

## D Group Lesson – Ephesians Chapter 6

Key scripture: **Eph. 6:10-20** - <sup>10</sup> Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armor of God, so that you can take your stand against the devil's schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup> Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God.

<sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. <sup>19</sup> Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

### Session Goals

- To be what God wants me to be
- To serve others as if I am serving the Lord
- To have the right mindset and attitude
- To understand my freedom and share it with others

### Open

Eph. 6:6-7- <sup>6</sup> Obey them not only to win their favor when their eye is on you, but as slaves of Christ, doing the will of God from your heart. <sup>7</sup> Serve wholeheartedly, as if you were serving the Lord, not people

View: [Watch the Video](#)

### Discussion

#### How can we serve both God and man better?

1. How many hours a day do you spend doing what you want to do?
2. How many hours a day do you spend doing what you know God is calling you to do?
3. Have you ever served someone or done something kind for someone that you do not know? If yes, what was it?
4. You are a testimony to others by the way you serve them, how do they see Jesus in you?

5. God's Word is left as mere words unless applied. What have you learned in this lesson that you are willing to apply to your life?

### **God calls us to this**

Proverbs 19:17

Matthew 5:16

Phil. 2:4

John 12:26

### **What is the reward?**

**Matthew 11:28-30**

**Matthew 24:12-13**

**John 16:33**

### **Conclusion**

I want to leave you with the same words that Paul left the church in Ephesus, wrapped in chains and being persecuted for his love for the Lord.

**Eph. 6:23 – 24 - Peace to the brothers and sisters, and love with faith from God the Father and the Lord Jesus Christ. <sup>24</sup> Grace to all who love our Lord Jesus Christ with an undying love.**

May our church represent a little taste of what Heaven will be like.

All nationalities

All walks of life

All economic statuses

No walls- just love and acceptance

### **Ending questions**

1. What are you willing to apply to your life after the last past 6 weeks?
2. What can you do to help your church become what Jesus would want it to be?
3. Would you be willing to step out and invite people to come to your church?

