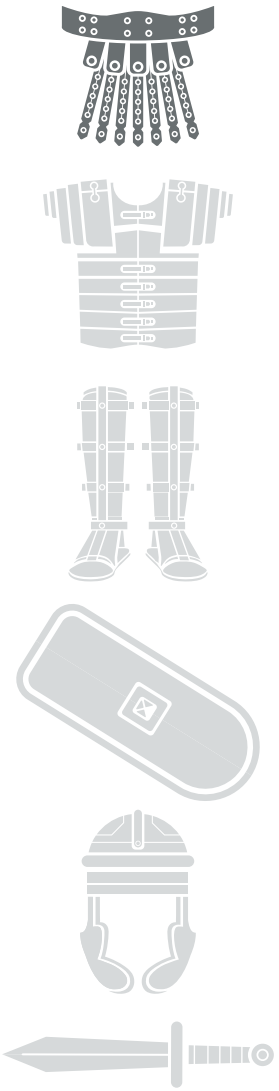
THE ARMOR EXPERIENCE

Becoming Fully Dressed in the Armor of God

EPHESIANS 6



HEAVENLY REALMS. 13 THEREFORE PUT ON THE FULL ARMOR OF GOD, SO THAT WHEN THE DAY OF EVIL COMES, YOU MAY BE ABLE TO STAND YOUR GROUND, AND AFTER YOU HAVE DONE EVERYTHING, TO STAND.

14 STAND FIRM THEN, WITH THE BELT OF TRUTH BUCKLED AROUND YOUR WAIST, WITH THE BREASTPLATE OF RIGHTEOUSNESS IN PLACE, 15 AND WITH YOUR FEET FITTED WITH THE READINESS THAT COMES FROM THE GOSPEL OF PEACE. 16 IN ADDITION TO ALL THIS, TAKE UP THE SHIELD OF FAITH, WITH WHICH YOU CAN EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE. 17 TAKE THE

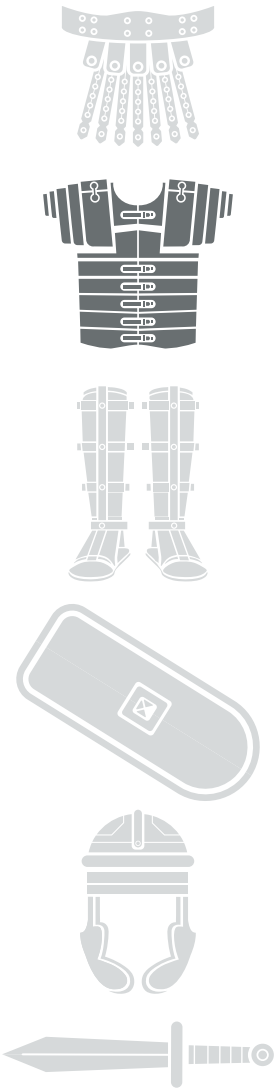
Belt of Truth

What is truth? Today it seems subject to personal preference, but can you imagine the absolute mess our Earth would be in without a solid truth? How would we weigh good versus bad? Where would our moral compass go?

The only truth we can possibly know is His truth, the Word of God. God is infinite, never changing and always sovereign. Therefore we can take his truth at face value, and allow it to be the solid foundation upon which we build our lives. His Word never returns void.

PRAYER

Lord – Bring your words to life, remove the spiritual blinders from my eyes and allow me to see your words as the life giving truth that they are. Just as a belt holds everything together in the soldiers armor, Lord your truth holds me together. I would be broken without your truth. You call me redeemed, strong, able, and full of your Spirit. Allow the truth of your word to sink deep into my mind, will and emotions. I will build my life on your truth, and You will never let me down – Amen.



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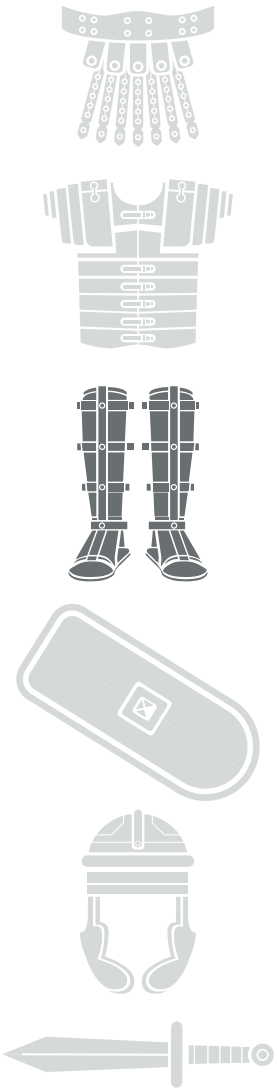
Breastplate of Righteousness

Righteousness simply means right standing with God. Just as the soldier would cover their vital organs with the physical breastplate, we must cover ourselves in the sure-ness of our right standing with God. What does this mean exactly? We should never go about life thinking that we can "get it right later".

This kind of thinking, mixed with a tragic accident can leave you standing at the pearly gates wishing you'd covered your sins under the blood, or forgiven that person, apologized, etc. We must strive for a life of righteousness. Do not confuse this with pride, as it is the furthest from it. In true righteousness we are confident that without Christ covering us, we are simply defeated and broken.

PRAYER

Lord - I acknowledge your pure, sinless life. I realize that Christ paid my ransom and I never want to take His sacrifice for granted. Search me Lord, search every corner of my life and reveal to me anything that is standing between me and you. Clean me out so that I can cover my life with your righteousness. Mine is as filthy rags, but yours is white as snow. My life is in your hands, you are the potter and I am the clay. Work out my impurities and burn away my fleshly desires. Fill me with your new wine, never to thirst after this world again - Amen.



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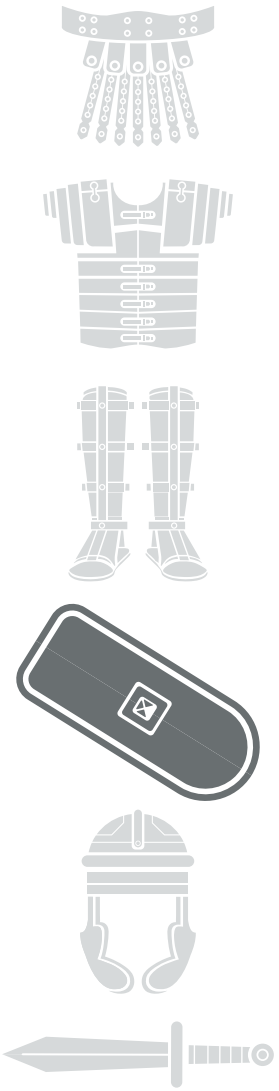
Shoes of Peace

No doubt, peace is something we are all searching for on a daily basis. Our spirit seeks to be at peace, and our body desires the rest that it brings. So if our spirit and body crave it, why does it seem so hard to come by? Two big reasons; the enemy and our flesh. Satan is out to steal, kill and destroy.

If he can snag your peace he shifts your faith to fear, your hope to worry and your prayers to uncertain one-sided conversations with God. Just as the word tell us to "put on praise", we must also "put on" the shoes of peace. This requires action. We don't wake up in the mornings with our peaceful shoes on, especially if you're out of coffee. But when we take time to acknowledge God for His goodness and mercy, we can walk through our day in peace, no matter what kind of devils we have to step over.

PRAYER

Lord - I put on your shoes of peace. I realize that I can walk nowhere successfully in your Spirit unless my feet are protected with the shoes of peace. Lord, your Word says that we can tread on serpents, and we know that the enemy is under our feet. No matter the devils I must step over today, and the serpents trying to strangle the peace out of me, I know that through you I have the authority to walk in peace, no matter what. Lord you are bigger. You are stronger, and I am your child. I will rest in the shadow of your wings. You are my comfort and my peace - Amen.



14 STAND FIRM THEN, WITH THE BELT OF TRUTH BUCKLED AROUND YOUR WAIST, WITH THE BREASTPLATE OF RIGHTEOUSNESS IN PLACE, 15 AND WITH YOUR FEET FITTED WITH THE READINESS THAT COMES FROM THE GOSPEL OF PEACE. **16 IN ADDITION TO ALL THIS, TAKE UP THE SHIELD OF FAITH, WITH WHICH YOU CAN EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE.** 17 TAKE THE HELMET OF SALVATION AND THE SWORD OF THE SPIRIT, WHICH IS THE WORD OF GOD.18 AND PRAY IN THE SPIRIT ON ALL OCCASIONS WITH ALL KINDS OF PRAYERS AND REQUESTS. WITH THIS IN MIND, BE ALERT AND

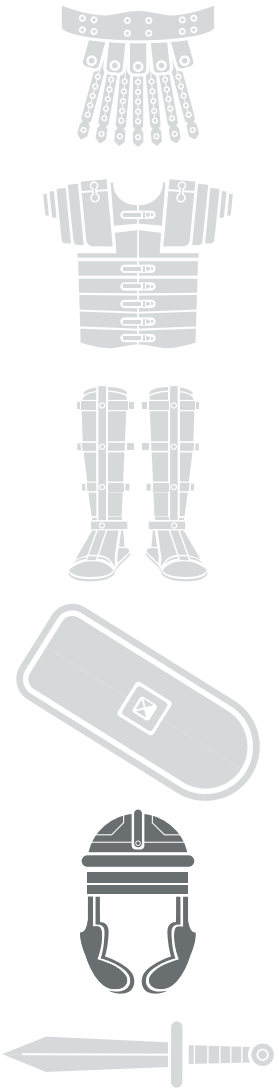
Shield of Faith

If anything is under attack today in our Christian walk, I dare say it is our Faith. The enemy knows that once he gains influence over our faith, our prayers become ineffective. Let that sink in.... once the enemy gains influence over our faith, our prayers become ineffective! When we pray, we must not doubt, we must ask and believe, being firmly rooted in the promises of God and know the authority He has given us.

PRAYER

Lord - Thank you for giving me a shield of Faith. I hold this shield up today, to quench every dart of unbelief, doubt, anxiety, oppression, depression, and fear that comes my way. This shield is large and it covers me, I will rest safely behind this shield with the knowledge of your Word, knowing the authority I have in you. Lord make this authority known in my spirit.

Give me the courage to stand boldly behind my faith. Let my faith be so big that it encourages others around me. Lord, let me boldly cover others with my shield who are too weak to hold up their own shield. Lord, I am a confident, faith-filled, strong and mighty woman in your army. I thank you Lord, the battle is already won, I will stand and see your victory - Amen.



FITTED WITH THE READINESS THAT COMES FROM THE GOSPEL OF PEACE. 16 IN ADDITION TO ALL THIS, TAKE UP THE SHIELD OF FAITH, WITH WHICH YOU CAN EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE. **17 TAKE THE HELMET OF SALVATION** AND THE SWORD OF THE SPIRIT, WHICH IS THE WORD OF GOD.18 AND PRAY IN THE SPIRIT ON ALL OCCASIONS WITH ALL KINDS OF PRAYERS AND REQUESTS. WITH THIS IN MIND, BE ALERT AND ALWAYS KEEP ON PRAYING FOR ALL THE LORD'S PEOPLE. 19 PRAY ALSO FOR ME, THAT WHENEVER I SPEAK, WORDS MAY BE GIVEN ME SO THAT I WILL FEARLESSLY MAKE

Helmet of Salvation

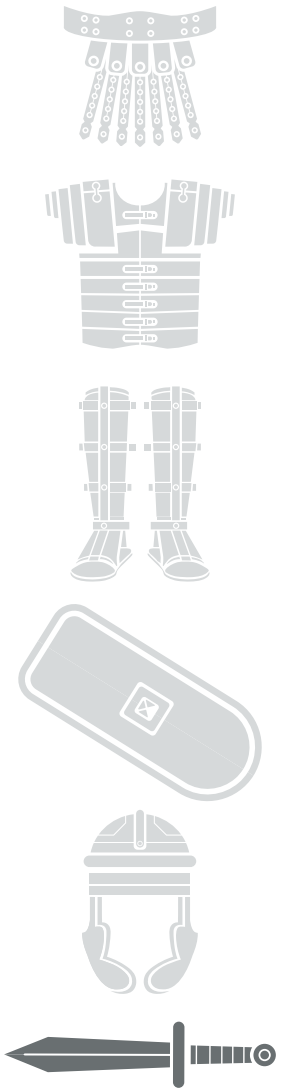
The mind is a powerful thing! If we can guard our mind, and keep it full of the Word of God we will remain steadfast in the Word and promises of God. The Word instructs us to renew our mind daily. How? By reading the Word of God, and by praying in the Spirit. Did you know it is scientifically proven that the thoughts we think on form pathways in the brain, and that our thoughts look like literal trees (when you look at the proteins and molecules that make them up)?

Negative thoughts appear black, and the mind is unable to process them in a healthy manner. This actually has toxic effects on the body. But healthy thoughts, thoughts of joy, happiness, peace and promises of God are healthy looking trees. The mind knows how to use them, and it will send signals to the rest of the body based on these pleasant thoughts. The brain will take the path of least resistance.

So, it is essential that you program your mind to think on good things, biblical things that will give life to your body. This requires a constant, literal, purposeful thinking. When you notice your brain "going down a rabbit trail" you must correct it.

PRAYER

Lord - Thank you for giving me authority over my thoughts and my mind. I renew my mind by the washing of your Word, and I ask for you to cleanse any toxic thinking, and help me to notice when the enemy is trying to plant thoughts of doubt and unbelief. Lord guard my thought life, I put on your helmet and I give your Holy Spirit power over my mind. I rebuke thoughts of anxiety and depression and I speak peace, faith and hope over my mind in the name of Jesus - Amen.



GOSPEL OF PEACE. 16 IN ADDITION TO ALL THIS, TAKE UP THE SHIELD OF FAITH, WITH WHICH YOU CAN EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE. 17 TAKE THE HELMET OF SALVATION AND **THE SWORD OF THE SPIRIT, WHICH IS THE WORD OF GOD.** 18 AND PRAY IN THE SPIRIT ON ALL OCCASIONS WITH ALL KINDS OF PRAYERS AND REQUESTS. WITH THIS IN MIND, BE ALERT AND ALWAYS KEEP ON PRAYING FOR ALL THE LORD'S PEOPLE. 19 PRAY ALSO FOR ME, THAT WHENEVER I SPEAK, WORDS MAY BE GIVEN ME SO THAT I WILL FEARLESSLY MAKE KNOWN THE MYSTERY OF THE GOSPEL. 20 FOR WHICH I

Sword of the Spirit

Shew friend, I love to think about the power that the words of God hold. The writer in Ephesians shows us that the words of Christ are to be used as a sword to the enemy! And also that this same sword helps us to rightly divide topics, relationships, and areas of our life. The sword is powerful, and when used correctly it will bring us the victory, every time.

There is something interesting about the sword, it doesn't pick itself up and fight. That part is up to us. Recently I heard the Lord say, "Remember what I've taught you, pick up your sword, and fight". That statement in itself implies that not only do we have to pick UP the sword, we have to FIGHT. We can no longer sit passively by and allow the enemy to destroy our lives, our inheritance and our families. It's time the children of God rise up and remember in whose name we are fighting. Hell trembles at His name.

PRAYER

Lord - I praise you for your Word. Thank you that it is alive, and powerful. All hell trembles at the sound of your voice, and they must stand at attention when your words go forth. Lord anoint my hands to war, when I swing the sword you have given me, and I tear down strongholds in the Spirit using the words of the Lord, I know I will see victory. The battle is not what I can see, but you can. I cannot win this battle by myself, but with your armor, your word and your guidance I will defeat the enemy. I have what you say I can have, your promises are true. Give me your heart Lord, open my eyes to see, and give me the boldness I need to swing the sword of your word with authority, being fully dressed in the armor of God - Amen.

Notes

Friend,

We are in a battle, well - more like a war. An all out fight for your soul, light versus darkness, good versus evil. Shake off the idea that this isn't real, or that you aren't important enough for forces of the world to fight over - because you are. Jesus thought you were worth dying for, and he knew times would get tough, so He inspired the writer of Ephesians to instruct us not only on how to WIN the war, but on how to DRESS for battle.

So, throw your shoulders back - this battle has already been won, you just have to pick up your sword and remember WHOSE you are. Lord, let these prayers and this scripture come alive in your beautiful daughters. Allow them to perfectly dress themselves in the Spirit, use them to take back everything that the enemy has stolen from them. We are ready for you Lord, Amen.



YOUR PARTNER IN BATTLE,

Crystal Komala