

Ephesians | Chapter 4

In chapter 4, Paul walks through how we are both unified in Christ and how we are supposed to mature in Christ due to us being a new creation. In this lesson, you will focus on evaluating your life to determine if you are pursuing Christ, or things of this world.

Session Goals:

- Recognize what our gifts and talents are and learn how we can use them
- Reflect on who we have surrounding us in our life
- Learn what we are being shaped by in life

As you watch the video, think about these questions:

- With the sermon in mind, what things have I let sway me in life?
- What things have I let become a priority in my life that may not be as important as I once thought?

View:

Watch the video

Discussion:

1. Read Ephesians 4:11-13. Have you ever thought about your role in bringing unity in the Church?
2. How do you use your gifts to serve others in the church? Are there areas in which you hold back due to fear or insecurities?
3. Where do you think humility fits into using your gifts appropriately?
4. Do you have people in your life that you allow to be honest with you and hold you accountable?
5. If you don't have people that you allow to hold you accountable, what is stopping you from finding that?

6. If we realize it or not, we are all being shaped and formed by things in our life. Some of these can be good things like our family, friends, and job, but these quickly can turn bad if we don't hold them in a proper priority in our lives. If we care too much about our job and making money, that can become an unhealthy idol. If we are always being formed and shaped by something, what have you allowed to play more of a role in your life than it should?
7. Sometimes we can be on our journey with Christ for so long that we become numb to and forget the redeeming power that He has done in our own lives and that He can do the same in others. We were not born in the position that we are currently in. Reflect and share appropriate things that God has redeemed in your life.
8. What are some things that you need to let go of so that God can continue to renew you?

Conclusion

There are many things in our lives that are fighting for our time and attention and not all of them are bad. In the midst of that, we have all been created for a purpose and sometimes the busyness of life gets in the way of that. We allow good passions to take an unhealthy precedence in our life to the point that we are pulled away from what God has prepared us to do. As we finish up this series, think about incorporating these practical steps into your life:

- Invite an intentional group of people to help hold you accountable in various areas of life
- Challenge yourself to use the gifts you are given in amore wholistic way
- Evaluate things you have given priority in your life and reflect on if they need to stay in the same position or not.