

THIS IS HOW WE FIGHT  
OUR BATTLES



*THIS IS HOW WE FIGHT OUR BATTLES:*  
*F R O M V I C T O R Y*

## THE THEME

This is How We Fight Our Battles: From Victory!

## MEMORY VERSE

“... in all these things we are more than conquerors through Him who loved us.” - **Romans 8:37**

## CHALLENGE VERSE

“... be strong in the Lord and in the strength of His might.”  
- **Ephesians 6:10**

## APRIL 16 - LIFE APPLICATION

**We fight our battles with SONG.**

## Note to Parents:

This week, we begin a new sermon series, **This is How We Fight Our Battles: From Victory**. This week, we learn that We Fight Our Battles With **SONG**. Prepare to read pages **784-787** (Earthquake!) together in *The Action Bible*, and use **Acts 16:19-39** in your Bible for reference.

**Review from the life of Joseph:** Finally, after going through all 50 chapters, we have finished the Book of Genesis! We learned with the story of Joseph that **God was with him throughout all of the things that happened to him, and that God can take bad things that happen to us and make them good**. Isn't God amazing? He blesses us no matter what is going on in our lives! **Can you think of a time when God blessed you in the middle of a hard time in your life?** (*Discuss together.*)

1. Now, it's time to learn how we fight our battles. **What is a battle?** (*Discuss.*) There is physical fighting, as an army would do during a war, but there are other battles that we have to fight every day. **Can you help me think of some battles that we face?** (*People criticizing us or making fun of us, trying to do the right thing when everyone around you is doing the wrong thing, being accused, etc.*)
2. God wants us to fight our battles from victory. **What do you think that means?** (*Discuss what they think that may mean.*) Because of Jesus, we can believe and trust that, with His help, we have already won the battle. Read **Colossians 2:15** together. "*He disarmed the rulers and authorities and put them to open shame, by triumphing over them in him.*" Because Jesus has already won the battle over the enemy, we get to live our lives through Him, showing His glory and strength in all that we do.
3. Together, read **pages 784-787** in *The Action Bible*. **What happened to Paul and Silas?** (*Paul healed a girl in Jesus's name, and they were beaten and put in prison.*) **What was the jailer told?** (**Page 785** — *that he would pay with his life if Paul and Silas escaped.*)
4. **Were Paul and Silas afraid? What did they do instead of being fearful?** (**Acts 16: 26** — *They were praying and singing songs of worship to God, and the other prisoners were listening to them.*)

5. **What happened as they were worshipping?** (Read **Acts 16:26-29**. An earthquake! And the doors were opened and their bonds were unfastened. They could have escaped!)
6. **What did the jailer do?** (He drew his sword to kill himself because he knew the prisoners would escape.)
7. **What did Paul tell him?** (**Verses 29-32**. Paul told him not to fear, that they were all still there.) Because of this, something happened to change the heart of the jailer. **In verse 30, what did the jailer ask Paul and Silas?** (“What must I do to be saved?”)
8. **What did Paul and Silas tell him to do?** (Believe in the Lord Jesus, and he and his household would be saved.) After they spent time with the jailer and his family, eating a meal with them and sharing the good news about Jesus with them, Paul and Silas were released. **Was this a victory?** Paul and Silas didn’t know what would happen to them, but **they fought their battle with song**, trusting that Jesus had already won.
9. Earlier we talked about fighting our battles from victory. **How did Paul and Silas do this?** (Even though they were in prison, they had joy in their hearts and they sang and praised the Lord.) **Can we worship God even in hard times?** (Discuss.) Because of their example, the prisoners’ and the jailer’s lives were changed. Paul and Silas had peace and could **sing to the Lord** because they knew that Jesus had already won the battle and that He was with them, no matter what!

## FAMILY CHALLENGE

1. Have a short **family worship time** in the morning before going out, before a meal, or in the evening before bedtime. **Choose a song and sing it together.** Practice different ways to worship the Lord together — in a prayerful position, with hand raised, playing instruments, shouting praise, or dancing joyfully. See the attached page for Hebrew terms for praise and worship, and be creative!
2. Together, **make up motions for this month’s memory verse and challenge verse** and say them together. If you have several family members, divide them into two groups and have each group take one verse to create motions for and

demonstrate for everyone!

3. Create a **memory verse poster for Romans 8:37** using markers, paint, or crayons. Display the poster somewhere in your home for everyone to see during the month! If you want to be really creative, create a wooden plaque or buy one and use paint markers to write and decorate.

## PRAYER

*Father, Thank You for teaching us that Jesus has already won the battle and that, in all of the battles in our lives, we can sing songs of worship and praise You. We can fight from victory. In Jesus' name, Amen.*

## MAKE A PLAYLIST

Below are the worship songs from our church service this week. You can download these from your favorite music app to help you get started worshipping together as a family!



MOHC PLAYLIST

- *Raise a Hallelujah*
- *Battle Belongs*
- *Heart of Worship*
- *Awesome God*
- *Shout to the Lord*
- *Worthy of it All*
- *Goodness of God*
- *King of Kings*
- *Surrounded (Fight My Battles)*

## Hebrew Terms for Praise/Worship:

### **Barak/Baruch/Barach**

To kneel down, to bless (to speak well of) God as an act of adoration, to salute, the abandonment of physical comfort in passionate humility. *(Daniel would kneel down and face Jerusalem to pray when he was in Babylon. In 1 Kings 18:42 Elijah went to the top of Mt. Carmel and bowed himself down to the earth)*

### **Yadah**

To throw out the hand, to worship with the extended hand, to lift the hands to God. *(For Moses and the fight against the Amalekites in Exodus 17, raising hands meant battling. As long as Moses' hands were lifted in prayer, Israel was prevailing in war, physically and spiritually. The tools of our praise are the tools to fight our enemy as well.)*

### **Shabach**

To address in a loud tone, to triumph, glory, shout, to command, to give a loud declaration of victory, to display confidence in the power and character of God to change situations. *(In Joshua 6, God's people gave a praise of shabach, and the walls of Jericho fell.)*

### **Zamar**

To touch the strings, to pluck the strings and sing along; joyful expressions of music with instruments. *(David played his harp before Saul and changed the spiritual atmosphere, casting out the presence of darkness.)*

### **Tehillah**

To sing, to highly praise in public, spontaneous hymns of the Spirit from within, deeply personal. Unprepared, unrehearsed. God manifests Himself in the midst of this type of praise. *(One of the first times we find the word Tehillah in the Bible is right after God delivers the Hebrews from Egypt in Exodus 15. The first response to God's deliverance is praise.)*