

# Trusting God with Open Hands

## Week 4 – Submission in Identity, Not Insecurity

### **Primary Scripture - John 4:7-29 – The Woman at the Well**

#### **Supporting Scriptures:**

Luke 1:38

Matthew 4:1-11

Romans 8:1

Hebrews 2:11

2 Corinthians 5:17

Ephesians 1:4-5

Psalm 68:5

Proverbs 4:23

Ezekiel 36:26

Hebrews 3:15

Psalm 34:18

Psalm 55:22

Proverbs 18:21

Isaiah 54:17

Psalm 147:3

Galatians 2:20

Psalm 139:14

1 Peter 2:9

Colossians 2:10

#### **Key Takeaways:**

1. You cannot surrender freely if you are insecure about who you are.
2. Submission flows from identity, not fear.
3. Jesus restores identity before demanding obedience.
4. Conviction restores; condemnation crushes.
5. Guarding your heart is wise; hardening your heart blocks intimacy.
6. Healing restores trust, and trust restores surrender.
7. Identity restored loosens old burdens.
8. Secure women can surrender without fear.

## **Discussion Questions**

1. Why does identity play such a critical role in our ability to trust and submit to God?
2. What does Jesus beginning with connection (not correction) reveal about God's heart toward insecurity?
3. Where do you notice insecurity shaping your surrender?
4. How do unmet longings affect our choices and willingness to trust God?
5. How have you experienced the difference between conviction and condemnation?
6. What is the difference between guarding your heart and hardening it?
7. How can separating God's character from past hurt restore trust?
8. Are there words from your past that still shape your identity? How can Scripture replace them?
9. What 'waterpot' might God be inviting you to leave behind?
10. What practical step can you take this week to live from identity rather than insecurity?