

THIS IS HOW WE FIGHT  
OUR BATTLES



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*F R O M V I C T O R Y*

## THE THEME

Stand Strong in the Armor of God

## MEMORY VERSE

Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.” - **John 14:6**

## CHALLENGE VERSE

“See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!”

- **1 John 3:1a**

## JUNE 11 - LIFE APPLICATION

**Stand strong wearing the Helmet of Salvation**

## Note to Parents

Our current topic is, **“Stand Strong in the Armor of God.”** This week, we continue talking about putting on The Armor of God when we learn about **wearing the Helmet of Salvation.** Turn to **Ephesians 6:10-17a** in your Bible for reference. If you did not go to church on Sunday, you can listen to the sermon online before discussing: [momentsofhopechurch.org/messages](http://momentsofhopechurch.org/messages)

## Review

Say: “We are learning about putting on the Armor of God. See if you can finish these phrases for me!”

- Stand wearing the Belt of \_\_\_\_\_. (Truth)
- Stand wearing the Breastplate of \_\_\_\_\_. (Righteousness)
- Stand wearing the Shoes of \_\_\_\_\_. (Peace)
- Stand carrying the Shield of \_\_\_\_\_ (Faith)

Refer to **Ephesians 6:13-16** if they don't know the answers.

1. Say: “Today, we will talk about the next piece of the Armor of God and how we can **Stand wearing the Helmet of Salvation.**” Read **Ephesians 6:16-18a** together. The helmet of the Roman soldiers was made of leather and bronze and was tightly fit around the head – protecting the next most vitally important organ besides the heart: the brain. **Satan’s battleground is the brain, our thoughts.**
2. **Why do we need to protect our brains and our thoughts? In Ephesians 6:16, what are the “flaming darts of the evil one?”** (*Discuss. Satan wants us to believe his lies, especially his lies about us. That we are not worthy, that we are not able, that we are not strong enough, or pretty enough, or smart enough, that we are bad people even though God forgave us through Jesus, etc. He can even fill us with pride about ourselves which is also a lie because all glory belongs to God. This is a good time for your family to share the thoughts they have about themselves.*) We can't listen to Satan's lies and live our best lives, full of purpose, that God planned for us!
3. Read **1 Corinthians 2:16. How can we have the mind of Christ?**
  - Set your mind on things above. (**Colossians 3:1-2**)
  - Do not be conformed to this world, but be transformed by the renewal

of your mind so that you can discern what is acceptable and perfect.  
(**Romans 12:1-2**)

- Take every thought captive to obey Christ. (**2 Corinthians 10:3-5**)
  - Set your mind on the Spirit, not on the flesh (things of this world).  
(**Romans 8:6-7**)
  - Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. (**Philippians 4:8**)
4. In **Ephesians 2**, Satan is called “the prince of the power of the air.” Think about it: he not only tries to control our thoughts, but what we see on television, on our computers, and on our phones! **How can we keep Him from influencing us using social media and these other things?** All of our behavior begins with our thoughts. **How are we controlling our thought life?**
5. When we allow our thoughts to control us, it also controls our behavior. If we want to change our behavior, we need to change the way we think! **Do you know that once you have made the decision to accept the gift of salvation given to us by Jesus, you belong to God, that you are in His family, and that He loves you more than you can imagine?** He has great plans for you! This should give us strength and help us live our lives FOR Him, not against Him. These are the thoughts that should fill our minds.

Remind your family that once they have made this decision, they don't have to do it over and over again. It's done! Although Satan may try to discourage us and turn us away from God, He will never give up on us. He loves us that much!

## FAMILY CHALLENGE

1. Ask your kids if they have already made the decision to follow Jesus. If they want to do so now, you can lead them with this simple **ABC method!** Do you:

**A** - Admit that you are a sinner and have done wrong things

**B** - Believe that Jesus came to this world to die for our sins so that we could be in God's forever family

**C** - Choose to accept Jesus' gift of salvation and follow Him with your life

Then, pray a simple prayer with them, asking them to repeat after you:

*"Jesus, I know that I am a sinner and I have done wrong things. I know You love me and came to earth to die on the cross to save me so I can be in Your family forever. I want to accept Your gift of salvation and follow You with my life. In Your Name, Amen."*

The gift of salvation is for:

- **Our past** – All the wrong things we have done are forgiven forever - Justification
  - **Our present** – Saved from the prison of sin, from slavery of sin - Sanctification
  - **Our future** – Saved forever, to go one day to heaven - Glorification
2. Challenge your family to take one day in the next week away from the "power of the air" (phones, computers, ipads, television, etc.) and commit that day to God and your family. Take a walk together or go on a picnic, enjoying the beautiful world God made and thanking Him for it. Enjoy listening to worship music during the day. Play games together, laugh together, do something nice for someone together. At the end of the day, talk about the day and ask how they felt about it. What was hard? What was good about it? Challenge your family to do this together on a regular basis – once a week or once a month. Choose a verse from the Bible to memorize. Speak this verse together over dinner. Fill your mind with these truths, not the lies of the world.

## PRAYER

*Dear Jesus, Thank You for loving us. Thank You for helping us know how we can stand with the Helmet of Salvation, guarding our brains and thoughts. We know you love us and want us to think of things that are true and honorable, and things that are just, lovely, and pure. Help us to think of things that are commendable, excellent, and anything worthy of praise. We want to use our brains to honor You! In Jesus' Name, Am*