship Rules:

#1: Love Like Jesus (Love)

#2: Lay Aside My Pride (Humility)

#3: Don't Be Selfish (Service)

#4: Your Patience is Appreciated (Patience)

#5: Be Faithful Always (Faithfulness)

#6: Show How You Feel (Affection)

#7: _____ (Forgiveness)

Some Things I Might Need to Let Go of...

- | | |
|----------------------------|------------------------|
| ❖ Irritating Habits | ❖ Broken Relationships |
| ❖ _____ | ❖ _____ |
| ❖ Hurtful Words | ❖ _____ |
| ❖ Unfulfilled Expectations | ❖ Abuse |

HOW TO FORGIVE THOSE CLOSEST TO ME

1. REMEMBER _____.

“Come now, let’s settle this,” says the Lord. “Though your sins are like scarlet, I will make them as white as snow. Though they are red like crimson, I will make them as white as wool” – Isaiah 1:18

(Jesus) *“Then the king called in the man he had forgiven and said, ‘You evil servant! I forgave you that tremendous debt because you pleaded with me. Shouldn’t you have mercy on your fellow servant, just as I had mercy on you?’ Then the angry king sent the man to prison to be tortured until he had paid his entire debt. ‘That’s what my heavenly Father will do to you if you refuse to forgive your brothers and sisters from your heart.’”* – Matthew 18:32-35

2. RECOGNIZE _____.

“...Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.”
– Hebrews 12:15

3. RELEASE _____.

“Never pay back evil with more evil ... Dear friends, never take revenge. Leave that to the righteous anger of God. For the Scriptures say, ‘I will take revenge; I will pay them back,’ says the Lord.”
– Romans 12:17, 19

4. RE-ESTABLISH _____ (AS MUCH AS POSSIBLE).

“Do all that you can to live in peace with everyone.”
– Romans 12:18

5. REPEAT _____.

“Then Peter came to him and asked, ‘Lord, how often should I forgive someone who sins against me? Seven times?’ ‘No, not seven times,’ Jesus replied, ‘but seventy times seven!’” – Matthew 18:21-22

“Make allowance for each other’s faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.” – Colossians 3:13

MY NEXT STEP TODAY IS TO:

- Memorize Ephesians 4:32.
- Please pray for me this week as I choose to forgive _____.
- Secure my spot at next Sunday’s Membership Class – right after church (lunch provided).
- Learn more about getting Baptized in two weeks (Sunday, March 22).

* You’re invited to join us next Sunday, March 15, as we begin our new teaching series, *Crushed for Our Sins*, as we lead up to Easter Sunday, April 5. Invite your friends and family to attend with us next Sunday at 11:00am!



Bible verses are from the New Living Translation (NLT) unless otherwise noted.

Scan the QR Code on the left to connect with FBC Garden City on the YouVersion Bible app.

First Baptist Church of Garden City
www.FBCGC.net | 912-964-1448
35 Nelson Avenue, Garden City, GA 31408

