



# TRAINING FOR GODLINESS

7TH GRADE SUNDAY SCHOOL

## WEEK 12: BIBLE MEDITATION AND MEMORY

### BIG IDEA

"When Scripture is stored in your mind, it is available for the Holy Spirit to bring to your attention when you need it most."

-Donald Whitney

### PASSAGES FOR DISCUSSION



**Psalm Link:** Read 119:11. Discuss as a group the Psalmists reason for memorizing Scripture.



**Jesus Link:** Read Mt. 4:1-11. Discuss as a group how Jesus was able to resist temptation. What Scriptures was Jesus able to quote?

### INDIVIDUAL EXERCISE

This week, make time to memorize Ps. 119:11. Instructions for a great memorization method has been included with this weeks materials.

Sources:  
Whitney, Donald S. Spiritual Disciplines for the Christian Life. NavPress, 2014.